

JUNE  
2023



The  
Bridge



BEELEY & EDENSON

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PARISH MAGAZINE

St. Peter's Church, Edensor & St. Anne's Church, Beeley  
Church websites -

[www.stpetersedensor.org](http://www.stpetersedensor.org)

[www.stannesbeeley.co.uk](http://www.stannesbeeley.co.uk)

June 2023

June is a month of growth and beauty – in this country certainly, as we often experience warmer (often hot) weather and many plants reach their most beautiful in appearance.

It's hard to ignore the way in which plants 'grow' (whether classified as weed or not in our minds); growth in size, in depth of colour, in flower production and in the setting of fruit. It seems as if at the roadside, through cracks in the pavement, in gutters and gardens transformation continues apace as spring turns to summer.

In the church year we step into a season of growth as well, growing in our following of Jesus through what is known as Ordinary time. That can sound quite dull, even though it begins with Trinity Sunday, reminding us of the mystery and wonder that is God: Father, Son and Holy Spirit but building on that we can grow, moment by moment, day by day, through the 'ordinary' things of life, following Jesus in our workplaces, in our schools, in our homes, together as we worship and when we are alone, letting the Holy Spirit fill us with hope, joy and peace and giving us the power to truly live for God.

It's that daily growing as we follow that continually transforms our lives, helping us to become more like Jesus in every action, every word, every thought and then, slowly but surely, the church itself grows (in number and depth) and our communities are built up, as we, individually and collectively, live out our calling to serve and to tell, demonstrating the love and goodness of God. It's often challenging and can be tough, being transformed, but as God's people, loved deeply and abundantly by Him we can trust the process, especially as we stay close.

Other people often say these things so much more effectively and so I want to leave you with a prayer that anyone can pray and encourage you to use it as you follow:

Thanks be to Thee, my Lord Jesus Christ  
 For all the benefits you have given me,  
 For all the pains and insults you have borne for me.  
 O most merciful Redeemer, friend and brother,  
 May I know You more clearly,  
 Love You more dearly,  
 Follow You more nearly ... day by day.

(attributed to St. Richard of Chichester).

Let's daily ask for God's transforming love and power to fill us, helping us to grow in Him all the way through 'Ordinary' time – time that is anything but!

The Ven. Karen Hamblin  
 Archdeacon of East Derbyshire

## FROM THE REGISTERS

St. Peter's, Edensor

30<sup>th</sup> April Baptism ~ Rose Catherine Exton-McGuinness

4<sup>th</sup> May Funeral Service followed by Cremation ~  
 Corina Ann Bonsall aged 86years

St. Anne's, Beeley

18<sup>th</sup> May Funeral Service followed by burial in the churchyard ~  
 Pauline Ann Harrison aged 92years

### Telephone Numbers

<u>St. Anne's</u>	Wardens:-	Rupert Turner	01629 732794
		Fiona Swain	<i>ex directory</i>
<u>Both Churches</u>	Treasurer:-	Fiona Lichfield	01629 813382
	Safeguarding:-	Sarah Porter	01629 312168
			0786 669 5132
<u>St. Peter's</u>	Wardens:-	Elizabeth Bradshaw	01246 582421
		Lynne Clark	07767 652 624
	Treasurer:-	Mark Titterton	01246 601475
		e-mail: <a href="mailto:mtitterton@me.com">mtitterton@me.com</a>	

## ST. ANNE'S, BEELEY

TheGivingMachine is a unique registered charity that enables you to generate sales commissions with every online purchase. They convert these commissions into free donations for the schools, charities and other community organisations you choose. **St Anne's, Beeley** is one of the organisations you can support. The donation is calculated without going via another website so doesn't affect your shopping experience.



Please sign up at <https://www.thegivingmachine.co.uk>

## PILSLEY VILLAGE CORONATION LUNCH CELEBRATION

With beautiful weather and something to celebrate, residents of Pilsley, their families and friends, did just that. Picnics were set out on tables (suitably decorated for the occasion) and picnic blankets spread out on the Green, there was food and drinks in abundance and a wonderful party atmosphere abounded, and for once on a bank holiday I didn't see a single woolly hat!

A truly joyous occasion and thank you to everyone who joined in.



### **St. Peter's Church 100 Club April Draw 2023**

1st Prize £30 - no. 45 Marjorie Bowness

2nd prize £20 - no. 66 Michael Pindar

Funds to church this month - £50

**Ann Hall**

### **Support National Week of the Ocean 4<sup>th</sup> – 10<sup>th</sup> June**

The National Week of the Ocean is held each year during the second week of June.

It aims to spotlight the threats faced by marine habitats and species, and also to offer some solutions on how to solve them.

## Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraising and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the church.



### To Register

- Go to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)
- Click on **Register**
- Choose **Saint Peter's Church - Chatsworth Park** as your charity and fill in the rest of the form

### To Shop

- Go to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)
- Search for your store in the alphabetical list
- Go ahead and shop

Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to 15% from every purchase you make is donated to St. Peter's Church.

## EDENSOR DAY BRIC-A-BRAC SALE 2023

Thank you to everyone who donated items and to those who kindly supported us by making cakes for the sale in The Cavendish Hall on the 22<sup>nd</sup> April. Huge thanks to everyone who helped on the day and for the several hours sorting through the donations and setting up prior to the sale.

We raised £1,194.50 for the very worthwhile charities; Sheffield Children's Hospital and Helen's Trust as well as funds towards the maintenance of St Peter's Churchyard. Boxes of some of the unsold items have been delivered to Ashgate Hospice Charity Shops in Rowsley and Matlock and a few large items taken to The Salvation Army Charity Shop in Chesterfield.

**Next bric-a-brac sale at Edensor Day, Saturday 17<sup>th</sup> June.**

Jo Wood

## Dates for your Diary - June 2023

- 13 BEELEY WI Monthly Meeting** - Stand Wood visit  
*President: Sarah Porter Refreshments & raffle: Chris Miley*
- 14 Edensor PCC Meeting 7pm Cavendish Chapel**
- 17 EDENSOR VILLAGE DAY & OPEN GARDENS**
- 20 BEELEY HERITAGE GROUP** Beeley Village Hall 7pm  
 Claire Butler talking about Maypole Dancing
- 21 CHATSWORTH WI Monthly Meeting** 7pm Baslow Church Rooms  
 'Crafting with Crystals' bracelet making workshop  
 Competition: a polished stone, pebble or crystal
- 24/25 BEELEY IN BLOOM** 11am - 4pm
- 29 Chatty Crafts** 10.30 - 12 in the Chapel at St. Peter's. Join us for crafting or just a cuppa and a natter! Everyone welcome.

### BAKEWELL & ASHFORD FILM SOCIETY (BASH)

The Medway Centre, New Street, Bakewell

7.30pm 2nd Sunday of every month (except August)

**11 June 2023** - Mystery film from either members' suggestions or a new release, also AGM, drinks & nibbles

### Edensor Village Day & Open Gardens 17<sup>th</sup> June 2023

Edensor Village Day & Open Gardens is held every year with charitable donations from the proceeds given to our nominated charities.

Between 2014 and 2022 (excl 2020 and 2021 due to Covid) £27,717.00 has been given to our nominated charities and the same amount donated to St Peter's churchyard maintenance fund.

A total of £55,434 has been raised in six years.

The following charities are amongst those that have been nominated by the families of friends and neighbours in the community who have passed away:

*NSPCC, Dementia UK, Addington Fund, Derbyshire, Leicestershire and Rutland Air Ambulance, Helens Trust, Western Park Cancer Charity, Motor Neurone Disease Research, St Peter's Churchyard maintenance fund.*

**Edensor Day**  
**Village Fete**  
**& Open Gardens**

**17<sup>th</sup> June 2023, 11am-4pm**  
 Official opening 12 noon by  
**The Duke & Duchess of Devonshire**

**Attractions include:**

Holymoorside Brass Band	Punch and Judy
Matthew and his Traditional Barrel Organ	
Powder Keg Morris Dancers	
Many gardens to explore	Wood Bodgers
Classic & Vintage Cars, and Motorbikes	
Eddy Hall singing & playing his guitar	
Derbyshire Eats in the Food Court	
Prosecco & Peak Ales Bar	
Cream teas in the church	
Frederick's Ice Cream	Children's Games
Stalls on the village green:	
Cakes & home produce	Wine or Lose
Toys Gifts Crafts Plants Books	
Quality Bric a Brac	

*Raffle draw at 3.30pm with many great prizes*

**Admission: Adults £5.00**  
**Children under 13 free**

Proceeds to: Sheffield Children's Hospital, Helen's Trust & St. Peter's Churchyard Maintenance fund.	Edensor Bakewell DE45 1PH
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**Edensor Village Coronation  
Lunch Celebration**

On Sunday 7<sup>th</sup> May, in celebration of the King's coronation, residents of Edensor village along with their friends and families joined together for a community afternoon tea style picnic.

The weather was incredibly kind and the sun shone brilliantly throughout the whole event. Lots of games were played by all and we even had a fleeting visit from the king himself!

Residents and committee members tried their hand at baking a Coronation Cake and I have to say, very impressive indeed.

## Message from The Padley Centre

Dear friends at St Peter's & St Anne's,

RE: Donations

We would like to thank you for your very kind and generous donations of various clothing, bedding, household goods, etc.

Donations such as these are invaluable in enabling us to continue delivering our services and will be used to support the delivery of our Padley Centre in Derby providing services to people who have experience of, or are at risk of, homelessness:

*Food, clothing and toiletry parcels to those in need;*

*Prepared meals for those choosing between eating or heating;*

*Cooking courses providing recipes for balanced nutritious meals on a budget;*

*Activities to support well-being and mental health;*

*Activities providing the simple pleasures we all take for granted, such as watching a film, reading a book and sharing a meal with friends;*

*Activities encouraging engagement with appropriate support services;*

*Access to support services such as substance misuse;*

*Access to services to support physical health conditions*

*Have a haircut, a shower and wash their clothes.*

*Self-contained supported accommodation to develop the skills to maintain a tenancy;*

*Obtain the support needed to make positive life changes.*

Last year we cooked 2,757 hot meals for people visiting our Day Centre and those out in our community without access to cooking facilities. We handed out 2,044 food, 549 clothing and 1,215 toiletry parcels. We have 18 people staying in our 18 supported flats. We have also had 1,357 visits to our Day Centre seeking support and attending our sessions.

Without the generosity of the people of Derby and Derbyshire our services to people who are at risk of homelessness, poverty and social isolation wouldn't be possible.

With the kindest of regards and many thanks.

Carol Clayton

Padley House Administrator

Padley Centre

[carolclayton@padleygroup.com](mailto:carolclayton@padleygroup.com)



# **BEELEY** **in** **BLOOM**

**24th & 25th June**

**11am - 4pm**

**Open Gardens, Teas**  
**Art Show, Stalls**

Proceeds to Cavendish Village Hall Beeley  
Registered Charity 506300

## **BEELEY IN BLOOM**

Every year Beeley's residents have invited the public into the village to raise money for the Cavendish Village Hall. We bring in visitors, sell programmes, serve refreshments, run stalls and organise events.

This hard work pays off. In the past we've funded a new roof, double glazing, and storage heating. Your efforts this year will help us to maintain our valuable community space for the future.

We will open on both Saturday and Sunday between 11am and 4pm  
Chesterfield Art Club will exhibit again in the hall.

Parking will be in the field up Pig Lane as usual.

## God - the Three in One Trinity Sunday 4<sup>th</sup> June

This month we celebrate Trinity Sunday. The doctrine of the Trinity is one of the most important of the Christian faith, for it goes to the very heart of what God is like. The Bible is quite clear: there is one God, but He is revealed in three 'persons' – the Father, the Son, and the Holy Spirit.

Have you ever wondered at what point in the Bible God is revealed as being more than one person? Well, you don't have to read very far: only to Genesis 1:26, where God (Elohim – a plural noun) says: Let US make man in OUR image. (Gen. 1:26)

The Bible reveals a pattern: God the Father lives in heaven and has never been seen. God the Son became the incarnate Jesus Christ, who made known to us the Father, and God the Holy Spirit, who is unseen, has been sent to live within and to equip His people, the Church.

The Trinity is basic to our salvation – for these three persons in the one Godhead have combined to save us from our sins: it is the WILL of the Father, the saving WORK of the Son, and the indwelling WITNESS of the Holy Spirit. (John 14:16, 23-26).

### **BASLOW CHOIR SUMMER CONCERT**

Baslow Choir will be performing their Summer Concert on Saturday 24<sup>th</sup> June at 7.30pm in All Saints Church Curbar.

They will be singing a variety of music including two pieces from *Westside Story*, *Sure on this Shining Night* by Morten Lauridson, *A Cycle Round Britain* arranged by Geoff Richards and other pieces for a summer's evening.

There will also be piano duets performed by Andrew Marples and David Mayo-Braiden.

*Tickets £10 for adults, £5 for children which includes refreshments in the interval.*

Tickets are available from [tickets@baslowchoir.co.uk](mailto:tickets@baslowchoir.co.uk), [wegottickets.com](http://wegottickets.com), Baslow Spar Shop, choir members, ring 07745385976, or on the door.

### **3<sup>rd</sup> – 11<sup>th</sup> June - communities will count wildlife in ‘undisturbed’ churchyards**

Parishes across England and Wales are registered to participate in Churches Count on Nature, an annual scheme where people visit churchyards and record the plant and animal species they encounter.

The biodiversity survey, supported by environmental charities A Rocha UK and Caring for God’s Acre, as well as the Church of England and the Church in Wales, will take place from 3<sup>rd</sup> to 11<sup>th</sup> of June this year.

In the last two years, 900 counting events took place across churches in England and Wales, and over 27,000 wildlife records were submitted. Churches across all denominations take part in the count each year.

The data will be used to determine where rare and endangered species are located in the country, and also to

aid churches of all denominations to increase biodiversity on their land. This year, species on some of the 17,500 acres of churchyards in England alone will be mapped, with a further 1,282 acres of churchyards in Wales.

As graveyards and church land are usually undisturbed, they can be host to a great variety of wildlife not seen in other green spaces. Old churchyards often have fantastic flowery and species-rich grasslands.

Churches Count on Nature is part of Love Your Burial Ground Week.

The Bishop of Norwich, Graham Usher, who is the Church of England’s Lead Bishop for Environmental Affairs, said: “Hundreds of thousands will have watched Sir David Attenborough’s new documentary on wildlife in the British Isles. Registering for this initiative is a brilliant way for churches to encourage a local response and help to restore the natural habitats on our doorstep.”

### **The Contented Life - spirituality and the gift of years**

*By Robert Atwell and Joan Bakewell, Canterbury Press, £9.99 (Book Review)*

As a new bishop, Robert Atwell was challenged by a number of older church members, who make up the biggest majority in most congregations. Why, they asked, was there always so much for the young; what was there for them? This book grew out of his response.

Atwell argues that 60 really is the new 40 for increasing numbers of people. The retired are a huge consumer category, increasingly recognised by marketing gurus. They may have disposable income, time on their hands, and the leisure of choice - but wisdom, humour and honesty are essential for these transitional decades too. The author’s background in Benedictine life, with its profound understanding of what makes for a balanced and rich life, enhances this book.

## **An estimated 15.7 million Ukrainians need humanitarian assistance**

Christian Aid is warning that since the Russian forces invaded Ukraine, “An estimated 15.7 million Ukrainians need humanitarian assistance. This includes 7.1 million internally displaced persons (IDPs) living in private homes with host communities and in collective centres.”

Millions of Ukrainians are living in damaged homes or in buildings which are inappropriate for their needs. Winter temperatures can plummet to as low as -20C in parts of the country.

Christian Aid is working with partners to provide hope and to ensure people survive and rebuild. Its partner organisations provide shelter, distribute lorryloads of food, and give out life-saving medical equipment, hygiene kits, baby incubators, lifesaving drugs, thermal blankets, and trauma kits. They also offer a shelter for refugees, where women and children are prioritised so that they don't need to sleep at overcrowded railway stations.

Christian Aid says: “Every prayer, every gift, every action brings hope to the people of Ukraine. By joining us, you can give hope to our brothers and sisters in Ukraine.”

If you can help, go to: <https://www.christianaid.org.uk>.

## **Does the past haunt you?**

A lady had driven her car into a ditch, and there she sat. When the police arrived, they asked her what had happened. “I was looking in the rear-view mirror, instead of looking at the road ahead,” she explained.

What a thought! There is no way to go forward if your eyes are focused on what's behind – either in driving, or in life. A lot of people ‘ditch’ themselves because they can't take their eyes off the past, can't focus on the future, and move ahead, with hope in God.

Give up all hope for a better yesterday. You can't change the past. It is dangerous to obsess over it. Instead, consider that there are over 500 verses in the Bible that tell us that God is merciful and longing to forgive us and restore us if we only turn to Him. As Isaiah wrote: ‘Do not remember the former things, neither consider the things of old. For behold, I am doing a new thing...’ (Is 43:18,19). So why let the past ruin your future? Let God begin to do that ‘new’ thing in your life.

## **The brilliant Pascal**

*by Tim Lenton.*

Four hundred years ago, on 19<sup>th</sup> June 1623, Blaise Pascal was born in central France. This brilliant mathematician, physicist, theologian and philosopher invented one of the first mechanical calculators – among many other things.

Pascal, whose mother died when he was three and who was brought up by his father, was prominent from a young age in different scientific fields – he laid the foundation for the modern theory of probabilities, created Pascal's principle of pressure, invented the hydraulic press and the syringe, and devised a primitive roulette wheel while searching for a perpetual motion machine.

He created his calculator – the Pascaline – to assist his father, then the local administrator at Rouen, in his tax assessments. It operated by counting integers and thus was in a sense the first digital calculator.

At the age of 31 he had a mystical experience that he called a “night of fire”, which changed his life.

After that he became involved closely with the Catholic Church (as was his similarly brilliant sister, Jacqueline) and wrote extensively on theological matters, insisting that men must be brought to God through Christ alone. His scientific training lent his Christian writing a strength of argument, and he produced many memorable quotes, such as the words he put in Jesus' mouth: “Be comforted; you would not be looking for me if you had not found me.”

Pascal was never a well man, possibly suffering from coeliac disease, and died in great pain in 1662, probably from a combination of stomach and brain cancer. One of his last major achievements was introducing the first bus service to Paris, using a carriage with many seats on a fixed route at a fixed price. Whereas most buses are late, this service was before its time and closed in 1675.

## **Bible Society to sponsor a garden at RHS Tatton Park**

Bible Society says it is “excited” to be sponsoring a garden based on Psalm 27 at the RHS Flower Show Tatton Park in July. Psalm 27 is a profound meditation on loss, fear and faith.

Inspired by designer Ollie Pike’s reflections on burial grounds – “scenes of sadness, but also of hope and spiritual refreshment” – the Psalm 27 Garden will aim to lead visitors on a journey through pain to peace.

Ollie Pike first heard the psalm when attending a funeral. “Its hopeful

message was very comforting at a time of sadness,” he said.

“The psalm speaks to me of protection and to be hopeful. It gives a feeling of comfort in difficult moments and to have faith that things will improve.”

The garden follows Bible Society’s sponsorship of Sarah Eberle’s Psalm 23 Garden at the RHS Chelsea Flower Show in 2021. The Psalm 23 Garden won a gold medal, Best Sanctuary Garden and Best Construction.

Bible Society hopes to use this garden to “introduce people to biblical wisdom, and to help them see that the Bible can speak to them today.”

## **How more protein could help prevent your midlife spread**

Eating more protein can help prevent your midlife spread, partly by suppressing your appetite. A recent study has found that people eat 210 calories more per day when they are on a low-protein diet.

Yet most of us aren’t eating enough protein. A study from the University of Sheffield found less than half of over-65s studied met the official UK reference nutrient intake (RNI) of 0.8 grams of protein per kilogram

(2.2lb) of their body weight per day – or about 50g a day for a 10st person.

Adding an egg, smoked salmon, authentic Greek yogurt, nuts, or half a can of beans on two slices of wholewheat toast and a 250ml glass of milk, can all help.

The great thing about protein is that it is so filling you might not need to snack. But if you are still peckish, avoid biscuits, chocolate and crisps, and instead choose nuts and seeds, cooked chicken, a bowl of Greek yogurt or a small piece of cheese.

## The leasing of Hong Kong

by Tim Lenton

*Have any of our readers ever lived in Hong Kong? If so, what are your views on the change-over?*

Just 125 years ago, on 9<sup>th</sup> June 1898, Britain leased Hong Kong from China for 99 years, and it became a British Crown Colony. It was transferred back to China in 1997.

The original contract was arranged to ensure that the territory could be defended efficiently. Claude MacDonald, the British representative in the talks, said he decided on a 99-year lease because he thought it was "as good as for ever": at the time the UK did not think it would ever have to give the territories back.

The Chinese Government had already agreed to make Hong Kong a Crown colony in 1842, following British victory in the First Opium War. Although the 1898 lease specifically referred to the New Territories, a productive inland area north of Hong Kong Island, it was agreed that the island and the

Kowloon Peninsula would also be returned to China in 1997, and at midnight on July 1 of that year it was handed over in a ceremony attended by international dignitaries including Prime Minister Tony Blair and Prince Charles.

The new Hong Kong chief executive agreed on behalf of China to maintain a two-system capitalist government with some independence from China, although China had sovereignty.

Since then, there have been civil disobedience protests about increasing Chinese influence, notably in 2014, 2019 and 2020. Some Christians have supported these protests, but so far there have been no overt curbs on religious freedom, except where religious activities have been interpreted as political.

Hong Kong's population is now in decline – a process precipitated by harsh restrictions during the pandemic.

It was 75 years ago, from 24<sup>th</sup> June 1948 to 12<sup>th</sup> May 1949, that the Berlin Blockade and Airlift took place. The Soviet Union began a rail, road and canal blockade of Berlin, cutting off all routes between West

Germany and West Berlin. The Allies launched a massive airlift – over 200,000 flights – to take in nearly 9,000 tons of supplies each day.

## **‘Yes, I’m an atheist churchgoer’**

*Does everyone who attends church actually believe in God? It may seem an odd question, but Dr Peter Brierley has some unexpected statistics.*

An English vicar had a regular church attender who came to church on average twice a month, and who volunteered to keep the church hall tidy. He also frequently helped out by doing practical repairs or improvements. But – he didn’t believe in God, in Jesus or the Bible!

In another church, while the PCC was discussing worship, the lady church treasurer suddenly said, “Yes, that’s all very well, but what about those of us who don’t believe?”!

An American university survey undertaken in 2022 by the Public Research Institute found that 29% of people who said they were atheists “sometimes” went to church. Another survey by Christian Today found that 1% of atheists went to church regularly, even weekly!

The obvious question to these findings is “Why does someone who clearly doesn’t believe in God go to a church set aside for the worship of God?”

An article published in Backyard Church on 3<sup>rd</sup> April 2023 suggested three reasons:

- 1) Some go to keep their spouse happy, usually the wife dragging the husband along.
- 2) Some go for the sake of their children, to increase family bonding.
- 3) Some go because they want to feel part of a community, and church communities are usually very friendly, welcoming and open.

In the 2021 Census, while 37% of English people said they had No Religion (which is not the same as being an atheist), just 14,000 (0.02% of the population) wrote in the word ‘Atheist’ in answer to ‘other religion’.

Sadly, no survey in Britain seems to have ever asked atheists if they go to church!

In a 2011 study, 12% of the UK population said they were spiritual AND religious and 34% said they were spiritual but NOT religious. Clearly this is a debatable topic!



**16<sup>th</sup> June**

**Richard of Chichester,  
wanting God more  
clearly, dearly and nearly**

Ever wonder where the prayer ...

*'May I know thee more clearly, love thee more dearly, and follow thee more nearly, day by day'* comes from?

Richard of Chichester, a bishop in the 13th century, wrote it.

He began life as Richard de Wych of Droitwich, the son of a yeoman farmer. But Richard was a studious boy, and after helping his father on the farm for several years, refused an advantageous offer of marriage, and instead made his way to Oxford, and later to Paris and Bologna to study canon law.

In 1235 he returned to Oxford, and was soon appointed Chancellor, where he supported Edmund, Archbishop of Canterbury, in his struggles against King Henry III's misuse of Church funds. After further study to become a priest, Richard was in due course made a bishop himself. He was greatly loved. He was charitable and accessible, both stern and merciful to sinners, extraordinarily generous to those stricken by famine, and a brilliant legislator of his diocese. He decreed that the sacraments were to be administered without payment, Mass celebrated in dignified conditions, the

clergy to be chaste, to practise residence, and to wear clerical dress. The laity was obliged to attend Mass on Sundays and holy days, and to know by heart the Hail Mary as well as the Lord's Prayer and the Creed.

Richard was also prominent in preaching the Crusade, which he saw as a call to reopen the Holy Land to pilgrims, not as a political expedition. He died at Dover on 3rd April 1253. In art, Richard of Chichester is represented with a chalice at his feet, in memory of his having once dropped the chalice at Mass! One ancient English church is dedicated to him.

And, of course, he is author of that famous prayer, now set to popular music, which runs in full: "Thanks be to thee, my Lord Jesus Christ for all the benefits thou hast given me, for all the pains and insults which thou hast borne for me. O most merciful redeemer, friend and brother, may I know thee more clearly, love thee more dearly and follow thee more nearly, day by day."

## The letter is in the Post....

*David Pickup, a solicitor, considers the do's and don'ts of our letters*

*After this letter has been read to you, see that it is also read in the church of the Laodiceans and that you in turn read the letter from Laodicea. (Colossians 4:16)*

We all like getting post, so drop a friend a line if you can! A nice card, or a letter. But what if it goes wrong?

Suppose the pile of letters on the mat includes a letter for your neighbour which went to you by mistake, a brown envelope addressed to a Mr Smith, but the address is yours. There is a letter for a relative who is at college and another from an ex-partner who has been making a nuisance. The letter for Smith looks official and your relative is getting mail from a bank.

Technically you should put misdirected mail into the post-box. It is a bit worrying that Mr Smith's mail comes to you. You could just put the wrong letters through the right letterboxes. It is a crime to open other people's post. It is even a crime to delay mail getting through.

Don't box the mail deliverer's van in! It does no harm to phone your relative to say they have mail, and you could offer to send it on. Would you

offer to open it? You might think it is good news from Aunt Agatha but if it is something personal it would be embarrassing.

If you keep getting letters at your address, but not to you, just put 'wrong address' on the envelope and return it. If you throw away mail meant for someone else, it is a crime as well.

Supposing you then go to the post-box and see the post office worker there can you give it to them or do you have to post it in the letterbox? If you do drop in it the mail and then realise you posted the wrong letter can you get it back?

You can give it to the mail worker, but he or she is unlikely to let you take out mail that has been posted. As soon as it is in the post office or box then the Royal Mail has to deliver it. If you think your letters are being stolen, you should contact the Royal Mail.

Sometimes letters get held up, but generally the Royal Mail is excellent and the daily delivery service is an essential part of the community.

# 75 years since the arrival of Windrush

by *Tim Lenton*

It was 75 years ago, on 21<sup>st</sup> June 1948, that the passenger ship HMT Empire Windrush docked in London, bringing the first large group of immigrants from the West Indies to the UK.

It was a result of the British Government's invitation to people from Commonwealth countries to settle in Britain and help rebuild the country after the devastation of the Second World War. The promise was one of prosperity and full employment, and the Windrush – ironically built and launched in Germany in 1930 – carried more than 1000 people, though the figure is often given as 492. In fact, there were probably 492 men from Jamaica, but also men and women from other islands, plus Polish men and women.

Most of the Caribbeans remained to settle permanently, despite mixed reactions. The first of what became known as the Windrush generation were housed temporarily in the Brixton area, where Windrush Square – an

open space in front of the Brixton Tate Library – marks their arrival.

The Windrush generation generally defines everyone who emigrated to Britain from the Caribbean between 1948 and 1971, at which point all Commonwealth citizens living in the UK were given the right to remain. In 2018 a scandal emerged involving ineptitude by the Home Office which had resulted in people from this generation being wrongly detained, denied legal rights and threatened with deportation. It was calculated that more than 80 had been wrongly deported.

These people had been living and working in the UK for decades but had never been provided with the official paperwork, and the Home Office had kept no record of those granted leave to remain. The UK Government apologised, and the Home Secretary at the time, Amber Rudd, described her department's performance as "appalling".

## Reflecting Faith - The Lectern (part 2)

*The Revd Dr Jo White continues her series*

Why not have a good look at the lectern in your church, to see what it was made from and if it has a particular design.

There seem to be two distinct styles for lecterns, either a 'simple' plain book holder or one in the shape of a bird. Both styles are usually made from either wood or gilt metal (brass).

The bird is an eagle - often holding the world in its talons. The intention being that the eagle is known as the most powerful bird, which can fly the highest and longest without pausing and so can take the Word of God - the Bible that it holds - to all the places in the world.

There are 44 mentions of eagles in the Bible, but just two to include here:

In Exodus after the Israelites have left Egypt and crossed the Red Sea they camp in the wilderness, where they are, not surprisingly, worried about what will happen next. Shall we say 'there's a bit of grumbling and groaning' going on?

So God calls to Moses with words to encourage them, *'The Lord called to*

*him from the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself.'* (Ex 19: 3- 5)

And the second is one to uplift us all when we are in need of support:

Isaiah in chapter 40 is trying to describe how awesome and powerful God is and concludes that even our youth will grow weary in comparison. However, *'those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.'* (Is 40: 30 – 31)

So perhaps as we hear the words of the Bible passage read to us from that symbolic figure we are reminded to both trust in the Lord and to gain inner strength.

*This month*

As you hear the Bible passage(s) read from the lectern during this coming month, listen not just to the words themselves but reflect on their intention to encourage you.

## **Archbishop of Canterbury speaks about depression – and Winnie the Pooh**

The Archbishop of Canterbury has said that he takes antidepressants so that he can maintain an "Eeyore status", instead of "something much worse."

He referred to his depression during a recent lecture he gave in Canterbury Cathedral, where he also spoke of having sought professional help for his mental health.

Archbishop Welby said: "As the psychiatrist I see tells me, the aim is not to make me so laid back that I'm horizontal, but just to settle things enough that I react like an average sort of human being. I'm sad when things are sad, and happy when they're happy, and so on and so forth."

The Archbishop went on to say that he likens human emotions to the characters in Winnie the Pooh, and compared himself to Eeyore, the often melancholy donkey, as opposed to a "bouncy" Tigger.

The Archbishop said that taking antidepressants "restore me to Eeyore status from something much worse." He went on: "Some of us are Tiggers, some of us are Eeyores. Probably, some of us are many of the other characters in Winnie the Pooh."

Archbishop Welby then recalled a conversation he'd had with a former Archbishop of Canterbury. "Rowan Williams once said to me: 'There is almost no human situation that cannot be explained with the hermeneutical tools of Winnie the Pooh.' Only Rowan could say that and be both humorous and profound at the same time."

## **The number of working days lost to sickness skyrockets**

Did you take time off work last year? Many of us did.

In fact, according to recently released official figures, a record 185.6 million working days were lost, due to sickness or injury. That is even more than during the first year of lockdown. In fact, 2022 was the

worst year for sick days since 1995, according to the Office for National Statistics (ONS). 138.2 million days were lost in 2019.

The most common reasons we gave were minor illnesses, including coughs, colds, flu or tummy upsets. Respiratory conditions also overtook mental health as the fourth most common reason for absence in 2022.

## God in the Sciences

*Dr Ruth Bancewicz, who is based at The Faraday Institute for Science and Religion in Cambridge, writes on the positive relationship between Science and Christian faith.*

### **A scientist reflects on God's heart for the suffering**

It's difficult as a scientist to hear information that is fascinating, but which also involves so much suffering for other people. I worked for a time in a leukaemia research lab. We had to let other people's pain drive our research without it crippling our ability to concentrate on our work. But, during lockdown, I found myself – as a biologically-educated bystander – avoiding looking into the science of COVID-19, because the reminders of its impact on people's lives were everywhere that I looked.

One of the ways I managed my own feelings during the pandemic was by digging deeper into what God has revealed to us about His character, letting that fuel my faith, my prayers, and my actions. For more academic types like myself, study – particularly of the Bible – can be one of the primary ways we connect with God and hear from Him. It's not wrong to be comforted by books, so long as the contents turn our eyes upwards and outwards.

First of all, God hears: "The Lord is close to the broken-hearted" (Psalm

34:18a). In Jesus God took on human form, and He showed us His heart for the world. When His friend Lazarus died, He wept (John 11). God is "the Father of compassion and the God of all comfort" (2 Corinthians 1:3).

Human sin has affected the whole of creation, and I believe this is largely the direct impact of our mismanagement of creation and mistreatment of each other. COVID-19 may well be another animal's friendly virus, pushed by human activity into causing havoc in bodies where it doesn't belong.

But God's world remains good. It is still fruitful, praising Him, as Psalm 19 describes. Even pictures of a deadly virus can seem beautiful – especially to a biologist! These good things are hints of the promised "new heavens and new earth" mentioned in the New Testament. One day "creation itself will be liberated from its bondage to decay" (Romans 8: 21), and for everyone who follows God, "He will wipe every tear from their eyes" (Revelation 21: 4).

Behind the debates about suffering is sometimes the assumption that God doesn't care. My experience is that God does care deeply, and He invites His Church to care for those around them – especially the most vulnerable. He is with us, He hears us and grieves with us, He helps us and promises a better future.

## **‘Love Matters’:**

*Archbishops' Commission on Families & Households publishes its final report*

In a recently published report (‘Love Matters’), the Archbishops’ Commission on Families & Households has made a series of recommendations about how families and households can best flourish.

It calls on institutions – from the Church of England to the Government – to put ‘family’ at the centre of their thinking; and individuals – whether married, single, or in a couple – to commit to relationships of all kinds that lead to the flourishing of one another.

‘Love Matters’ says that the quality of family relationships matters more than the form a family takes. It argues that although for many the concept of family has evolved, the essential values underpinning flourishing family life remain the same.

Drawing on a rich body of primary data collected through extensive research, the Commission outlines five ambitions to support and strengthen family life.

It urges that society must:

*Value families in all their diversity, meeting their basic needs by putting their wellbeing at the heart of Government policy-making and our community life, including religious communities.*

*Support relationships throughout life, ensuring that everyone is able to*

*develop and maintain loving and caring relationships, manage conflict well and promote the flourishing of individuals and families.*

*Honour singleness and single person households, recognising that loving relationships matter to everyone.*

*Empower children and young people, developing their relational skills and knowledge, recognising their value and agency, and protecting them from harm and giving them the best start in life.*

*Build a kinder, fairer, more forgiving society, removing discrimination, division and deep inequality for the sake of every family and household.*

Established in March 2021 by the Archbishops of Canterbury and York, the Families & Households Commission was asked to explore what families and households of all shapes and sizes need in order to flourish. The report lays out a number of [recommendations](#) to the Church of England and the Government about how this can be achieved.

Welcoming the report, the Archbishop of Canterbury, the Most Revd Justin Welby said: “‘Love Matters’ encourages us to prioritise the hopes, needs and aspirations of families – in all their diversity. As followers of Jesus Christ, we are called to share the overflowing love of God...As this report demonstrates, there is much to celebrate but there is a great deal still to do if we are to ensure the flourishing of every family and household.”

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It was 20 years ago, on 20<sup>th</sup> June 2003, that the Wikimedia Foundation was founded in Florida. The non-profit charitable organisation operates several websites, including Wikipedia.

## **UK foodbanks busier than ever**

More food parcels were given out in the UK this past year than ever before. During December 2022, an emergency food parcel was handed out the equivalent of every eight seconds.

These are the most recent figures from the Trussell Trust, which supports more than 1300 foodbanks in the UK.

In all, the charity says it gave out nearly three million food parcels between April 2022 and April 2023. More than one million of these were for children.

These three million parcels from the charity's foodbanks represent a 37-per-cent increase in England on 2021. And more than 760,000 people used a foodbank for the first time, which is up more than one third in 2021-22.

Soaring inflation and energy costs have driven the increase in demand. The charity reports an unprecedented rise in the number of employed people using their foodbanks, because they are "no longer able to balance a low income against rising living costs."

The problem now, says the trust, is that food donation levels are not keeping up with the need. "This is putting us under a lot of strain."



## **Baslow Health Centre – Church Lane, Baslow**

[www.baslowhealthcentre.co.uk](http://www.baslowhealthcentre.co.uk)

### **Appointment Times:**

Clinicians are still available for consultations and medical advice. Please contact the surgery and a GP or Nurse will call you back to discuss your concerns and if necessary arrange to see you in person. Many problems can be dealt with over the telephone.

### **Patient Online:**

Have you registered to use the online service? This allows you to book or cancel appointments on line (during normal service) and order your repeat medications. You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

### **Telephone Numbers:**

Reception: 01246 582216  
District Nursing Team 01332 564 900  
Health Visitor: 01629 816633

### **Normal Surgery Opening Times**

**Mon, Tues, Wed, Thurs & Fri**  
8am-6.30pm;

(closed Bank Holidays)

(Phones 8am – 6.30pm Mon - Fri).

### **Surgery Closure**

The surgery will be closed on the following dates:

**Wednesday** - training pm

14<sup>th</sup> June & 12<sup>th</sup> July

### **Ordering Repeat Medication**

You can order repeat medications in the following ways:

- In writing or with our on-line access service
- Return your repeat request form to surgery by Post or Fax

Please allow **three** working days before collection and **collect between 8am and 5pm**

**Prescriptions can be collected from reception inside the surgery.**

**Samples** – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag, if provided, either through the letterbox or at reception.

**Test Results** – Please ring for test results after **2.30pm** as we do not receive test results back from the hospital until lunchtime.

**For Urgent Calls when we are closed call 111**

8	9	2	1	4	6	7	3	5
5	1	7	3	2	8	9	6	4
6	4	3	9	5	7	8	2	1
7	5	8	4	6	9	3	1	2
9	3	6	8	1	2	4	5	7
4	2	1	7	3	5	6	9	8
2	8	5	6	9	4	1	7	3
3	7	9	2	8	1	5	4	6
1	6	4	5	7	3	2	8	9

May solution  
☞

1	5							
				6	4			
	3	6		2	9	1		
	7			1	2			
8	9						4	1
			3	9			2	
		7	9	4		2	3	
		5	7					
							8	6

June Sudoku  
☞

## Clock

I am the keeper of time,  
I hold each small, set span  
within its own appointed bounds.  
Then one by one, I let them go.

They meet their fate with man.  
Used or squandered at his will,  
each passes by, full charged  
with hope to change a waiting  
world.

Mine is the grace to give.  
For me, the privilege to offer time.  
For man, the power to make it work  
in man's own interest and good.

So grasp the challenge  
while you may.  
This moment will not live to see  
another day.

*by Megan Smith*

## When a little bit more exercise can help a lot

A recent study suggests that for every additional 500 steps you take each day, you may be lowering the risk of heart issues by 14 per cent.

To put it another way, this recent study found that adults who took fewer than 2,000 steps a day were 77 per cent more likely to experience a cardiovascular event in the following three years than those who took about 4,500 steps a day.

"We were surprised to find that every additional quarter of a mile, or 500 steps, of walking had such a strong benefit to heart health," said one professor of epidemiology at the University of Alabama. "While we do not want to diminish the importance of higher intensity physical activity, encouraging small increases in the number of daily steps also has significant cardiovascular benefits."

## **Worried that your life is changing beyond recall?**

A wise farmer rotates his crops. No one thing should always be grown in the same place. In fact, change and diversity are the key to long-term health. It is the same for us: for us to be at our most productive, we must not be surprised if God suddenly rests us from 'growing corn,' and gives us something else to do instead. Often it is something we would never have imagined!

Life is lived in seasons: in each of our lives, there is a time to do this, a time

to do that. Too many of us lose our sense of self-worth and direction because we don't understand when we're leaving one season and entering another in life. We struggle and want to hang on to what we had.

But sometimes God wants to give us something new, to make us productive at every stage of our life. God will never put you in a place too small to grow. You may be asked to grow in ways that seem uncomfortable at first, but He is out to develop you fully, in every aspect of your being – not just the ones at which you are already good!

If you would like to place an advert for your business in our parish magazine, then please contact Liz Bradshaw for more information on prices etc. - [liz.bradshaw@w3z.co.uk](mailto:liz.bradshaw@w3z.co.uk) -

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READINGS & ROTAS FOR JUNE 2023

<u>ST. ANNE'S, BEELEY</u>		<u>FLOWERS &amp; BRASSES</u>	
4	3pm Family Communion	Revd Stephen Monk	Sarah Porter
11	9.30am Holy Communion	Revd Canon Matt Barnes	“ “
18	9.30am Morning Prayer	David Neale	Barbara Hawksworth
25	9.30am Holy Communion	Revd Stephen Monk	“ “
<u>ST. PETER'S, EDENSOR</u>		<u>SIDESMEN</u>	
4	10.45am Holy Communion	Revd Stephen Monk	Mr & Mrs Wardle
11	10.45am Holy Communion	Revd Canon Matt Barnes	Mike Pindar/Gillian Caird
18	10.45am Matins	David Neale	Mr & Mrs Gordon
25	10.45am Holy Communion	Revd Stephen Monk	R S Sherwood/Diana Walters
<u>COFFEE</u>		<u>CLEANING</u>	<u>FLOWERS</u>
4	Ann & Tony Hubbuck	Mrs Day/Mrs Walters	Christine Robinson
11	Clive & Joy Thrower	Mr & Mrs Jackson	“ “
18	Jane Dickson/Kate Green	Mr & Mrs Wardle	Edensor Day flowers
25	John & Gill Caws	Mr & Mrs Grealey	Diana Walters
<u>READINGS</u>	<u>ST. PETER'S</u>	<u>ST. ANNE'S</u>	
4	<b>Isaiah 40:12-17, 27-end</b> <b>Matthew 28: 16-end</b>	Gloria Sherwood	TBA
		<i>Trinity Sunday</i>	
11	<b>Acts 11: 19-end</b> <b>John 15: 12-17</b>	John Caws	Rupert Turner
		<i>Barnabas the Apostle</i>	
18	<b>Exodus 19: 2-8a</b> <b>Matthew 9: 35 -10.8</b>	Diana Walters	Fiona Lichfield
		<i>Second Sunday after Trinity</i>	
25	<b>Jeremiah 20: 7-13</b> <b>Matthew 10: 24-39</b>	David Jackson	Claire Cadogan
		<i>Third Sunday after Trinity</i>	

**Man and wife (Smile...)**

With Bible in hand, I read to my Sunday school class: "For this cause shall a man leave his father and mother and cleave to his wife.' Okay," I said, "from this Scripture, what do we learn is important in marriage?" A voice at the back blurted: "Cleavage!"

Items for the **JULY** magazine should reach me **NO LATER THAN MONDAY 12<sup>th</sup> JUNE** : email to: [liz.bradshaw@w3z.co.uk](mailto:liz.bradshaw@w3z.co.uk)

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