

MAY
2024



The Bridge



BEELEY WITH EDENSOR
including CHATSWORTH, CALTON LEES & PILSLEY
PARISH MAGAZINE

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www.stpetersedensor.org & www.stannesbeeley.co.uk

May 2024

Dear Friends,

The Sundays after Easter are amongst my favourite times in the year. Once the initial shock of the resurrection has sunk in, the gospel stories tell of Jesus' encounters with the people around him and how they meet their risen Lord.

You have the disciples on the road to Emmaus, who meet a stranger and realise when he breaks bread that it is Jesus. Then Thomas who at first won't believe that Jesus has risen until he has physical proof, but then on seeing Jesus' hands and his side falls on his knees knowing that Jesus is the Messiah. Finally, there is the breakfast on the beach where the disciples sit down with Jesus and eat together, secure in each other's company and where Peter is restored following his denial on Good Friday and Jesus tells him to tend his sheep. All these encounters lead into Ascension Day where the baton is handed on from Jesus to the disciples, as he leaves them for the last time and as they await the gift of the spirit at Pentecost.

What I like about the stories is that they are encounters with people and the relationships between the disciples and Jesus seem subtly different. The disciples no longer seem as dim as they did and Jesus is preparing them for all that lies ahead, a new beginning.

These stories show how important people are to Jesus and the gospel writers, and the tenderness within them makes them very human moments.

In our world, but especially in the life of parishes and churches, it is people and our relationships which are the lifeblood. As Clare and I have moved into the parish and on to the Estate, we've been touched by your warm welcome but even in these early days enjoying getting to know you all and seeing that both our two churches and the wider community are about people and about the relationships between us all.

At heart the message of these days post Easter talks of a relationship between us and God, which is the centre of faith but also with the people around us. It is very heartening to hear so many of you echoing this belief in people, which has always been a key part of my ministry in the parishes I have been fortunate to serve in and will in the strength of God, be a key part of my life in Edensor and Beeley.

As the hymn writer puts it "Tis good, Lord, to be here"

Every blessing

Mark

FROM THE REGISTERS



St. Peter's Church, Edensor - Wedding

20th April Hannah Clare Nolan & Lyndon Glenroy Edwards



Thank you, Lord Burlington,....

....for your entertaining and enlightening illustrated talk on '**Chatsworth past, present and future**' in St Peter's Church, Edensor. Well over a hundred people came and everyone was captivated.

A happy, friendly atmosphere prevailed and, without exception, everyone commented on what a delightful evening it was. The event raised a fantastic £1,556 for church funds which will help to pay for the repairs and maintenance of this beautiful Grade I listed building.

Telephone Numbers

<u>St. Anne's</u>	Wardens:-	Rupert Turner	01629 732794
		Fiona Swain	<i>ex directory</i>
<u>Both Churches</u>	Treasurer:-	Fiona Lichfield	01629 813382
	Safeguarding:-	Sarah Porter	01629 312168
<u>St. Peter's</u>			0786 669 5132
	Wardens:-	Elizabeth Bradshaw	01246 582421
		Lynne Clark	07767 652 624
	Treasurer:-	Mark Titterton	01246 601475
		e-mail: mtitterton@me.com	

Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraising and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the church.



To Register

- Go to www.easyfundraising.org.uk
- Click on **Register**
- Choose **Saint Peter's Church - Chatsworth Park** as your charity and fill in the rest of the form

To Shop

- Go to www.easyfundraising.org.uk
- Search for your store in the alphabetical list
- Go ahead and shop

Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to 15% from every purchase you make is donated to St. Peter's Church.



HELP NEEDED!

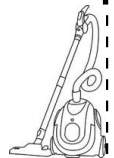
We are in desperate need of more people to go on the cleaning rota at

St. Peter's. Two of our couples have decided it's time to hang up their dusters and we do thank them for their time spent

cleaning the church.

However, the rota is now down to just four couples, which really isn't enough to cover holidays/illness etc. and to give people space before they're next on the rota.

If you feel you would like to help please have a word with the Wardens.



It was 30 years ago, on 6th May 1994, that the Channel Tunnel linking England and France was officially opened.

Also 30 years ago, on 10th May 1994, Nelson Mandela was inaugurated as South Africa's first black president, after more than 300 years of white rule.

It was 25 years ago, on 1st May 1999, that the body of mountaineer George Mallory was found on Mount Everest. He had been missing since 1924.

ST. ANNE'S, BEELEY

TheGivingMachine is a unique registered charity that enables you to generate sales commissions with every online purchase. They convert these commissions into free donations for the schools, charities and other community

organisations you choose. **St Anne's, Beeley** is one of the organisations you can support. The donation is calculated without going via another website so doesn't affect your shopping experience.

Please sign up at <https://www.thegivingmachine.co.uk>



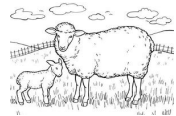
ST. PETER'S CHURCH, EDENSOR ANNUAL SHEEP SERVICE

Sunday 5th May - 10.45am

We invite you to come and share with us in celebrating the birth of the lambs and the care and work of shepherds and farmers.



EVERYONE WELCOME
JOINT SERVICE WITH ST. ANNE'S



St. Peter's Church 100 Club March Draw 2024

1st Prize £25 - no. 15 Liz Bradshaw

2nd prize £15 - no. 10 Vacant number

Funds to church this month - £50

Ann Hall

St. Anne's & St. Peter's Churchyards

Now that we are into the mowing season please make sure that any remaining Christmas wreaths are removed from graves and cremation plots.

Thank you.

Dates for your Diary - May 2024

- 4 St. Peter's, Edensor 2pm** -Wedding Megan Smithson & Kevin Seidler
- 14 BEELEY WI Monthly Meeting** - Cromford Canal:
Refreshments provided
- 15 CHATSWORTH WI Monthly Meeting** - 7pm Cavendish Hall, Edensor
AGM and Resolutions Meeting
Competition:TBA
- 20 BEELEY ANNUAL PARISH MEETING** - 7.30pm Beeley Village Hall
- 21 BEELEY HERITAGE GROUP - Monthly Meeting 7pm**
Venue to be arranged
David Spencer leading a Walk on the Chatsworth Estate
- 25 St. Peter's, Edensor 2.30pm** - Wedding Sarah Clark & Logan Ross Mantle
- 30 CHATTY CRAFTS** - 10-12 The Cavendish Chapel, St. Peter's
Join us for crafting or just a cuppa and a chat. Everyone welcome.

BAKEWELL AND ASHFORD FILM SOCIETY (BASH)

The Medway Centre, New Street, Bakewell
7.30pm 2nd Sunday of every month (except August)

14th May - Licorice Pizza USA 2021

Great Longstone Flower Festival St Giles' Church

11th – 18th May: 10am–5pm (Sunday 1pm–5pm)
Theme: Children's TV Programmes of a Bygone Era
Refreshments served in the Village Hall

Early Notice

Edensor Village Day & Open Gardens
Saturday 15th June 11am - 4pm

All offers of help gratefully received. This year's charities will be in memory of Jasper Olivier and Dr. Louise Jordan.

BEELEY OPEN GARDENS

June 22nd & 23rd

featuring "The Ragged Victorians"

The Padley Centre

We continue to collect food and clothing for the Padley Centre. Nadine Harrington makes regular trips to the Centre to deliver these donations through their booking system for dropping goods off.

Always needed: clothing for adults - waterproofs, warm socks, gloves, hats and scarves, unworn underwear etc. and sleeping bags; toiletries including toothpaste, toothbrushes, soap, razors, shower gel and men's and women's hygiene products. **Food in date and unopened** - tins of meat, fish, soup, vegetables, beans and tomatoes; dried pasta; rice; flour; sauces; long life milk; tea; coffee; fruit squash; biscuits, chocolate and any other 'treats'.

Donations can be brought to a Sunday service, *or you can drop them off in church.* The Padley Centre now accepts: Blankets – any size since if not used in the centre they can sell them in the shop. Bedding – sheets and pillow cases but not **duvets or pillows due to health and safety reasons.**

Thank you for your continuing generosity.

Roads at 'breaking point' despite pothole repairs reaching an eight-year high

Have you hit a pothole and damaged your car yet? If not, it is probably only a matter of time.

Despite TWO MILLION potholes being filled over the past year (the highest number since 2015) the Asphalt Industry Alliance (AIA) is now warning that our roads are crumbling to 'breaking point'.

According to the AIA's annual survey, only just under half the roads in England and Wales which are maintained by local councils are in good condition. 36 per cent are adequate and 17 per cent are poor.

Last October the Government said it would provide £8.3 billion of extra funding over the next 11 years, just to fix potholes. But the sum needed to fix the backlog is now at £16.3 billion.

Meanwhile, Simon Williams, the RAC's head of policy, warns that the extra £8.3 billion is "only sufficient to resurface around 5,000 miles of road, which is sadly just three per cent of all council-managed roads in England." Yet there are an estimated 107,000 miles of roads which are fast reaching the end of their lives. "The scale of the problem now facing councils is truly gargantuan."

5th May - Rogation Sunday (Sunday before Ascension)

In the Anglican Church, Rogation is celebrated on the fifth Sunday after Easter. Rogation means an asking of God - for blessing on the seed and land for the year ahead. It is appropriate in any emergency, war, plague, drought or foul weather.

The practice began with the Romans, who invoked the help of the gods Terminus and Ambarvalia. In those days a crowd moved in procession around the cornfields, singing and dancing, sacrificing animals, and driving away Winter with sticks. They wanted to rid the cornfields of evil.

In about 465 the Western world was suffering from earthquake, storm and epidemic. So Mamertius, Bishop of Vienne, aware of the popular pagan custom, ordered that prayers should be said in the ruined or neglected fields on the days leading up to Ascension. With his decision, 'beating the bounds' became a Christian ceremonial.

Rogation-tide arrived in England early in the eighth century and became a fixed and perennial asking for help of the Christian God. On Rogation-tide, a little party would set out to trace the boundaries of the parish. At the head marched the bishop or the priest, with a minor official bearing a Cross, and after them the people of the parish, with schoolboys and their master trailing along. Most of them held slender wands of willow.

At certain points along the route - at well-known landmarks like a bridge or stile or ancient tree, the Cross halted, the party gathered about the priest, and a litany or rogation is said, imploring God to send seasonable wealth, keep the corn and roots and boughs in good health, and bring them to an ample harvest. At some point beer and cheese would be waiting.

In the days when maps were neither common nor accurate, there was much to be said for 'beating the bounds.' It was still very common as late as the reign of Queen Victoria. Certainly, parish boundaries rarely came into dispute, for everyone knew them.

(Do you know yours today?)

Nature and science meet faith in stunning new Baptist-led films

God Saw That It Was Good is a four-part film series that aims to reconnect people with the wonder of the natural world and a sense of the divine within it - and inspire a renewed vision of creation care.

The four short films focus on environmental issues around themes of coasts, sky, trees, and life, weaving stunning visual imagery with a narrative entwining science and faith.

They are written and presented by the Revd Dr Dave Gregory, a Baptist minister and former meteorologist and climate scientist at the Met Office and European Weather Centre.

Finding Flourishing: Time and pace for your work-life wellbeing

By Naomi Aidoo, BRF, £9.99
(Book Review)

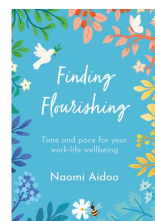
In our fast-paced world, wellbeing should still be an accessible pursuit, even for the busiest among us. Naomi Aidoo presents a practical approach to helping you achieve wellbeing; one that doesn't require adding yet another technique to your busy

He says, "In our visual age, people are captivated by stunning images of our world and cosmos seen in nature and science programmes streamed to our TVs and phones. They are entranced by the wonder they see, yet are often left with a sense of mystery and asking is there more to know?"

"The *God Saw That It Was Good* films take people deeper in the wonder and mystery of the world. They enable viewers to encounter the wonder, playfulness, and connections in creation that science reveals, and through which God may be encountered."

schedule. Instead, it shows you how to enhance your day-to-day mental, emotional and spiritual well-being.

Aidoo considers how wellbeing might look in our relationships, our work and the rest of our lives, and uses the T.I.M.E. framework to offer manageable steps towards achieving it.



Benefact Trust announces £1.5 million for churches to achieve Net Zero goal

A £1.5 million grant that will help a group of churches pay for items such as solar panels and heat pumps has been recently announced by the Benefact Trust.

The grant-giving charity will provide additional support over two years to up to 60 'demonstrator' churches who in turn will lead the way in inspiring and encouraging other churches to achieve net zero carbon emissions.

Under the plans, £750,000 of additional funding will be allocated to support a group of churches this year with a further £750,000 pledged for 2025.

The grant from the Trust is in addition to £3.8 million allocated by the Church of England for funding and technical support to help demonstrator churches make as much progress as possible towards achieving net zero carbon by the end of 2030, in line with the Church's Routemap to Net Zero.

The Bishop of Norwich, Graham Usher, who is the Church of England's lead bishop on the environment said: "By taking practical action we show God's love for creation as well as ensuring that our buildings are fit for our worshipping life and service to local communities."

£8.5m for parish outreach

The Church of England has awarded nearly £8.5 million for projects to help churches spread the Christian faith, including parish renewal programmes and children's and youth work in rural and urban areas.

Grants have been approved for mission from the north of England to the Kent coast, much of it in low-income areas, covering parish revitalisation programmes, 'hubs' for

children's and youth work, church planting and the expansion of a model of family church that has grown 'exponentially' after it was set up in 2020.

The awards, to Canterbury, Durham, Hereford and Southwark Dioceses, have been made by the Church of England's Strategic Mission and Ministry Investment Board (SMMIB).

9th May - Ascension Day, 40 Days with the Risen Christ

40 days after Easter comes Ascension Day. These are the 40 days during which the Risen Christ appeared again and again to His disciples, following His death and resurrection. (*Matthew 28; Mark 16; Luke 24; and John 20.*)

The Gospels give us little of Christ's teachings and deeds during those 40 days. Jesus was seen by numerous of His disciples: on the road to Emmaus, by the Sea of Galilee, in houses, etc. He strengthened and encouraged His disciples, and at last opened their eyes to all that the Scriptures had promised about the Messiah. Jesus also told them that as the Father had sent Him, He was now going to send them - to all corners of the earth, as His witnesses.

Surely the most tender, moving 'farewell' in history took place on Ascension Day. Luke records the story with great poignancy: 'When Jesus had led them out to the vicinity of Bethany, He lifted up His hands - and blessed them.'

As Christmas began the story of Jesus' life on earth, so Ascension Day completes it, with His return to His Father in heaven. Jesus' last act on earth was to bless His disciples. He

and they had a bond as close as could be: they had just lived through three tumultuous years of public ministry and miracles – persecution and death – and resurrection! Just as we part from our nearest and dearest by still looking at them with love and memories in our eyes, so exactly did Jesus: 'While He was blessing them, He left them and was taken up into heaven.' (Luke 24:50-1) He was not forsaking them, but merely going on ahead to a kingdom which would also be theirs one day: 'I am ascending to my Father and to your Father, to my God and your God...' (John 20:17)

The disciples were surely the most favoured folk in history. Imagine being one of the last few people on earth to be face to face with Jesus, and to have Him look on you with love. No wonder then that Luke goes on: 'they worshipped Him, and returned to Jerusalem with great joy. And they stayed continually at the temple, praising God.' (Luke 24:52,53)

No wonder they praised God! They knew they would see Jesus again one day! 'I am going to prepare a place for you... I will come back and take you to be with me that you also may be where I am.' (John 14:2,3) In the meantime, Jesus had work for them to do: to take the Gospel to every nation on earth.

13th-20th May - Mental Health Awareness week

As this month we observe Mental Health Awareness Week, it would be well worth especially praying for our young people.

The Children's Commissioner for England has recently warned that our nation's children are still facing a mental health crisis, following the isolation and loneliness of the pandemic.

And now, Dame Rachel de Souza warns that too many of these children are being kept waiting "far too long" for professional support. She found that, of the 949,200 children and young people referred to Child and Adolescent Mental Health Services (CAMHS) in 2022-23, more than 270,000 children and young people are still waiting to be seen.

Dame Rachel says: "This generation of children has experienced uniquely uncertain and challenging times.

Some have spent some of their most formative years isolated and indoors, fearful they or their loved ones may catch a deadly virus.

"They have felt the squeeze of a cost-of-living crisis, and they are keenly aware of the pressure their parents are under. They are constantly bombarded by negative news, of wars and climate catastrophe. And an increasing number are exposed to the harmful impact of social media, cyber bullying, and online exploitation."

She continued: "Against this backdrop, it is not surprising that we continue to see the number of children experiencing poor mental health at persistently high levels."

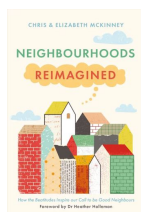
Neighbourhoods *(Book review)* **Reimagined – How the Beatitudes Inspire our Call to be Good Neighbours**

By Chris McKinney and Elizabeth McKinney, 10 Publishing, £8.99

Somewhere along the way many of us drifted away from our next-door neighbours, and now we're not sure we can get back again. We are unsure of how to befriend them and how to spot opportunities of sharing God's

love with them. How can the countercultural values of Christianity affect our relationship with them, and our neighbourhood?

Believing the beatitudes are Jesus' invitation into neighbourhood flourishing, *Neighbourhoods Reimagined* envisions how these upside-down values can turn our corners right-side-up.



Time to pray for your church wardens

In the aftermath of our Annual Church Meetings, David Pickup, a solicitor, considers church wardens...

O Eternal God... enlighten with Thy Grace the Wardens of this church, and so rule their minds and guide their counsels, that in all things they may seek Thy Holy Will... Amen.

*O Lord, ...we beseech Thee to bless all who, ...give themselves to the service of their fellow worshipers. Endue them with wisdom, patience and courage to strengthen the weak and raise up those who fall... that they may worthily minister in Thy Name to the suffering, the friendless and the needy... Amen
(Prayers from the C of E)*

Churchwardens have a vital and historical role in the life of the church. They are elected by the parish, not just the members of the church. Anyone in the parish can vote for them, not just people on the church's electoral roll.

So, if you want to be a churchwarden, just invite your neighbours on the day of the parish meetings in church!

Wardens used to have a significant role in the wider life of the parish with responsibilities for charity, poor relief and even bridges and roads.

Their church duties today include:
Maintaining order and decency in the church and churchyard, especially during the time of divine service
Being entrusted with the property of the church
Having a duty to cooperate with the vicar
Encouraging parishioners in practice of "true religion"

Quite a job! These are their legal duties, but I also like the prayer above as it reminds us to pray for them to seek God's will, not theirs or ours, but God's, and to strengthen the weak and encourage the fallen.

They may feel most of the time that they are weak and have fallen, but they are equipped with our support and prayers to look after other people who need strength or support - which is probably most of us at times!

Rock Around the Clock

by Tim Lenton

Seventy years ago, on 20th May 1954, Bill Haley & His Comets released the song *Rock Around the Clock*. It brought rock and roll into the mainstream and is regarded as one of the most important records in music history.

The American rock and roll band had been founded in 1952 and continued to perform under slight name changes and with different personnel until Haley's death in 1981. Haley had originally played country music but adapted quickly to rock and roll, and led the trend until the advent of such stars as Elvis Presley, Buddy Holly and Little Richard. His popularity in Europe lasted for many years.

Rock Around the Clock became a huge hit almost by accident. It was recorded at the last moment as the

B-side of a forgettable song called *Thirteen Women (and Only One Man in Town)*, selected by the band's record label, Decca. The sound level on *Rock Around the Clock* was wrong, making Haley almost inaudible; so they recorded it again without backing, and an inspired engineer spliced the two takes together using old technology.

The record sales were "underwhelming" until Peter Ford, the ten-year-old son of Glenn Ford, happened to play the B-side, loved it, and his father was persuaded to suggest it – together with memorable guitar solo – for the opening credits song of the classic film *Blackboard Jungle*, in which he starred. After that, it sold a million copies in a month.

In appreciation of our nurses

The work of nurses is celebrated around the world on 12th May. That day was chosen to be International Nurses Day because it is the anniversary of Florence Nightingale's birth.

Here are some current stats on nurses in the UK:

There are currently 731,058 nurses on the permanent NMC register.

With midwives and nursing associates added, this figure rises to be 788,638.

There are more female nurses than male nurses. 89% of registered nurses identify as female, and 11% identify as male.

We need more nurses! Currently there are about 46,800 vacancies. Could this be a job for you?

God in the Sciences

Written by Dr Ruth M Bancewicz, Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

Finding Expression – and God’s Response – in Lament

The question of suffering comes up regularly in discussions about science and faith. I once visited a school to speak to some of the older teenagers. One of the pupils had sadly passed away from cancer a few weeks before and his classmates asked, “How could God let this happen?” Of course, these young people’s questions about where God was in this situation were important. But the chaplain also gently reminded the class that their friend’s family were Christians, and that they were finding that their experience of loss had brought them even closer to God than before.

One way that grief can bring us near to God is when we share it with Him, telling Him exactly how we feel. The biblical writers had no scruples about expressing themselves to God, giving vent to emotions we often hold back in a church context. As my colleague Roger Abbott has written in his book on ‘Unanswered’ Prayer, “Let us

not confuse reverence with spiritual prudishness. Perhaps honesty, the way it feels, is precisely what God is waiting to hear from us.”

About one third of the Psalms express some form of grief. The book of Job is a series of responses to one man’s suffering as he loses his children, property and health in quick succession. Lamentations is also one long outpouring of sadness at what happened to Israel under the Babylonians. Some of the prophets, especially Jeremiah, also express their pain at these sort of events – which reflect something of God’s own feelings at the suffering of His people.

Most of these biblical authors would have had access to Scriptures that encouraged them to turn to God whatever the circumstances. Emboldened by their knowledge of His character and promises, these divinely inspired writers even express their anger to God about the things He lets happen, or complain that He seems to act unfairly or ignore them in their plight. Not only do these people let out all their feelings without fear of reprisal, but they also clearly expect a helpful answer. Some record a resolution to their troubles – often simply because God speaks to and comforts them, enabling them to keep going.

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The biblical writers demonstrated that God can handle pretty much anything – anger, blame, bitterness – if we are actively looking to Him for help. As Pete Greig of the 24-7

prayer movement has written, “pain that is not expressed can never be transformed”.

Roger Bannister and the Four Minute Mile

by Tim Lenton.

It was 70 years ago, on 6th May 1954, that Roger Bannister became the first person to run a mile in under four minutes (3 minutes, 59.4 seconds), in Oxford. Just 23 days later, on 29th May, Diane Leather became the first woman to run a mile in under five minutes (4 minutes, 59.6 seconds), in Birmingham.

These were both momentous achievements, though Diane Leather, born in Staffordshire, received far less recognition than Oxford-born Bannister. At the time women did not compete in major events over more than 200 metres; so she was not allowed to compete at the Olympics or internationally over her best distance.

Women's athletics was not widely covered in the media at the time, or someone might have pointed

out that on the same day that Leather beat five minutes for the mile, she had already broken an 800 metres record. The following year she ran 4:50.8 for the mile and then 4:45.0, which remained a world record until 1962.

Leather – who became Diane Charles on marriage – had also set an 800m world record of 2:09 in 1954. She retired at the age of 27.

Bannister's world record is one of the most widely known in athletics, and he continued to produce top performances, beating his Australian rival John Landy in Vancouver and taking the European title before retiring to concentrate on medical research. A lifelong Christian, he died in 2018, as did Diane Leather – coincidentally the daughter of a surgeon.

Fewer babies coming

For the first time since the Black Death killed about 50 million people in the mid-1300s, the world's population is going to decline.

According to experts, global fertility rates have hit an historic tipping point, and seem unlikely to recover. Millions of women are simply having less children.

The global population currently stands at just over eight billion. But in the coming decades, as the older people die and fewer babies are born, this figure will fall.

Women need to have an average of 2.1 children each, for the population

growth to remain static. Worldwide, in 1950 it was at 4.84. By 2021 it was at 2.23. It is predicted to fall to 1.83 by 2050. The UK, like other high-income countries, has a lower-than-average fertility rate, at just 1.49 in 2021. It is expected to fall to 1.38 by 2050.

This will mean that our population of about 67 million will become increasingly old. And this will have a huge impact on our national finances, as the old will put pressure on the health services, while there will be fewer young people in work, keeping the economy going.

Good dog!

Recent scientific research has found evidence that having a dog is good for you.

"Science is finally catching up with what humans have intuitively known for thousands of years." So says Professor Emeritus Aubrey Fine of Cal Poly University, a paediatric clinical psychologist.

A recent study at Konkuk University in Korea found that participants' alpha-band brain waves increased while playing and walking with dogs, while their beta-band brain waves increased while grooming, massaging,

or playing with dogs. All participants were left feeling "less fatigued, depressed and stressed".

In one American academic journal, *Circulation: Cardiovascular Quality and Outcomes*, a study found that, overall, dog owners have a 24 per cent decreased risk of all-cause mortality, and that that percentage rises to 31 per cent for cardiovascular-related issues.

According to Tommy Wood, assistant professor of paediatrics and neuroscience at the University of Washington School of Medicine, dogs "support our health and wellbeing in many ways."

Reflecting Faith: the church as a building

The Revd Dr Jo White

Today's church buildings are rich and varied in their designs, sizes, materials, plans and groupings; from large cruciform churches to simple single room designs; from red brick to stone, and so on.

I wanted to look up some information about the fact that today's church buildings, although they may be 'modern', are usually built upon, or very close to, a previous church building. In other words, they stand quite literally in a long succession of church buildings.

However, on entering 'church building footprint' into the computer search engine, it responded in a related but unexpected, to me, way: 'The Energy Footprint Tool is a great way of monitoring your church building's carbon usage and energy efficiency.'

A very real issue for today's world! - and one we are very conscious about when we enter the building on a Sunday morning to find, even with the heating turned on for a number of hours,

that it is considerably cooler than our own centrally heated homes.

Whilst it is theologically wonderful to have high ceilings, we can see how future remodelling might well lower the ceilings, bring in the walls, and shrink the glassed areas.

And so it has been through the ages – church buildings have constantly been amended.

When you look carefully at a church that is more than a few hundred years old, in any part of the world, you can trace the development of its use by its architecture. Perhaps you'll see a door or window bricked up or a new one opened. The widening of the nave by the addition of arches and one or more aisles. Change in stone or building materials as later technology was available or even a change in design as new techniques came into safe use.

This month:

Have a look at a couple of local churches and spot the changes in their buildings over the years. Why do you think they took place? What changes would you make and why?

God in Music

The Rev Michael Burgess looks at great works of music.

‘Glorious the song when God’s the theme’: the Stabat Mater

May is traditionally the month of Mary, the mother of Jesus. When we read of Mary in the Gospels, we sense the heartache and trial of much of her life: a teenage mother giving birth in a stable, fleeing with her newborn baby and Joseph to Egypt, losing the child Jesus while on pilgrimage to Jerusalem, following her son on His ministry but always in the background, and there at the foot of the cross as her son is crucified. It is then Mary must have thought back to that occasion in the temple when Simeon took her child and told her that a sword would pierce her own soul.

That sense of heartache and the sorrow it brings is poignantly expressed in a beautiful poem of the Middle Ages called *Stabat Mater*, which pictures Mary at Calvary and that sword of desolation and sadness that pierces her soul. We are not sure who wrote this poem. It is ascribed to Jacopone da Todi, who became a Franciscan friar on the death of his wife in the 13th century. The contemplation of Mary’s sorrows in the *Stabat Mater* has inspired many composers, and there are wonderful

settings by Palestrina, Rossini, Dvorak, Verdi and Poulenc.

This month let’s focus on a very simple setting, but one that captures those searing pangs of sorrow at the heart of the poem. by Antonio Vivaldi, who was born in Venice in 1678. In 1703 he was ordained a priest, but by then he had made his name as a skilled violinist and composer. He continued to compose throughout his life. For much of his life Vivaldi was music director of the Ospedale della Pieta, a music school for girls. Then in 1740 he left Venice hoping for preferment in Vienna. That was not to be, and his final days were marked by poverty and neglect, and in 1741 burial in a pauper’s grave.

Most of us know Vivaldi through the brilliance and colour of ‘The Four Seasons’ and his setting of the Gloria. The tone is more restrained in his setting of the *Stabat Mater*.

The *Stabat Mater* is a long poem and Vivaldi restricted himself to setting eight verses for contralto and strings: the solo voice standing for Mary as she sings of the despair and agony as the mother of Jesus.

Mary’s love for Jesus, her son, touches the hearts of all parents. Hers was a protective, sacrificial love that led her to the foot of the cross, where Jesus gave His mother and

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The man who created Father Brown

by Tim Lenton

The British writer G K Chesterton was born 150 years ago, on 29th May 1874, in Kensington, West London. A novelist, short story writer, philosopher and critic, he was best known for his Father Brown stories, popular now through their adaptation for television.

He thought of himself as a journalist with good reason, composing 30 years of weekly columns for the *Illustrated London News* and more elsewhere, but he was a prolific writer in many areas, writing 100 books and contributing to 200 others, as well as composing short stories, essays and poems and creating Father Brown.

He was a tall man who weighed in at over 20 stone, and he was notoriously absent-minded – once contacting his wife, Frances, to say: “Am at Market Harborough. Where

ought I to be?” Unsurprisingly, he did a great deal of writing while waiting at stations.

He was a deep thinker, usually getting the better of the many prominent men he argued against, but almost invariably retaining their goodwill, since he was a genial and witty opponent.

An “orthodox Christian” who espoused Roman Catholicism (moving from High Anglicanism) because he felt it was the best resistance to fads of the age, he was against both socialism and capitalism, materialism, determinism and “spineless agnosticism”. He fought for freedom and justice.

Chesterton never went to college but did attend art school. Extremely quotable and read now by too few people, he composed some near-perfect lines, concluding for example that “the Christian ideal has not been tried and found wanting; it has been found difficult and left untried”.

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John, the beloved disciple, into the care of each other. The sacrificial love of a mother mirrored in the sacrificial offering of her son in death. So the protective care of mother Mary cries out to us in Vivaldi's setting of the Stabat Mater. The

closing lines of the poem look to Christ's maternal love:

‘Christ when Thee shall call
me hence,
Be my mother, my defence,
Be thy Cross of victory.’

Why your television is like the Trinity

26th May is Trinity Sunday. Many people, when they think about it all, struggle to understand the concept of a God that is Three in One. So, the following article by the Revd Michael Harding may help...

Here is a trick question: How many colours does your television set use?

Answer: Just three: red, green and blue. And in that order, just like a rainbow (where reds are at one side, blues at the opposite side, green in the middle). This is known as "RGB".

These are TV's three primary colours which, when their luminescence is fired at your eyes, give all the colours of the visible spectrum. These are all 'additive' colours. In fact, mix these three together in different proportions, and your screen can offer you 16 million colours.

You thought the sequence was red/yellow/blue? No, that's for painted or printed colours. A TV set positively gives out light in three different colours, whereas paint daubed on paper absorbs and removes some colours, to reflect back merely a small part of the light falling on it the colour that you see.

You'll soon call out the repair man if your television loses one of its three colours and all the presenters look as though they came from Mars. But change the intensity of any one

colour (red, green or blue) even slightly and you change the overall colour.

Switch them all off, and you are left with black. Let all three of them shine at full brightness, at the same point – and then as if by magic you have a totally different colour: **WHITE!**

It's a parable which illustrates the Holy Trinity. Three completely distinct persons (Father, Son and Holy Spirit), just as your TV set has three quite separate colours: red, green, blue.

Take away any One member of the Trinity, and you slip into theological error; take away any one of the three colours, and you call out the TV repair engineer!

So -

It **DOES** matter that God is our Creator and Father - otherwise our whole life is merely a meaningless illusion.

It **DOES** matter that Jesus is God the Son, for otherwise His death is simply a human tragedy, with no promise of salvation or eternal life. It **DOES** matter that the Holy Spirit is with us here and now, otherwise we are disconnected from God.

Yes it really does matter! Just as it is essential that a TV set can produce white by the equal intensity of all of its three colours. In fact, the more

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you think about it, the more it seems that the doctrine of the Trinity is far from being a complicated bit of

The Story behind the Hymn – ‘Praise my Soul the King of Heaven’

This stately poetic paraphrase of Psalm 103 has been included in probably more solemn ceremonies than any other hymn in the English language. It was even chosen by Queen Elizabeth for her wedding to the Duke of Edinburgh in 1947.

Henry Lyte had been a brilliant theological student at university in Dublin, with a gift for versifying. After graduation he moved to a tiny and remote parish in County Wexford to serve his curacy. It was here, when he was about 25, that Henry had a religious experience which would transform his life.

A close friend of his, another clergyman, had fallen ill, and was clearly dying. Henry went to visit him. The friend was not as distressed as Henry had imagined he would be. Instead, the friend confessed that he had been re-reading the New Testament, with an eye on eternity, and had made a great discovery. There was no need to rely on religious duties and formalities and good deeds to gain peace with God.

theological nonsense, but is a sort of theological test-card, to make sure that we've got the right picture of God without distortion.

Instead, we can trust completely in the mercy of Christ and His saving power.

Henry was sophisticated and had been very formal in his ministry. But this encounter with his friend's faith at death's very door, made him reconsider his faith. He wrote later that his dear friend 'who died happy in the thought that there was One who would atone for his delinquencies' made him 'study my Bible and preach in another manner than I had previously done'. And soon after this hymn appeared, in 1834.

Lyte rejoices in the majesty and wonder of the living God, who in turn loves us. He captures the measure of the Psalm in enduring lyrics, which combine time, eternity, God and man all swept up into one embrace. Its last verse summons all the created order to join in a great act of joyous praise – surely a preview of eternity!

*Fatherlike, He tends and spares us;
Well our feeble frame He knows;
In His hands He gently bears us,
Rescues us from all our foes.
Alleluia! Alleluia! Widely yet His mercy
flows.*

Lone working ‘is making millions of people ill’

By the Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the C of E.

The rise in lone working and the insecurity of increasing numbers of jobs are “making millions of us poorer and ill,” says a new report from Christian-based think tank, Theos.

In ‘The Ties That Bind’ Theos looks at how better work can be created “by paying attention to the social dynamics – the love, even – in our workplaces.”

The report, written by ethical entrepreneur Tim Thorlby, looks at evidence around the social and health impacts of the rise in lone working and the growth of insecure work. It argues that a loss of ‘mutuality’ between the employed and their employers is making millions of people poorer and ill.

Theos estimate that before the pandemic, 27 per cent of workers worked alone for a substantial proportion of the time. Now, 59 per cent of the workforce works alone for at least some of the week.

While admitting that “lone working can provide real benefits to workers who enjoy a flexibility premium,” the

Theos report points out that it carries risks. “These risks are highest where little attention is paid to the quality and dignity of working relationships, and where employees are treated as ‘out of sight, out of mind’.”

The report calls for action to prevent the loss of connection between workers and protecting the health of those working in these environments.

The UK has one of the most flexible labour markets in the developed world, explains the report, and this can deliver benefits, both to individual workers and to the wider economy.

But there are downsides. In the UK today, the Living Wage Foundation estimate that nearly one in five workers – 6.1 million people (19 per cent of all workers) – are in insecure work. Within this, they calculate that more than half (3.4 million, 11 per cent of all workers) are in work that is both insecure and low paid.

Theos calls for fair hourly pay at or above a real living wage; predictable hours and income which are changed only with fair notice; connection for workers, who should be well managed and supported and feel ‘part of the team’; and healthy work, where working supports good physical and mental health.

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NURSERY**

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- Highly experienced, well qualified early years practitioners.
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**Don't just sit there,
whatever you do!**

The average adult in the UK sits for nine hours a day. Office workers probably clock up even more time in a chair.

But it is not good for you. Research has found that too much sitting increases your risk of weight gain, Type 2 diabetes, osteoporosis, depression, anxiety, stress, cancer, and even early death.

"Excessive sedentary time is associated with a plethora of physical and mental health complications," says Prof Lee Smith, an expert in physical activity and sedentary behaviour at Anglia Ruskin University.

And James Betts, professor of metabolic physiology at the University of Bath, says that sitting

too much may also lead to weaker and less flexible muscles. "Using your muscles and loading your bones can definitely strengthen them – or conversely, disuse can rapidly make them weaker," he says.

The good thing is that too much sitting can be easily dealt with. Simply interrupt your sitting with activity breaks. Get up and walk around during every TV advert break. Walk around during phone calls. Go for a walk after dinner. Use the stairs whenever you can.

The good news is that other studies have found that if you make time for even short bursts of exercise during your day, it will help to offset the harm of too much sitting.

Baslow Health Centre – Church Lane, Baslow

www.baslowhealthcentre.co.uk

Appointment Times:

Clinicians are still available for consultations and medical advice. Please contact the surgery and a GP or Nurse will call you back to discuss your concerns and if necessary arrange to see you in person. Many problems can be dealt with over the telephone.

Patient Online:

Have you registered to use the online service? This allows you to book or cancel appointments on line (during normal service) and order your repeat medications. You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

Telephone Numbers:

Reception: 01246 582216

District Nursing Team 01332 564 900

Health Visitor: 01629 816633

Normal Surgery Opening Times

Mon, Tues, Wed, Thurs & Fri
8am-6.30pm;

(closed Bank Holidays)

(Phones 8am – 6.30pm Mon - Fri).

Surgery Closure

The surgery will be closed for staff training from 1pm on **Wednesday 8th May & all day on Monday 6th & Monday 27th May (Bank Holidays)**

Ordering Repeat Medication

You can order repeat medications in the following ways:

- In writing or with our on-line access service
- Return your repeat request form to surgery by Post or Fax

Please allow **three** working days before collection and **collect between 8am and 5pm**

Prescriptions can be collected from reception inside the surgery.

Samples – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag, if provided, either through the letterbox or at reception.

Test Results – Please ring for test results after **2.30pm** as we do not receive test results back from the hospital until lunchtime.

For Urgent Calls when we are closed call 111

2	7	9	4	8	6	1	5	3
4	8	1	3	7	5	6	2	9
6	3	5	2	1	9	4	8	7
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8	9	3	6	4	7	5	1	2
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1	4	6	9	5	2	7	3	8

April
solution



May
Sudoku



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The rewilding plan turning churchyards into ‘living sanctuaries’

How can we encourage new life in our churchyards this year?

The Bishop of Norwich, the Right Revd Graham Usher, recently called for “land action plans” to be developed to encourage and enhance biodiversity across the estates owned by the C of E. The bishop urged that churchyards should be rewilded to become “places for the living, not just the dead”.

With the C of E responsible for around 17,500 acres of churchyard alone (notwithstanding a further 70,000 acres of agricultural land owned by dioceses which is known as glebe land and is largely leased to tenant farmers), such a concerted push could have a dramatic impact on enhancing Britain’s biodiversity.

There is another reason that churchyards have the potential to be such an oasis of wildlife across the country. As consecrated ground, they have been largely spared the ravages of industrial farming and development which has decimated Britain’s flora and fauna elsewhere. Ancient trees have been left to grow and the earth left undisturbed for centuries.

Several national schemes exist to support the rewilding ambitions of church congregations. A charity called Caring For God’s Acre provides an action pack for those considering rewilding consecrated ground, while since 2016 the Christian charity A Rocha UK has offered an “eco church” accreditation.

READINGS & ROTAS FOR MAY 2024

<u>ST. ANNE'S, BEELEY</u>		<u>FLOWERS & BRASSES</u>
5	No service at St. Anne's, joint service at St. Peter's	Fiona Swain
12	9.30am Holy Communion	Fiona Lichfield
19	9.30am Holy Communion	" "
26	9.30am Holy Communion	Liz Turner
<u>ST. PETER'S, EDENSOR</u>		<u>SIDESMEN</u>
5	10.45am Sheep Service	Mrs Bradshaw/Mrs Jackson
9	9.30am Holy Communion for Ascension Day	
12	10.45am Holy Communion	Mr & Mrs Wardle
19	10.45am Holy Communion	R S Sherwood/Diana Walters
26	10.45am Holy Communion	J Bowns/M Pindar
<u>COFFEE</u>	<u>CLEANING</u>	<u>FLOWERS</u>
5	Clive & Joy Thrower	Diana Walters
12	Jane Dickson/Kate Green	Margaret Nelson
19	John & Gill Caws	Amanda Neale
26	Mr & Mrs Sherwood	" "
<u>READINGS</u>	<u>ST. PETER'S</u>	<u>ST. ANNE'S</u>
5	Ezekiel 34:11-15 John 10: 1-15	<i>Joint Service</i>
12	Acts 1: 15-17, 21-end John 17: 6-19	John Bowns <i>Sunday after Ascension Day</i>
19	Acts 2: 1-21 John 15: 26-27; 16: 4b-15	Mike Woodcock <i>Pentecost</i>
26	Romans 8: 12-17 John 3: 1-17	Christine Robinson <i>Trinity Sunday</i>
<div> <p>Items for the JUNE magazine should reach me NO LATER THAN MONDAY 13th MAY : email to: liz.bradshaw@w3z.co.uk</p> <p>The 'Bridge' Parish Magazine £1 per copy (£12 per year)</p> </div>		