

# St. Peter's Church, Edensor \& St. Anne's Church, Beeley Church websites www.stpetersedensor.org www.stannesbeeley.co.uk 

October 2023
Bishop Malcolm writes...

## Dear friends,

Back in July my wife Pam and I visited Burundi for a week - this was a long planned visit during which we had the joy of catching up with our Burundian foster son, who lived with us when he was at University in Durham, and attending the blessing of his marriage in the beautiful shell of an unfinished church building in a village in Bubanza. Burundi is a small country of hills and valleys, not unlike Derbyshire in that respect. It is a beautiful country with a rich cultural heritage, but a traumatic recent history and persistent poverty on a scale not seen elsewhere.

While we were there we were also able to follow up conversations at the Lambeth Conference last year, where Bishop Eraste shared with us some of the diocese of Bujumbura's journey, and its amazing work in mission and transformation amongst some of the world's most deprived communities. Ben our foster son had also got us involved in a trust supporting Bujumbura Christian University, so we spent some time visiting students and staff there. We were struck by the huge demands on students training for mission and ministry in a context where resources are so limited and challenges are so great. They are responding to the call of God with real vision for the future of their country, for justice, for peace, and for economic sustainability.

I owe it to my late Uncle Alastair, a former USPG missionary in North India, before he came home to be chaplain at Derby Royal Infirmary, that I have from childhood always been intrigued by what it means to be part of a world wide family in Jesus Christ.Apart from his own visits, a steady stream of ordinands, clergy, and bishops from Chota Nagpur used to come and stay in our home in Northumberland, making a huge impression on me. Later on unsurprisingly this led me to an overseas gap year, where in Kenya I found a church of all ages vibrant with faith, hope, and love in the context of their country's all too slow emergence from extreme poverty. The wealth of their spiritual and cultural heritage has always had a huge impact on me.

Returning from Burundi I am now more than ever convinced that belonging to a global church is an essential part of the good news we have in Jesus Christ. The fact that we belong together - with all our differences and different contexts, is no accident. Humanity is fragile - facing existential challenges fuelled by climate change, inequality, and persistent conflict. More than ever we need the grace and power of God working in all of us, working together globally to address our global challenges. Seeking God's coming Kingdom - a world made new.

I am delighted that Bishop Libby has chosen to make her Harvest Appeal for 'Trees for Life Burundi'. This gives us an opportunity both to work in partnership on one of our diocesan priorities whilst also learning from the generous faith, courageous hope, and life-giving love so evident in our Burundian sisters and brothers. I am sure it will help us explore more and more what it is to be disciples of Jesus Christ together in today's world among the cities, hills, and valleys of Derbyshire as much as among the cities, hills and valleys of Burundi.

Bishop Malcolm

## FROM THE REGISTERS

## St. Peter's, Edensor

BAPTISMS
$20^{\text {th }}$ August $\sim$ Millie Louise Wood
$27^{\text {th }}$ August $\sim$ Dillys Ivy Butcher

| Telephone Numbers |  |  |  |
| :---: | :---: | :---: | :---: |
| St.Anne's | Wardens:- | Rupert Turner | 01629732794 |
|  |  | Fiona Swain | ex directory |
|  | Treasurer:- | Fiona Lichfield | 01629 813382 |
| Both Churches | Safeguarding:- | Sarah Porter | 01629312168 |
|  |  |  | 07866695132 |
| St. Peter's | Wardens:- | Elizabeth Bradshaw | 01246582421 |
|  |  | Lynne Clark | 07767652624 |
|  | Treasurer:- | Mark Titterton | 01246601475 |
|  |  | e-mail:mtitterton@ |  |

## St. AnNe's, Beeley

TheGivingMachine is a unique registered charity that enables you to generate sales commissions with every online purchase. They convert these commissions into free donations for the
 schools, charities and other community organisations you choose. St Anne's, Beeley is one of the organisations you can support. The donation is calculated without going via another website so doesn't affect your shopping experience.

Please sign up at https://www.thegivingmachine.co.uk

Harvest ThanksGiving Services<br>Sunday $1^{\text {st }}$ October<br>St. Peter's Edensor- 10.45Am<br>(followed by a Bring and Share lunch)<br>ST. ANNE'S BEELEY - 3PM<br>(followed by Refreshments)

Everyone is very welcome to either or both of these services and all donations of food/toiletries etc. will be taken to the Padley Centre.

EARLY NOTICE!<br>Thursday $7^{\text {th }}$ December Christmas Wreath Making Workshop with Mick Brown<br>There will be two workshops 10 am and 2 pm<br>Tickets $£ 25$ (including all materials)<br>(Tickets available shortly - see Lynne or Liz)

## Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraisng and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the
 church.

## To Register

-Go to www.easyfundraising.org.uk
-Click on Register
-Choose Saint Peter's Church - Chatsworth Park as your charity and fill in the rest of the form

## To Shop

- Go to www.easyfundraising.org.uk
-Search for your store in the alphabetical list
-Go ahead and shop
Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M\&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to $15 \%$ from every purchase you make is donated to St. Peter's Church.


## Commonwealth War Graves

Those members of the congregation and
visitors with 'eagle eyes' may have noticed a new (and tastefully discreet) sign that has been placed on the church gates opposite the Vicarage.

At this location there are
Commonwealth War Graves
www.cwgc.org

## St. Peter's Church 100 Club

 August Draw 2023Ist Prize $£ 30$ - no. 7 Gillian Caird 2nd prize $£ 20$ - no. 18 Sarah Porter Funds to church this month - $£ 50$

Ann Hall


## Dates for your Diary - October 2023

10 BEELEY WI Monthly Meeting - 7.30pm Beeley Village Hall Shivering Mountain Gin President: Jude Shore Refreshments \& raffle: Jill Ogden
I7 BEELEY HERITAGE GROUP - 7pm Beeley Village Hall Siobhan Spencer talking about The Slave Trade Part I
18 CHATSWORTH WI Monthly Meeting - 7pm Baslow Church Rooms Speaker: Jackie Morgan - Genghis Khan and the Mongolian Empire Competition: an elephant related item
26 CHATTY CRAFTS - IOam-I2noon in the Cavendish Chapel, St. Peter's Join us for crafting or just a cuppa and a chat. Everyone is welcome

| BAKEWELL AND ASHFORD FILM SOCIETY (BASH) |
| :--- |
| The Medway Centre, New Street, Bakewell |
| 7.30pm 2nd Sunday of every month (except August) |
| October $\mathbf{8}^{\text {th }}$ - The Woman King (2022) Cert. PG-I 3 |
| An historical epic inspired by true events that took place in The Kingdom of |
| Dahomey, one of the most powerful states of Africa in the I8th and I9th centuries. |

## EDENSOR DAY ~ Presentation of Cheques

On Thursday evening, $7^{\text {th }}$ September, residents of Edensor and others who had helped at the Edensor Village Day \& Open Gardens, gathered on the Village Green where the Duke and Duchess planted an Evergreen Oak as part of the late Queen's Green Canopy project. Everyone who attended was invited by the Duke to take part and add a little soil to complete the planting.

This was followed by refreshments in church before the presentation of cheques to the two charities nominated by the families of those in the community who had died recently, each charity received a cheque for £3,000.

Helen's Trust in memory of Ann Newman and Sheffield Children's Hospital in memory of Pauline Mather.

Thank you to everyone who helped on the day and those who attended Edensor Day, your generosity makes these charity donations possible.

## The 'Young Ones'

This is the time of year when we congratulate our young people on their exam results and wish them all the best in whatever this next stage of their life brings them. Apologies to anyone that has been missed off.

## College Courses:

Charlie Rhodes - Charlie has completed Level 3 Advanced Technical Extended Diploma in Agriculture - and is off to work in New Zealand for 6 months. Ben Molyneaux - Ben has gained his Level 3 in Mechanical Engineering and is now taking time to decide on his future plans.
Olivia Adams - Olivia has completed Level 2 Diploma for the Early Years Practitioner course and is starting Level 3.
Jack Fletcher - Jack has completed Levels 2 \& 3 Countryside and Wildlife degree. He is currently looking for a Deer Management Placement.

## 'A' Levels:

Niamh Hubbuck - 3. Niamh is taking a year out before deciding on any future plans.
Ryley Read - 3. Going to sheffield Hallam University to study Cyber Security and Forensics.

## GCSEs:

Oliver Hornsby - 7. Oliver is hoping to do an agricultural apprenticeship with Broomfield college

## The Countess and Earl of Devonshire [Edensor \& Chatsworth] Charity

Young persons between school leaving age and under 25 years of age who are resident in the Parishes of Edensor \& Chatsworth may apply for financial assistance towards the cost of preparing for entry into a profession, trade or calling. This may include provision for further education.

Applications are invited with immediate effect. The closing date for applications is 31 October 2023.

All grants are at the discretion of the trustees and Application Forms for grants can be obtained from the clerk:

Mrs Sandra Elliott, C/o Estate Office, Edensor.
Tel: 01246 565300/email: ra Elliott sandra.elliott@chatsworth.org

Below are the items we would love you to donate at Harvest Festival Campaign.

GRAVY GRANULES - BISCUITS - COOK-IN-SAUCES - SUGAR SAUCES (RED, BROWN, MAYONNAISE) - IAM - PASTA - RICE - TINNED FRUIT TINNED MEAT - TINNED TOMATOES - TINNED FISH - TINNED RICE PUDDING TINNED VEGETABLES - TINNED BAKED BEANS - TINNED CUSTARD - FLOUR - FRUIT SQUASH - LONG LIFE MILK - TEA - COFFEE - CEREAL

DEODORANT - DISPOSABLE RAZORS - KITCHEN ROLL - TOILET ROLL - SHAVING FOAM - SHAMPOO - CONDITIONER - SHOWER GEL - SANITARY PRODUCTS LAUNDRY DETERGENT - WASHING UP LIQUID

CLOTHING, SHOES, UNUSED UNDERWEAR OF ALL GENDER AND SIZES BOOKS - BRIC A BRAC - JEWELLERY - BEDDING - COATS - HATS, GLOVES, SCARVES

If you would like to donate money for us to purchase these items you can do so online at https://checkout.justgiving.com/obz7x76txn or scan the QR code


NB for those reading this in black and white text it is the items in a paler grey that are most needed, thank you.

## Illuminations dazzle opening night crowds

Derbyshire Dales District Council's Matlock Bath Illuminations blazed into life on 9 September and will run every Saturday and Sunday until 29 October. It's 126 years since the Illuminations were first staged to celebrate Queen Victoria's diamond jubilee.

Eleven decorated boats thrilled the crowds on opening night and they will be the centrepiece at every Illuminations weekend during the 2023 season. It's cheaper to book adult tickets in advance and we can never guarantee tickets will be available on the night. Accompanied under 16 s go free.

The boats are created painstakingly with thousands of LED lights by
members of the Matlock Bath Venetian Boat Builders' Association. The lights were officially switched on in Derwent Gardens and Lovers' Walks by Derbyshire Dales Civic Chair Councillor David Burton.

Fireworks finales will take place every Saturday in October and also on the final night, Sunday 29
October. Every Illuminations night is once again themed for younger visitors.
Please note the first fireworks night on Saturday 7 October is already sold out.

Derbyshire Dales District Council took over the running of the Illuminations in 1984-and this popular event draws at least 100,000 people into the district every year, so plays an important role in extending the tourist season in the district at no cost to local council tax payers.

## Don't mention it! Smile

As part of his annual talk to our local Town Council, our minister told some funny stories. Since he planned to use the same anecdotes at the forthcoming Harvest Dinner at church, he asked the young reporter covering the event not to include them in his report.

Reading the newspaper on the following morning, he noticed that the well-meaning reporter had ended his story on the banquet with the observation "The minister told a number of stories that cannot be published."

## £9.4 million approved for additional curate posts

The Church of England is going to spend more money on curates.

Funding to the tune of $£ 9.4$ million has been approved to support dioceses with the costs of nearly 70 additional stipendiary curacy posts across the Church of England.

The grant, approved by the Strategic Mission and Ministry Investment Board (SMMIB), will support 68.5 additional stipendiary curacy posts for deacons ordained this year.

The funds have been made to ensure that there is no shortfall in the number of available stipendiary curacy posts. A further $£ 8.4$ million has been approved by the Board for additional curacies in 2024.

The Revd Helen Fraser, Head of Vocations and Deputy Director of the Ministry Development Team for the Church of England, said "Once again I am delighted that dioceses will receive this support in their ongoing provision of excellent training in curacy."


Helping the older people in church
More info at: https://
faithinlaterlife.org
'Silver Sunday' is ${ }^{\text {st }}$ October - the 'national day for older people'. So perhaps this is a good month to consider what churches can do to support their older people.

Nearly one in five people in England and Wales is aged over 65.The over- 70 s currently make up around a third of the Church of England, and 40\% of Methodist/URC churches.

But many churches are very focused, for all the best reasons, on children and young people. This means that the needs of the older generations may be neglected, in terms of resources.

Here are some things to consider: Loneliness is apparently as bad for your health as smoking 15 cigarettes a day. Yet Age UK has found that half of older people say the television or pets are their main form of company. Half a million older people go at least five or six days a week without seeing or speaking to anyone at all. Churches are in an excellent position to proactively combat this reality.
Churches can help people prepare for end of life.
Sometimes older people neglect to do important practical things, like
sorting out their old-age care, finances, or lasting power of attorney.While church leaders can't offer advice, of course, they could help to point people towards the right professional bodies.
A quarter of our children will live to be 100.

Apart from grandparents, church may present the best opportunity for children to discover intergenerational relationships.We can more easily cultivate a positive imagination of a long life when we have models to inspire us.

The Bible presents a wonderful vision of the fruit of later years and longer life. Psalm 92 says:'In old age they will still bear fruit; healthy and green they will remain, to proclaim, "The Lord is upright; He is my Rock, and in Him there is no unrighteousness.'"

With all this in mind, in 2017 a charity, Faith in Later Life, was formed by a group of other Christian charities to reach, serve, and empower older people through the Church.

Faith in Later Life has a network of 'church champions' who ensure that older people are not forgotten in their churches. The 'champions' receive regular training and support - and it is completely free to join. If you are concerned for the older people in your church, then this may be for you.

## Group to meet ahead of November Synod

A group drawn from across different traditions within the Church has recently met, as part of ongoing work in the Living in Love and Faith process.

This is ahead of the November General Synod, which will once again consider proposals to enable same-sex couples to come to church following a civil marriage or civil partnership for prayers of dedication, thanksgiving and for God's blessing on the two people.

The group was created at the invitation of the Co-Chairs of the Living in Love and Faith Steering Group, Bishop Sarah Mullally and Bishop Philip Mounstephen. It brings together a wealth of knowledge from prior involvement in the LLF process, as well as a range of lived experiences.

The group was given an update on the ongoing work on pastoral guidance and pastoral assurance in
relation to the Prayers of Love and Faith, and members were asked to provide their insights and reflections. These will be fed into discussions at meetings in the autumn of the College and House of Bishops, ahead of the November Synod.

The Bishop of London, Sarah Mullally, said: "The House and the College of Bishops have a real desire to create a loving, generous, ecclesial, and pastoral space, despite deeply held differences of opinion, in which we can share our ministry and implement the motion agreed by the Synod in February.
"There is a desire to joyfully offer a pastoral response to loving, faithful and long-term same sex relationships. There is at the same time no intention of changing the doctrine of marriage as expressed in the canons and the authorised liturgy of the Church of England.

## Did you know that it was ...

90 years ago, on $17^{\text {th }}$ Oct 1933, that physicist Albert Einstein arrived in the USA as a refugee from Nazi Germany.
75 years ago, on $27^{\text {th }}$ Oct 1948, that the Morris Minor car was launched at the British Motor Show at Earl's Court in London. It cost $£ 358$.
65 years ago, on $28^{\text {th }}$ Oct 1958, that the State Opening of the British Parliament was televised for the first time.

# A Bear called <br> Paddington 

by Tim Lenton

It was 65 years ago, on $14^{\text {th }}$ October 1958, that Michael Bond's children's book, A Bear Called Paddington, was published. It marked the debut of the lovable Paddington Bear, who is now a household name after appearing in two irresistible films.

Paddington starred in more than 20 books written by Bond, who died aged 91 in 2017.The original story was inspired by the author witnessing Jewish and British evacuee children passing through Reading station. Bond wanted the bear to have come from "darkest Africa", but this was changed to Peru when his agent pointed out that there were no bears in Africa.

Many people have found Christian characteristics in the bespectacled, kind, red-hatted, innocent Paddington, who always tries to do the right thing but often gets into trouble as a result. He is invariably polite, but has a "hard stare" for those who behave badly. The two hugely successful films, with Ben

Whishaw voicing Paddington and household names in other roles, established the bear in the national psyche - a natural successor to Winnie the Pooh.

> A stuffed toy Paddington Bear was chosen by British tunnellers as the first item to be passed to their French counterparts when the two sides of the Channel Tunnel came together in 1994. The books have been translated into 30 languages and have sold more than 30 million copies.

Paddington has also reached the very top of society. Comedian and later President of Ukraine Volodymyr Zelensky dubbed him in the Ukrainian version of the films, and to cap everything, Paddington joined the late Queen in one of her last public appearances - a brilliant comedy segment in the Platinum Party at the Palace on $4^{\text {th }}$ June 2022, in which the Queen 'revealed' that she always carried a marmalade sandwich - Paddington's favourite food - in her handbag. (For later!)

## Remembering the Beatles

by Tim Lenton
Sixty years ago, on $15^{\text {th }}$ October 1963, the term 'Beatlemania' first appeared in the Daily Mirror newspaper in the UK. It described the intense, frenzied reaction of fans of the Beatles and their music.

The group - John Lennon, Paul McCartney, George Harrison, and Ringo Starr - had been attracting wild adulation in the north of England, notably at the Cavern Club in Liverpool, since the start of the 1960s. But from 1964 Beatlemania spread throughout the country, and then the world - particularly the USA, where the Beatles were transported to concerts by armoured car for their own protection.

Commentators were eager to diagnose the cause of the phenomenon - sometimes not convincingly - but it was agreed that the high-pitched screaming by girl fans had similarities with religious fervour and hysterical worship of young men they saw as gods.

As is well known, in 1966 John Lennon remarked that the group had become more popular than Jesus, but this was a step too far for many, leading to a backlash and violence at subsequent concerts worldwide. This and the inability of the group to hear themselves play above the screams led to the Beatles stopping touring altogether. Their 1965 album Rubber Soul already projected a different, more progressive, thoughtful feel.

But a cultural trend had been set, and subsequent boy bands, from the Monkees to One Direction, tended to get the kind of 'worship' from their fans that was undeniably linked to a freedom from authority and convention.

It was not totally new, however. Back in the 1840s, fans of Hungarian pianist and composer Franz Liszt apparently displayed a similar level of fanaticism, which poet Heinrich Heine called 'Lisztomania'.

# Public opinion and a 'prophetic' voice Bishop Nick responds to newspaper survey 

The Church has a duty to challenge popular culture but also to listen and be challenged by it, the Bishop of Leeds Nick Baines, has said.

He was speaking as a recent survey in The Times newspaper highlighted views among some clergy on a range of questions. The findings were based on replies by clergy who responded to a list of email questions this past summer.

Bishop Nick said it highlighted the challenge the Church has faced in every generation in seeking both to listen to public opinion but also being a "prophetic" voice.
"The Church is the Church, and, as such, not a club, he said. "It has a distinct vocation that does not include seeking popularity. As God's Church, it is made up of people who love God, His world and its people. Worship, love, and justice lie at the heart of its vocation.
"This means that the Church in every generation - has to live with the tension of being prophetic (challenging the way the world is) whilst listening to the challenge the world brings to it.
"'Repentance' means being open to changing our mind in order that society should encounter both love and justice. And this means sometimes going against the flow of popular culture, however uncomfortable that might be.
"What this survey seems to show is that clergy aren't detached in an ivory tower, but really wrestling - thoughtfully and prayerfully - with the kinds of questions our society is also addressing. This is how it has always been and should be.
"Evidently, the Church hasn't always got it right, but cannot escape the demands of its calling to be faithful to God in loving His world."

## Those over-the-top words that we use

The Ven John Barton is intrigued by some modern-day usage of our language

I'm trying to stop saying the word 'incredible'. It's overused and has become almost meaningless."We are incredibly grateful";"I had an incredible meal". As the word really means 'beyond belief or understanding', it can't actually apply - in either case.
'Unbelievable' is similarly misused. So is 'fantastic', which is meant to describe something belonging to an imaginary world. So, strictly speaking, a fantastic tennis player can't be a real one.

How about 'amazing'? Count how many times you hear it today. It should be reserved to describe something astonishing, out of this world. If you think about it, if everything is amazing or incredible, then nothing really is. When the exceptional becomes normal or commonplace, nothing is special.

We seem to be struggling to find words to convey something out of the ordinary. Try 'iconic'. Iconic only appeared recently and has been distorted to mean 'historic' or 'traditional' or 'classic'. My dictionary tells me iconic actually means something to do with an icon, which
is a depiction of Christ, the Virgin Mary, or a saint.

In fact, most of these over-the-top words, now in everyday use, have a religious association. Originally, they were reserved to communicate otherness, difference, deep respect.

For example, what about 'awesome'? It should mean 'awe' or reverence. It's a take-your-breath-away word. Awe is what Moses felt when he saw a bush on fire, because it didn't actually burn away, and he sensed the presence of God. Awe is something St Peter experienced, when he fell down at Jesus' knees, saying, 'Go away from me, Lord, for I am a sinful man!'

If you try to imagine what Moses and Peter actually felt, words like 'unworthiness' and 'fear' might come to mind. They really were experiencing something out of the ordinary, too hot to handle. They were out of their depth. An experience like that stayed with them for life. They had encountered holiness. Now there's a word worth using.

## Reflecting Faith Seating in churches

The Revd Dr Jo White continues her series on finding faith in the fabric of our church buildings.

In many 'old' churches and cathedrals today the original wooden seats or pews have been completely removed. They have been replaced by moveable chairs, to enable the space to become very flexible. In this way concerts and exhibitions can more easily take place.

But where does the priest or worship leader sit?

Often there will be a special chair or 'stall' set aside for them. In older churches, you may find as many as three.

The first is a 'prayer stall' between the choir stalls and the nave. From here the priest will conduct the majority of the first section of the Sunday service, and during the week will use this stall for their morning and evening public office.

There is likely to be also a chair for them in the sanctuary, and in older church buildings you will see in the chancel area some seats (sedilia) set into the wall. Depending on the size of the original parish, these vary from being a single plain seat for the priest alone to something quite ornate: seating up to four people. They even
come stepped, so that the people are sitting at different heights.

In medieval times, during Mass, the priest was the celebrant, the deacon read the Gospel and the sub-deacon read the Epistle. They would be seated in the sedilia while the Creed and Gloria were being sung, giving them a time of rest during a long ceremony.

Where the seats are at different heights, the priest would have sat on the highest one, nearest the altar. Later when Chantry endowments provided some churches with several clergy in full orders, the seats were all made at one level. Where there are four seats, the last would have been for the clerk.

In many churches nowadays, you have to look very carefully for these seats, as over time they have been rearranged, and sometimes even the floor around them has been raised so they no longer look like seats.

More modern churches also need somewhere for the priests and deacons to sit, and often you will find very fine chairs placed near the altar for them.

This month: What happens when the bishop comes to your church? Where does s/he sit? How do you know? What does the formality or informality of these chairs say about the way your church thinks about these roles?

## Is now a good time to grow old?

By the Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the $C$ of $E$.
"Don't grow old," a parishioner of advanced years warned me some while back."You won't like it."

Sadly, that dear woman is no longer with us, and I'm a whole lot older than when she offered me that kind advice. But was there wisdom in her words?

It's true that generally people are living longer and in better health than in generations before, but there are increasing challenges for older men and women in our society.

My friend, Maggie Dodd is an 'Anna Chaplain' for older people. She is one of around 300 such chaplains up and down the country. They spiritually support people - of strong, little or no faith - in care homes, sheltered housing or in their own homes.

Maggie has told me how life is becoming harder for older people, and we've swapped notes on what we have both observed.

She told me:"Some of the basic services older people need are becoming more difficult to access. I hear about doctor's surgeries asking for patients to print out their own
forms or send photos to or from smartphones. Banks are phasing out high street branches, pushing everyone towards online banking. Many older people feel very uneasy about going online, worried about being scammed out of their savings.
"A trip to the shops is also becoming more complicated. Checkouts in supermarkets are increasingly selfservice. Mobility can also be affected as car parks often need an app to be uploaded onto a smartphone to park. In many car parks there is no option to pay by card or cash!"

Plans to remove the ticket offices at train stations will make matters worse for many older would-be rail travellers.

Maggie told me "This gradual marginalisation of people can leave them feeling lonely and isolated. Loneliness can have a huge detrimental effect on health and wellbeing. Prolonged social isolation and loneliness are the equivalent of smoking 15 cigarettes a day."

It's good that many churches run special events and activities for older people, as well as groups for all ages. But is this enough? Christians are called to follow Christ's example and speak out for those at risk of being marginalised in our society.

Today, that could be our older brothers and sisters.

## How olive oil could help prevent dementia

If you have more than half a teaspoon of olive oil a day, it may cut your risk of dying from dementia by 28 per cent, a recent study by Harvard University suggests.

But nobody knows quite why. Some experts say it may be that the antioxidants in olive oil can pass through the blood-brain barrier, which may have a direct effect on cognition.

One doctor explained:"Opting for olive oil, a natural product, instead of fats such as margarine and commercial mayonnaise, is a safe
choice and may reduce the risk of fatal dementia."

There are estimated to be 944,000 people living with dementia in Britain, with the majority suffering from Alzheimer's. The number is expected to increase to more than one million by 2030, with one in three people born in the UK this year expected to develop dementia in their lifetime.

The condition costs the country $£ 34.7$ billion annually and is now the leading cause of death. Sadly, there are currently no licensed drugs that can slow down or repair brain damage.

## SAD people need our help and understanding

The nights are getting darker, and many people are getting SAD, as the autumn closes in around us. SAD is properly called 'Seasonal Affective Disorder', and it is a kind of seasonal depression.

How can you tell if someone has SAD? The symptoms include: a persistent low mood, a loss of pleasure in everyday things, irritability, despair, guilt, lethargy, sleepiness, a craving for carbohydrates, difficulty in concentrating, and decreased sex drive.

No one knows exactly the cause of SAD, but it is often linked to reduced exposure to sunlight during the short autumn and winter days. Lack of sunlight may affect the part of the brain called the hypothalamus, which then affects the production of melatonin, the production of serotonin, and the body's own internal clock.

If you suspect that you may be getting SAD, contact your doctor. Doctors can offer tips on lifestyle changes, light therapy from a light box, talking therapies, and antidepressant medicine.

## Little by little does very nicely

We've all heard the hype about the need to do 10,000 steps a day, to stay fit.

But recent studies have found that even just walking 4,500 steps a day can bring you significant health benefits. It seems that, compared to adults who take less than 2,000 steps a day, people who take 4,500 steps a day are 77 per cent less likely to have a cardiovascular problem in the following three years.

And it also seems that, no matter what you are currently walking, even just adding 500 steps a day to your distance can bring you significant health benefits.
"We were surprised to find that every additional quarter of a mile, or 500 steps, of walking had such a strong benefit to heart health," says Dr Erin Dooley, an assistant professor of epidemiology at the University of Alabama at Birmingham School of Public Health.
"While we do not want to diminish the importance of higher intensity physical activity, encouraging small increases in the number of daily steps also has significant cardiovascular benefits.

Other recent research suggests that walking between 6,000 and 8,000 steps a day is helpful for chronic heart problems and cancer.

## Those endless roadworks

Do you keep encountering roadworks? No wonder. There have been more than 200,000 of them in the UK over the past three years due to the need to fix faulty water pipes.

Here is another depressing statistic: an average of $I 59$ road repairs has been carried out every day since the start of 2020, again, because of the leaks.

A recent investigation by the Liberal Democrats uncovered the scale of
the problem. Tim Farron, Lib Dem environment spokesman, says:"The water companies have caused misery right across the country. From pumping out raw sewage into our waterways to now causing traffic jams, they are a complete shambles.
"Whilst they have been stuffing their pockets with dividends and bonuses, people have suffered at their lack of investment in infrastructure. It is time to get tough with the water companies." Mr Farron wants "a new regulator with teeth that can hold these firms to account."

## God in the Sciences

Written by Dr Ruth M Bancewicz, Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

## Do the Bible and Science contradict each other?

For the Christian, the Bible is God's Word to us; it tells us about His character and creative purposes, how He has related to people in the past, and His promises for the future. Science is a specific way of studying the world, exploring the physical properties of things - a wonderful way to explore God's creation. So, the question to ask if the Bible and Science seem to be contradicting each other is, have we made a mistake in interpreting one or the other?

Science is very good at answering certain types of questions: 'What size is it?','How fast does it travel?','What is it made of?', and so on. Questions like 'What's it for?','What should I do with it?', and 'What's it worth?' can't be answered using scientific methods. Some of the misunderstanding in discussions of Science and Religion come from not recognising the limits of science.

It's also important to recognise what the Bible is, and what sorts of questions it can answer. The Bible was written well before people began to investigate the world in ways we
would recognise as scientific. Of course, people in the Ancient Near East were studying the world around them, observing the movements of the stars, the processes of life and death that happened all around them, the seasons, the behaviour of physical objects, and so on. But they did not study the mechanisms underlying these things systematically using the tools of science, and they did not see or describe the world in scientific terms - not because they weren't intelligent, but because Science, as we know it, wasn't happening at that time.

Instead, the biblical writers used words that were commonly used in their own cultures to record events, share truth and wisdom, and tell stories that convey deep truth about God's character. If we want to understand God's intention in inspiring these words, we need to do some careful work to connect with those ancient writers and find out what they meant, before we can discover what those words mean to us today.

These principles can help us have far more fruitful conversations about Science and Christian faith. If we allow any apparent conflict between Science and the Bible to fuel our search for understanding, not only will we learn as individuals, but we will be able to draw others into a conversation that is relevant to wider society today.

## Children's charity is a fitting legacy for Dales

 residentA local man who wanted to find a fitting legacy for his late wife has donated $£ \mathrm{I}, 000$ to the Derbyshire Dales Civic Chair's 'Send A Child To Hucklow' charity.

Peter Savidge has presented the cheque to Councillor David Burton, in memory of his late wife Sheila who died two years ago. The donation kickstarts the Civic Chair's appeal, which runs until the middle of next year.

The Send a Child to Hucklow Fund is a charity to arrange and fund holidays at the Nightingale Centre in Great Hucklow for groups of disadvantaged children, having no regard to religious, political, racial or other connections.

Said Peter: "This is a really great thing for children to experience. My late wife Sheila was brought up in East London in the 1950s and never knew the countryside existed.
"Through a penny fund paid into by her granny she went on a two week holiday with other children on a farm near to Cirencester. The introduction to farm animals and the freedom of the countryside left such an impression that her love of the
outdoors remained with her for all of her life.
"It was this love that focused our move to Derbyshire and her love of the outdoors and such lovely countryside, especially the Peak District."

Peter, who wanted to create a legacy for Sheila, read about the Civic Chair's appeal in a local newspaper, and said: "I immediately thought 'yes that's it'."

Councillor Burton, who has invited Peter to visit the Nightingale Centre next year, said the generous donation would fund four holiday places for youngsters.

He added: "I always find it extremely moving when the children arrive at Great Hucklow and get off the coach. They are on another planet from where they've come from and it's honestly hard to keep the tears back. There's something very special about what is achieved there."

Councillor Burton has set up a Just Giving page for anyone wishing to contribute to the charity at www.justgiving.com/page/derbyshire-dales-district-council-civicchair2023-24

More information about the charity can be found at
www.sendachildtohucklow.org.uk

## Bibles for all

Lester Amann considers how the Bible Society was inspired to begin its work.

Think for a moment about something you really want. How much would you spend to buy it? How far would you go to get it?

Young Mary knew what she wanted. It took years before she could afford it. She was ready to walk 25 miles over mountainous terrain to get it. Mary just wanted a Bible.

Mary Jones lived in a small village in Wales at the end of the 18th century. From an early age, Mary loved to hear stories from the Bible. Every Sunday she attended her local chapel and enjoyed listening to people reading from the Scriptures.

When Mary was only nine years old, she decided on the most important thing in her life. She wanted to read from her own Bible. Unfortunately, Bibles were hard to come by. They were expensive and Mary's parents couldn't afford to buy one. So, Mary decided to do odd jobs for people and earn enough money to buy a Bible.

Six years later, Mary had saved enough money for her special book. Although the nearest shop which sold Bibles was in Bala, 25 miles away, undaunted she set out on her long journey. In Bala, she discovered that the book shop had sold out of all the Bibles! We can only imagine how upset and disappointed she was.

When the bookseller,Thomas Charles, heard about her long walk and that she would return home empty handed, he gave her his Bible. Later, Thomas Charles wondered if there were other children (and adults) around the country who wanted a Bible but had problems getting one.

Soon after Mary's visit, Thomas Charles went to London. Here, he met influential people including William Wilberforce and shared with them the story of Mary Jones. From this meeting came a response to Mary's situation. On 7th March I804 the British and Foreign Bible Society was formed. Its purpose was to provide Bibles throughout the world, in a language people could understand and at a price they could afford.

After this, other national societies were created and in 1946 the United Bible Societies was established to coordinate the work worldwide.Today, there are over 100 Bible Societies, working in nearly 200 countries. While they are busy with translation, production and distribution programmes, there are still countless numbers of people who do not have the Scriptures.

If we own a Bible, let's give thanks we have God's Word in our hands and, where possible, support a Bible Society with their valuable work.

## Pilsley C of E Primary School NURSERY

## FREE childcare places AVAILABLE

- Exceptional grounds for exploration and play, with Forest School activities, and an outdoor classroom.
- Highly experienced, well qualified early years practitioners.
- Daily 'Read, Write, Inc' phonics and maths sessions.
- High quality child-led learning and continuous provision.
- Links to the local churches and community.
- State of the art interactive smartboard technology in every classroom.
- Dedicated music, baking and PE sessions.
- Delicious home-cooked lunches, prepared on site.

| Nigel Beeton writes:'This poem is not by | Lines and wrinkles |
| :--- | :--- |
| me, it was written by a patient who (in | Are all I see |
| the spirit of confidentiality) is happy to | That tired old face |
| be known as 'Hilda'. It was published in | Can't be me |
| our staff newsletter, and I loved it, so I |  |
| begged permission to share it with my | I am young |
| friends on the Parish Pump.' | With a life to live |
|  | Full of hope |
| A Funny Old Lady | And love to give |
|  |  |
| I look in the mirror | I can skip |
| And who do I see? | And dance and run |
| A funny old lady | The life ahead |
| Looking at me | The joys the pain |
|  | Are yet to come |
| I don't know her | I look in the mirror |
| Who can she be? | And who do I see? |
| That funny lady | I see the young woman |
| She isn't me | I used to be. |
| A little like my Nan | By Hilda |
| A lot like my Mum |  |
| A face that shows |  |
| A life well run |  |

## Baslow Health Centre Church Lane, Baslow

www.baslowhealthcentre.co.uk

## AppointmentTimes:

Clinicians are still available for consultations and medical advice. Please contact the surgery and a GP or Nurse will call you back to discuss your concerns and if necessary arrange to see you in person. Many problems can be dealt with over the telephone.

## Patient Online:

Have you registered to use the online service? This allows you to book or cancel appointments on line (during normal service) and order your repeat medications. You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

## Telephone Numbers:

Reception: 01246582216
District Nursing Team 01332564900
Health Visitor: 01629 8I6633

## Normal Surgery Opening Times

Mon, Tues, Wed,Thurs \& Fri
8am-6.30pm;
(closed Bank Holidays)
(Phones 8am - 6.30pm Mon - Fri).

## Surgery Closure

The surgery will be closed from Ipm on Wednesday II $^{\text {th }}$ October for staff training.

## Ordering Repeat Medication

You can order repeat medications in the following ways:

- In writing or with our on-line access service
-Return your repeat request form to surgery by Post or Fax
Please allow three working days before collection and collect between 8am and 5pm
Prescriptions can be collected from reception inside the surgery.

Samples - if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag, if provided, either through the letterbox or at reception.

Test Results - Please ring for test results after 2.30pm as we do not receive test results back from the hospital until lunchtime.

## For Urgent Calls when we are closed call III

| 8 | 5 | 3 | 6 | 2 | 4 | 7 | 9 | 1 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 7 | 6 | 9 | 5 | 3 | 1 | 4 | 8 | 2 |
| 1 | 2 | 4 | 7 | 9 | 8 | 6 | 5 | 3 |
| 3 | 8 | 5 | 9 | 1 | 6 | 2 | 4 | 7 |
| 2 | 4 | 1 | 8 | 7 | 3 | 5 | 6 | 9 |
| 6 | 9 | 7 | 4 | 5 | 2 | 1 | 3 | 8 |
| 5 | 3 | 8 | 1 | 6 | 7 | 9 | 2 | 4 |
| 4 | 1 | 6 | 2 | 8 | 9 | 3 | 7 | 5 |
| 9 | 7 | 2 | 3 | 4 | 5 | 8 | 1 | 6 |

September solution
(-)

October Sudoku

|  | 1 |  | 6 |  | 7 |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  | 8 |  |  | 5 |  | 9 |  |
|  |  |  |  | 3 |  |  | 5 |  |
| 5 |  |  |  | 1 |  | 7 |  | 8 |
|  |  |  |  |  |  |  |  |  |
| 3 |  | 6 |  | 7 |  |  |  | 4 |
|  | 2 |  |  | 4 |  |  |  |  |
|  |  |  | 5 |  |  | 6 |  |  |
|  |  |  | 9 |  | 3 |  | 2 |  |

## Recommendations for collaboration between dioceses

The Church of England's Dioceses Commission has shared the themes which emerged from a recent consultation looking at bishops and their ministries.

It is part of a series of 'listening exercises' exploring how the Church of England can best serve the nation in the 2020s and beyond, and also make best use of resources.
between dioceses in areas such as Net Zero, Racial Justice, Ministry Training and Education, either on a regional level or between a number of dioceses.

The consultation also considered how dioceses might cooperate to use resources better, as well as how the ministry of suffragan and area bishops can best be delivered. There will not be any centrally led structural changes to dioceses, or combinations of dioceses, as a result of the consultation.

Recommendations included suggestions for new collaborations

## Apples (Smile...)

'Mother: "Martin, last night I put two apples in this cupboard and now there is only one. How do you explain that?"
I
Martin: "I expect it was so dark I couldn't see the other one."
Items for the NOVEMBER magazine should reach me NO LATER THAN MONDAY $16^{\text {th }}$ OCTOBER : email to: liz.bradshaw@w3z.co.uk The ‘Bridge’ Parish Magazine $£ 1$ per copy ( $£ 12$ per year)


