

OCTOBER

2020



# The Bridge



BEELEY WITH EDENSOR  
including CHATSWORTH, CALTON LEES & PILSLEY  
PARISH MAGAZINE

Rev'd Canon D. Perkins,  
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(Church website -[www.stpetersedensor.org](http://www.stpetersedensor.org))

October 2020

*'The Disciples said to Jesus, "Increase our faith!" (Luke 17 verse 5)*

In a book entitled "Children's letters to God" there is a letter from Anna. It reads like this "Dear God, I wished on a star two times this week, but nothing happened. Now what? Anna."

And then there was the Irish woman whose windows looked across to the mountains of Mourne. One day she thought she would have a go at shifting them if faith could move mountains. So she shut her eyes and said her prayers. When she opened her eyes again there were the mountains just as they had always been, shouldering their way down to the sea. "Oh sure," she said, "I never thought he could do it."

Perhaps in all of us there is something of Anna and something of the Irish woman; the child who believes God can work wonders and the sceptic who doesn't think he will.

Do we think that if God knew we had complete union with the divine creative power we could in fact remove mountains, or walk on water, or silence the storm? Well yes we probably would. Remember Peter, full of faith, walking on the water to Jesus? And then he panicked, suddenly realised what he was doing, lost his faith and started to sink. It is true that all things are possible by faith. But it is also true that the way of God has never been about impressing people. He is not a magician. Jesus healed people, raised the dead, walked on the water and calmed the storms – all to demonstrate God's glory, but also to demonstrate his love. Jesus healed people because they were ill; he calmed the storm because his disciples were terrified, not because he felt like working a couple of miracles that day. With God, power, love, mercy and justice all go hand in hand. And for us, real faith in him must mean the same. Having faith in God becomes as basic as breathing.

Walking on water, calming the storms and moving mountains may not be on our agenda, but there are other mountains in our lives that are not exactly physical. There are problems, fears and difficult relationships. By faith we could look differently at someone we find impossible. By faith we could look

with the eyes of Christ, and understand with the mind of Christ and respond with the love of Christ. Ending a quarrel, or taking a step towards a stranger, or making a decision about a course of action could all feel like lifting a heavy load or removing a mountain. The good news of the Gospel can really live for us if we can translate it in these ways into our everyday world.

Let us resolve to open our eyes wider and start living by faith in a truly amazing God.

Every Blessing  
Canon Dave

**The Countess and Earl of Devonshire**  
**[Edensor & Chatsworth] Charity**

Young persons between school leaving age and under 25 years of age who are resident in the Parishes of Edensor & Chatsworth may apply for financial assistance towards the cost of preparing for entry into a profession, trade or calling. This may include provision for further education.

Applications are invited with immediate effect. The closing date for applications is **31<sup>st</sup> October 2020.**

All grants are at the discretion of the trustees and Application Forms for grants can be obtained from the clerk:

Mr I T Else, Estate Office, Edensor.  
Tel: 01246 565300/email: [ian.else@chatsworth.org](mailto:ian.else@chatsworth.org)

**Telephone Numbers**

<u>St. Anne's</u>	Wardens:-	Rupert Turner	01629 732794
		Fiona Swain	<i>ex directory</i>
	Treasurer:-	Fiona Lichfield	01629 813382
<u>Both Churches</u>	Safeguarding:-	Sarah Porter	01629 732365
			07866695132
<u>St. Peter's</u>	Wardens:-	Elizabeth Bradshaw	01246 582421
		David Jackson	01246 583452
	Treasurer:-	Mark Titterton	01246 582245
		e-mail: <a href="mailto:mtitterton@me.com">mtitterton@me.com</a>	

## **A Message from Pilsley Post Office & Village Shop**



In these difficult times, especially with our maturing local residents still being careful, I am very happy to deliver any emergency grocery items/essentials to you in Pilsley and Edensor. We can arrange payment over the phone by card.

Let's show that the Pilsley and Edensor community can support each other!

Best wishes  
Sarah Titterton

Sarah is also able to collect prescriptions from Baslow surgery for residents of Pilsley and Edensor, just contact her to let her know.

## **The 'Young Ones'**

This is the time of year when we congratulate our young people on their exam results. This year has been so very different and difficult for them and we hope that the results they did obtain came somewhere close to what they were expecting after their hard work. Whatever this next stage in life holds for them we send them our very best wishes.

### **GCSE**

*Oliver Cadogan* - Studying for A levels at Winchester School

*Sophia Hinxman-Allegri* - now at Highfields School to study for A levels

*Oscar Porter* - now at UTC Sheffield (*University Technical College*) to study for A levels

### **A Levels**

*Felicity Dowding* - University of S.Wales to study Natural History & Media

### **M.A.**

*Katie Hill* has gained an MA in Heritage Management from Queen Mary, University of London

## Let's Celebrate ~ 150 years of St. Peter's

This year, 2020, celebrates 150 years of the present St. Peter's Church, when the final payments for the work of re-building were made.



Unfortunately, due to the COVID-19 pandemic, all the events planned to celebrate the 150<sup>th</sup> Anniversary of St. Peter's have had to be cancelled.

We hope very much that we will be able to hold these events next year.

Watch this space!

### A Date for your Diary - October

#### 20\* **Beeley Heritage Group Meeting - 7pm Beeley Village Hall**

Keith Blood talking about *The Bamford Dams Part 1*

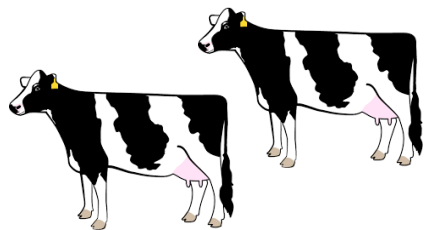
*\*To be in line with Government guidelines this meeting is subject to confirmation/cancellation - please check nearer the date of the meeting.*

## We love milk, but from where?

Dairy cows have serious competition these days: a third of young people are now opting for vegan milk instead. Recent data from the global market research firm, Mintel, has found that 23 per cent of Britons now use plant-based milk. It has become most popular among the 16 to 24-year-olds.

Many millennials have switched to soya milk because of environmental

concerns, but the Sustainable Food Trust has recently warned that vegan milk could actually be far more harmful to the environment. They say that grass-fed dairy milk poses less of a threat to the Amazon and other rainforests than many soya products do.



## Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraising and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the church.



### To Register

- Go to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)
- Click on **Register**
- Choose **Saint Peter's Church - Chatsworth Park** as your charity and fill in the rest of the form

### To Shop

- Go to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)
- Search for your store in the alphabetical list
- Go ahead and shop

Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to 15% from every purchase you make is donated to St. Peter's Church.

## JUST GIVING AT ST. PETER'S

We now have a **JustGiving** page, where people can donate to St Peter's at any point, the link is <https://www.justgiving.com/edensor-stpeters>.



If you normally give to St. Peter's through an envelope in Church, you can still support our mission by giving online and following the link at Just Giving. <https://www.justgiving.com/edensor-stpeters>.

### St. Peter's Church 100 Club August Draw 2020

1st prize £30 no. 23 Lynne Clark  
2nd prize £20 no. 20 Margaret Nelson

**Funds to church this month - £50**

Ann Hall

### BAKEWELL & ASHFORD FILM SOCIETY

In view of the latest government advice, especially looking at our age profile, we have decided to suspend BASH Film Society for the foreseeable future.

Joy Thrower, BASH secretary

## ST. ANNE'S, BEELEY

TheGivingMachine is a unique registered charity that enables you to generate sales commissions with every online purchase. They convert these commissions into free donations for the schools, charities and other community organisations you choose.

**St Anne's, Beeley** is one of the organisations you can support. The donation is calculated without going via another website so doesn't affect your shopping experience.



Please sign up at <https://www.thegivingmachine.co.uk>

### **Church of England and RSCM await next steps following study into singing safety**

The Church of England and Royal School of Church Music (RSCM) have been awaiting updated guidance on singing in places of worship after findings of a Government-backed study were published.

The research project, known as 'PERFORM', recently published its findings on measuring aerosol production from humans. It measured singing, speaking and breathing in a zero-background environment.

Researchers reported a steep rise in aerosol mass with increase in the loudness of the singing and speaking,

rising by as much as a factor of 20-30. However, it was also found that singing does not produce substantially more aerosol than speaking at a similar volume.

The RSCM's Director, Hugh Morris said: "We welcome this news. Singing is of such importance in worship, and this is a really encouraging step towards its safe resumption.

"It is of course vital that all choirs and singing groups follow the relevant government advice, and so we look forward to receiving the latest guidance in this important area." The Church of England and RSCM both regularly update their advice following the publication of Government guidance.



## **Early bird discount for new garden waste scheme**

Early bird discounts are available now for Derbyshire Dales residents subscribing to a new garden waste collection scheme.

It costs a discounted £35 for Dales households that subscribe for the 2021/22 year to the garden waste service now – the equivalent of less than 68p a week.

The new scheme, starting on 1 April next year, generates funds to offset the increased cost of the District Council's new waste and recycling contract, which began last month.

Derbyshire Dales joins more than half of all UK councils now charging residents for garden waste collections. The councils that make a charge include 39 of the 50 authorities most similar to Derbyshire Dales District Council.

In the coming weeks all local households will receive a leaflet delivered by contractor Serco, inviting them to take advantage of the discounted price online at [www.derbyshiredales.gov.uk/gardenwaste](http://www.derbyshiredales.gov.uk/gardenwaste) There's also a hotline number for residents without internet access. The discount offer closes at the end of January 2021, when the subscription price rises to £50.

The cost of the council's new waste and recycling contract has risen by £1-million a year after Dales residents made it clear they wanted the District Council to maintain current service levels, which are the best in Derbyshire.

It means fortnightly collections of dry recycling and residual household waste have continued with the new contract, together with weekly food waste collections.

A cheaper deal could have been struck by making household waste collections less frequent - but in resident surveys local people rejected this idea.

Councillors voted by an overwhelming majority at a special council meeting at the end of last year for Serco to continue to deliver the waste and recycling contract for the district and also agreed to approve the new charge for collecting garden waste.

Free garden waste collections will continue for all 34,000 households across the Dales until April next year.

A District Council spokesperson said: "Charging for garden waste collections was a decision councillors took reluctantly, but we have to raise extra revenue to balance out the impact of the increased cost of the new waste and recycling contract.

"Due in part to additional safety features and improved environmental standards, vehicle prices have risen sharply. Added to this, staff wages have increased significantly and are likely to continue to rise.

"We have also specified new technologies such as 360 degree cameras and in-cab technology, which adds to the cost. At the same time, the price obtainable for recyclables has fallen substantially."

For frequently asked questions go to: [www.derbyshiredales.gov.uk/gardenwasteFAQs](http://www.derbyshiredales.gov.uk/gardenwasteFAQs)



## Fly-tipping

*David Pickup, a solicitor, considers a common nuisance.*

*<sup>14</sup> ... The king sent them after the Aramean army. He commanded the drivers, 'Go and find out what has happened.' <sup>15</sup> They followed them as far as the Jordan, and they found the whole road strewn with the clothing and equipment the Arameans had thrown away in their headlong flight. So the messengers returned and reported to the king. (2 Kings 7:14-16)*

One good thing about coronavirus has been the reduction of litter on the roads. When the burger shops were shut, people did not buy a snack, eat it on the way home and then throw the plastic container and the milkshake mug and straw out the car window.

What possesses people to do this? For another type of anti-social behaviour has increased: fly-tipping. Council tips have been closed, so irresponsible people have decided to turn a field entrance or a pathway into another tip. Fly-tipping costs money to deal with and it is also dangerous to people and wildlife.

The government is tackling this problem and there are heavy fines and even imprisonment for the offenders. Quite right, but it is not only the tipper who is responsible. You have an old settee and some bags of rubbish and need someone to dump it. A man with a van offers to do it for £20 in cash. A week later

you get an email from the council to say that you are going to be investigated for fly-tipping as the man simply dumped your stuff on a roadside, and someone recognised the sofa and there were letters to your home address in the bags.

Or here is another scenario: you are going on holiday and decide to leave some rubbish at the back of your house. You phone a mate to come and collect it, but they forget. Both of these scenarios could result in a heavy fine.

In the 2018/19 year, local authorities in England dealt with over one million fly-tipping incidents, nearly two thirds of which involved household waste. But fly-tipping is a criminal offence punishable by a fine of up to £50,000, or 12 months imprisonment if convicted in a Magistrates' Court. The offence can attract an unlimited fine and up to five years imprisonment if convicted in a Crown Court.

What can we do as responsible people? We can report fly-tipping to the local authority and if there is a serious problem, we can ask our local and parish councillors what is being done about it.

When you go for a walk, you might sometimes take a rubbish bag with you, to collect stray litter. Just make sure you protect yourself with rubber gloves, and take care on the roads.

## When Oxford accepted women

*A significant cultural milestone was passed 100 years ago this month. By Tim Lenton.*

A century ago, on 7<sup>th</sup> October 1920, Oxford University allowed women to become full members and study for full degrees for the first time, and the first 100 women were admitted.

Women had been attending lectures, taking examinations and gaining honours since the 1870s. Four women's colleges were established in those years – but no woman had been allowed to graduate and receive a degree, although between 1904 and 1907 the so-called “steamboat ladies” travelled to the more liberal University of Dublin to graduate.

The 1920 decision was retrospective, and so at the first

ceremony at which women were able to graduate more than 40 women did so. The first was Annie Rogers, who had achieved first class honours in Latin and Greek in 1877, and first class honours in Ancient History in 1879. She graduated on 26<sup>th</sup> October 1920.

Despite this leap forward, a quota limiting the number of female Oxford students to fewer than a quarter of the men was not removed until 1957, when the Warden of Wadham College, Sir Maurice Bowra, described it as “foolish and finicky” and declared that women were a “civilising influence”.

Cambridge University did not give women equal status until 1947.

## Honey, honey!

If your grannie gave you honey when you had a cold, she was right.

Research published in The British Medical Journal has found that honey is especially good for treating upper respiratory tract infections (URTIs) such as the common cold.

Honey has anti-microbial and anti-inflammatory properties. These do better at soothing your cough and

sniffles than any of the over-the-counter remedies. In fact, URTI sufferers who were given honey suffered their symptoms for up to two days LESS than those who did not use honey.

All good news, especially as honey is cheap, readily available, and has virtually no side effects.

## Struggling towards relinquishment (part 1)

Here is the first of a three-part series by Tony Collins. He considers the question of how much STUFF do we really need in our lives?

I confess, I am a petrolhead.

I don't have the dosh to buy the cars that truly quicken the pulse, but buying and selling at the tragic end of the market as I do, I get a lot of pleasure from cars with toys – rear view cameras, wing mirrors which fold in when you lock your vehicle, decent air conditioning. Because the machines I buy are routinely six years old and the veterans of hard use from sales reps, these toys tend to break off in my hand, causing me unreasonable levels of irritation.

But the craving for the dream motor persists. I've had five in two years. "You change your vehicle more often than your underpants," observed my golf partner.

Thanks to their nifty algorithms, my Facebook feed is full of adverts tailored to my taste in cars. They know an addict when they see one.

Fourteen years ago, however, I married Penelope Wilcock, a lady deeply committed to another rhythm of life, for whom simplicity is not so much an aspiration as a world view. Pen has raised five daughters, served as a Methodist minister, conducted hundreds of marriages and thousands

of funerals, and written more than twenty books, so she is no stranger to intense activity.

But she has set her face firmly, over the decades, towards the goal of minimalism, and – through the metamorphosis which occurs as you grow close to someone – I have been caught up in her wake.

Pen has succeeded in getting rid of most of her possessions. I built her a wardrobe, perhaps three feet wide, which contains virtually all she owns. Both of us have Kindles, which accommodates our love of books. Her goal is that when she dies it will take not more than a morning to sort out her estate.

She takes the same attitude to other matters. Her diary is uncluttered. She is generous with her modest income.

Now Pen has set out her ideas for living more with less in a new book, *Relinquishment*. Subtitled *Making space for what really matters*, it develops the premise that you cannot achieve simplicity in any sphere of life without relinquishment. Where your treasure is, there will be your heart, as Jesus observed.

More about relinquishment next month!

[Relinquishment](#) by Penelope Wilcock is available from Amazon, in paperback and ebook.

*Tony Collins has worked for most of his life as a publisher. He is now a literary agent.*

## 10<sup>th</sup> October: Thomas Traherne - lover of nature

Thomas Traherne (1636 - 1674) is a good saint for anyone who loves our planet, and who wants to preserve Creation. This 17th century poet and clergyman wrote extensively about his love for nature, seeing in it a reflection of the glory of God.

Traherne was not of a literary family, for his father was either a shoemaker or innkeeper in Hereford. But Traherne did well at the Hereford Cathedral School and went on to Brasenose College Oxford. From there he became rector of Credenhill near Hereford in 1657, and ten years later was appointed to be the private chaplain to Sir Orlando Bridgeman, the Lord Keeper of the Great Seal to King Charles II, who lived at Teddington.

Throughout his years at Credenhill and then Teddington, Traherne led a simple and devout life, and his friendliness drew people to him. He was described as “one of the most pious ingenious men that ever I was acquainted with”, and being of “cheerful and sprightly Temper”, ready to do “all good Offices to his Friends, and Charitable to the Poor almost beyond his ability”. Aside from his beloved books, he seems to have possessed very little.

Instead, he poured his energy into his writings, which had an intense, mystical, metaphysical spirituality. His poems and prose frequently mention the glory of Creation, and his intimate relationship with God, for whom he had an ardent, childlike love. Traherne has been compared to later poets such as William Blake, Walt Whitman and Gerard Manley Hopkins, and his love for nature has been seen as very similar to the Romantic movement, though he lived two centuries earlier.

He is best known for his *Centuries of Meditations*, which has been described as “one of the finest prose-poems in our language.” Lost for many years, and then finally first published in 1908, it was a favourite of the Trappist monk Thomas Merton, the Christian humanist Dorothy Sayers, and the writer C.S. Lewis, among others. C.S. Lewis considered *Centuries of Meditations* “almost the most beautiful book in English.”

Traherne died in 1674, and is buried in St Mary's Teddington, under the church's reading desk. Today he is counted as one of the leading 17th-century devotional poets.

## How is your garden growing?

*Coronavirus has not stopped gardens growing, nor our love of them....*

This year's Green Health Awards were just one of many activities to be cancelled because of the current situation. Whilst churches have been closed their gardens have continued to grow and many of these will have been used for therapeutic gardening.

But have these been growing wild or have enthusiasts found ways round the rules and regulations to tend and care for them?

Have some special plants been given new homes where they have been encouraged to thrive in these unusual times before they can be returned to more holy ground?

We would like to find stories of how therapeutic gardening may have been underway despite lockdown.

We have already discovered some - the group of gardeners from St Pancras Hospital who volunteer at St Paul's Woodland Garden in Camden have been missing their weekly visits during lockdown. The garden was the overall winner of the Green Health Awards organised in 2018 by Church Times, The Conservation Foundation and Guild of Health and St Raphael, in association with the Church of England.

Green City Projects' Ben Ledden and Catherine Tidnam, who run the garden, arranged for seeds, baby plants and compost to be delivered to them by the hospital's activity worker, Tom Parnell. "Our patients struggle with severe mental health issues and it has been great for us to continue to feel part of St Paul's during this time", Tom explained. A WhatsApp video call with Ben and Catherine helps keep them in touch with their hospital garden growing and tomatoes, basil, squash, peas, courgettes, cucumber, basil and sunflowers are coming along. Said one patient, "It felt like we were off the ward and at St Paul's Garden again".

Meanwhile our friends up on the roof of Manchester Cathedral report they have been kept busy. "We are still in lockdown, but the Volition bees carry on as usual no lockdown for them. Neither are they thinking about social distancing as they overcrowd their hives getting ready to swarm. Weekly inspections are going ahead in line with Defra guidelines on livestock. All hives at Manchester Cathedral are as they should be for the time of year."

The Bishop of Carlisle is a great supporter of using church space for therapeutic gardening projects and as lead bishop for health chairs the church's Green Health initiative. As

*Continues at the bottom of the next page....*

## **Ivy – never underestimate its goodness!**

*by Kirsty Steele, a retired teacher and active church organist.*

Autumn is in full swing but there is at least one plant that is in full bloom. Not spectacular to look at, yet ivy is an important source of nectar for bees, moths, flies and wasps, and while they are not most people's favourite insects, they all play a vital part in Nature's jigsaw.

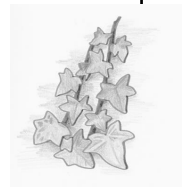
Ivy produces flowers from September to November. Spherical clusters of greeny-yellow blobs, which on closer inspection have endearing little horns with knobs on! The resulting fruits are dark berries with ridged sections, resembling tiny black footballs each containing five seeds. Poisonous for us, but birds love them.

Ivy is one of the few native climbing plants that can reach a substantial size. Contrary to popular belief, it is not a parasite. Its stems have lots of fibrous, adhesive-covered, roots which cling to buildings, brickwork, trees, telegraph poles, in fact just

about anything to help it gain some height. However, when it comes to nourishment, that comes via the roots in the ground. [There's not much nutritional value in a brick.] Although ivy does not normally damage sound buildings or walls, and is rarely a threat to healthy trees, its weight can cause problems.

What a useful plant it can be! Providing shelter, hibernation and nesting sites for birds and insects, its glossy green leaves are happily munched by sheep, goats and deer. These leaves, so familiar, are different shapes according to whether they are on flowering or growing branches. The flowers are surrounded by heart- or spear-shaped leaves, while the rest of the plant has the three- or five-pointed ones we all recognise.

Many legends involve ivy. But has anyone discovered why although mentioned in the first line of the carol 'The Holly and the Ivy', it is absent from the rest of the verses?



*Continued from previous page...*

he says "Almost everyone agrees that the Coronavirus pandemic has had a significant effect on people's mental health and wellbeing across the country. That's why it is more important than ever that we use the

green spaces around church buildings for therapeutic gardening as part of our co-ordinated effort to tackle mental health issues'.

If you have some good news from your garden do let David Shreeve know at [david.shreeve@churchofengland.org](mailto:david.shreeve@churchofengland.org).

## 12<sup>th</sup> October: Edith Cavell, nurse

Edith Cavell is a good saint for NHS workers this year: she cared for the sick despite the danger to her own safety.

Edith was a vicar's daughter from Swardeston in Norfolk, where she was born in 1865. She became a governess, but her heart was for nursing, so she went on to train at the London Hospital, before nursing in various hospitals such as St Pancras and Manchester.

When Edith was 42, she decided to go abroad, and was appointed matron of a large training centre for nurses in Brussels. She was still there seven years later, when the First World War broke out and German troops invaded Belgium on their way to Paris and the Channel Ports.

Edith's nursing school became a Red Cross hospital, and she turned down the opportunity to return to the safety of England. Instead, her nurses tended wounded soldiers from both German and Allied armies.

Sadly, in 1915, when the Germans began their occupation of Brussels, they took a dim view of Edith's work. But they would have been even more unhappy had they known she was helping to smuggle 200 British

soldiers across the border into the Netherlands!

Finally, the Germans arrested Edith in August 1915, and put her into solitary confinement. They tricked her into confessing to a charge which carried the death penalty. But Edith refused to show either regret at what she had done, or any fear or bitterness towards her captors.

On 11<sup>th</sup> October 1915, the night before her execution, Edith was visited by the Anglican chaplain to Brussels, the Revd Stirling Gahan. Together they said the words of Abide with Me, and Edith received her last Holy Communion.

She told Gahan: "I am thankful to have had these ten weeks of quiet to get ready. Now I have had them and have been kindly treated here. I expected my sentence and I believe it was just. Standing, as I do, in view of God and eternity, I realise that patriotism is not enough. I must have no hatred or bitterness to anyone."

Edith was shot by a firing squad next day, on 12<sup>th</sup> October 1915.

After the war her body was exhumed and buried in Norwich Cathedral. Her memorial service in Westminster Abbey attracted thousands. A commemorative statue of her stands near Trafalgar Square.

## One in five of us suffer depression

The pandemic has doubled our rates of depression. Now one in five adults are struggling with the symptoms. And yet the peak of the Covid-19 mental health crisis is 'yet to come', according to NHS bosses.

In June the Office for National Statistics released data showing that 19.2 percent of adults were experiencing some form of depression. This figure had almost doubled, from around one in 10 (9.7 per cent), before the pandemic. But NHS bosses warn that up to half a million more patients are expected

to enter the system in coming months.

Those most vulnerable to depression are women aged 16 to 29 who are unable to afford an unexpected expense, or who are disabled.

A spokeswoman for Mind, the mental health charity, says, "It's crucial that mental health is put at the centre of the government's ongoing recovery plans."

A report from the NHS Confederation echoes this, saying that mental health bodies will need "intensive support and investment."

## Don't 'go it alone'

If you are helping others at this time, remember to still leave space and time for yourself. Going the extra mile for other people all the time will only ensure one thing; your collapse. Work in teams. Even the Good Samaritan did not attempt to help the injured man all on his own; he brought in the innkeeper. By sharing the problem, they solved it!

## The Upper Room writing competition 2020

Calling all aspiring Christian writers! The Bible Reading Fellowship (BRF) is offering aspiring writers the opportunity to see their work in print in The Upper Room.

Published in 35 languages, The Upper Room is unique in that its readers are its writers. After the success of

the 2017 competition, this is another chance to write for the publication.

Go to [brfonline.org.uk/urwritingcompetition](http://brfonline.org.uk/urwritingcompetition) for full details on how to enter and tips to get your started. More details from:

[eley.mcaish@brf.org.uk](mailto:eley.mcaish@brf.org.uk)  
or  
[iris.jenkins@brf.org.uk](mailto:iris.jenkins@brf.org.uk)





## Remembering Elizabeth Fry, prison reformer

*Some people make the world a better place for hundreds of thousands of others. By Tim Lenton.*

The prison reformer and philanthropist Elizabeth Fry died 175 years ago, on 12<sup>th</sup> October 1845. She was widely admired during her lifetime and after, and was depicted on the British £5 note between 2001 and 2016.

She was born into the family of a wealthy Quaker banker, John Gurney, in Norwich in 1870. She rededicated her life to Christ at the age of 18 and devoted herself to helping the downtrodden. This she continued to do after her marriage to London merchant Joseph Fry, and while giving birth to 11 children.

She was a minister of the Society of Friends from 1811 and travelled in

England and Europe inspecting prisons and writing reports that were highly influential, transforming gaols from “pits of indecency and brutality” to more orderly places with a new interest in reform. She was admired by both Queen Victoria and Florence Nightingale.

Early on she made frequent visits to Newgate Prison in London, suggesting radical improvements that were adopted both there and in other prisons. She read the Bible to inmates and gave Bibles away, combining social work with proclamation of the Gospel in a way that inspired future generations. Her insights also led to the Prison Reform Act of 1823.

### Dean of Derby on BBC Radio 4

Recently, The Very Revd Dr Peter Robinson, Dean of Derby, took part in a discussion on BBC Radio 4's Beyond Belief programme about the use of water and ritual bathing in religion.

Dean Peter's doctoral thesis was on Christian Initiation focusing on Baptism. Followers of any of the

main religions are more than likely to have undergone a bathing ritual.

Cleansing with water is an integral part of Christian Baptism, Muslim Prayer and Jewish purification. Hindus aspire to bathe in the waters of the River Ganges.

[Read full article](#) on the diocesan website

[Enjoy a recording of the programme on bbc sounds](#)

## Is your face mask making your skin break out?

Face masks are giving us skin complaints. In fact, so many of us are now suffering that the complaint has been given its own name: 'maskne'.

The causes are obvious. Our breath is warm and moist, and every time we exhale into our masks this humid air gets trapped. Masks move, and so we have friction. Added to that is the unpleasant fact that our saliva is actually teeming with bacteria (with more bugs per square inch than even a loo seat!).

Acne mechanica is the medical term for 'maskne'. With all that bacteria being trapped and rubbed against our nose and chin, no wonder 'mask breakouts' are rising dramatically.

Stress is another cause for skin complaints, and the pandemic has given many of us huge stress this year. We may face crippling anxiety over job security, finances, the health of loved ones, social isolation, or even being trapped in an abusive household. No wonder our faces are breaking out in a rash!

### *Litter Virus*

By Nigel Beeton

*A face mask is a helpful thing –  
It traps those nasty germs!*

*An extra message I must bring*

*In these poetic terms:*

*When you've finished with your mask*

*A bin is simply found*

*So drop it in – an easy task!*

*Don't leave it on the ground!*

Nigel writes: 'Followers of my poems will possibly recall that I have something of a problem with litter. I completely fail to understand how anybody thinks it's OK to just drop stuff for some kind of fairy to come along later and clear up. I admit that I am probably turning into a grumpy old man, but now, due to a completely unnecessary and avoidable side-effect of the virus, I'm grumpier still!'

## Beauty ranges left on the shelves

Covid-19 has even affected women's make-up routines. In many cases, they simply haven't bothered.

The lack of demand for foundation, lipstick, eye makeup and hair-dye has been so great in recent months that 350 products have been pulled from supermarket shelves. Research from

Edge by Ascential, the ecommerce consultancy, found that overall, there was a 60 per cent drop in sales.

Claire James, an analyst for IRI Insights, the retail experts, said that social distancing measures have meant that cautious shoppers no longer browse health and beauty aisles. "It will be interesting to see if routines will remain simpler as lockdown eases and people return to the office."

## **What is the origin of evil spirits?**

*This article is adapted from a book by the late Canon Richard Bewes, formerly of All Souls Langham Place, London, 'The Top 100 Questions' (Christian Focus)*

Halloween is the month of ghosts and witches and evil spirits. Have you ever wondered where evil spirits come from, and how we are to view the unseen world of evil and occultism?

The Bible tells us that evil spirits come from the created angelic order. They were not created as evil beings, for all of God's creation was good (Genesis 3:1). The Bible tells us that a number of angels, headed by Satan, or Lucifer, rebelled against God's authority and fell (Isaiah 14:12-15; Ezekiel 28:11-19).

The serpent, Satan, is leader of the fallen angels, and opposes himself to God. But evil and good are not co-equal. 'Dualism' (belief in the equal and permanent existence of evil alongside the good) has no place in the Bible. Unlike goodness, evil has a beginning and will have an end. Satan's final destruction is already assured. (Revelation 12:12; 20:10).

The world of the occult (from the Latin: *occultus*, 'secret', 'hidden') is the intrusion into the forbidden territory of superstition, fortune telling, magic and spiritism. Its downfall is finally

assured through Jesus. His early ministry established a bridgehead against the evil unseen world; hence the hostile, and sometimes violent, reaction of the demons. (Mark 1:23-27; 32-34).

Jesus had no fear of demons, and nor need the believer. It is important that Christians avoid becoming obsessed by the unseen world – to the extent that we become either intimidated, or fascinated. After the showing in London of a film featuring the occult, a number of cinema viewers went for counselling. They were under the impression that they had been 'taken over' by evil spirits. They had not. All 20 recovered after a course of prescribed tablets. They had only been victims of suggestion.

We are wise, then, not to imagine, as some do, that every sin, habit, illness or misfortune is due directly to the activity of the Devil and must therefore be 'exorcised'. Terrible damage has been done in this respect by well-meaning but uninformed Christian leaders.

Faced by Christ's authority, the kingdom of spirits has no option but to shrink and retreat. Magic spells and charms have no power over the true Christian (provided we do not open ourselves to their influence), for 'the One who is in you is greater than the one who is in the world'

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(1 John 4:4). If we resist the devil, he will flee from us (James 4:7). All occultism is to be ruthlessly shunned (Leviticus 19:31; 1 Samuel 28; Isaiah 8:19, 20; Acts 19:18-20).

The Bible is quite clear that the demonic world is already doomed and defeated (Colossians 2:15;

Hebrews 2:14,15). It is the death of Jesus that has achieved this victory. We are to be confident, but not complacent – for Satan’s kingdom has yet to concede its defeat at the Cross. Its final destruction will be at the return of Christ.

### **Report: The toll of lockdown on low-income families**

Coronavirus has left low-income families struggling with a significant deterioration in living standards and high stress levels. So warns a new report from Child Poverty Action Group and the Church of England.

The report, [\*Poverty in the pandemic: The impact of coronavirus on low-income families and children\*](#), is based on a survey of families with children who are eligible for free school meals.

It found around eight in 10 respondents reported being in a worse financial position than before the pandemic, and half were much worse off because their income had fallen while costs have risen.

Nearly nine in 10 respondents reported spending substantially more than before on food,

electricity, and other essentials – usually because they have been at home much more. Many families also said that the cost of food had gone up significantly during the early part of lockdown.

The Bishop of Durham, Paul Butler, who speaks for the Church of England on matters relating to children and families, said: "In these unprecedented times, we all need to ask ourselves urgently how we can help our neighbour. It is also imperative that the Government does all that it can to protect families and children."

Alison Garnham, Chief Executive of Child Poverty Action Group, said: "Low-income parents have been living under a cloud of anxiety in lockdown - trying to find money for family basics as their costs have been rising. That's taken a very heavy toll."

## Moral questions from the pandemic

*The Ven John Barton compares a film of a pandemic to the real thing.*

You may have missed it at the time. The movie 'Contagion' didn't make much of an impact when it was released for public viewing in 2011. Perhaps it was thought to be unrealistic. It was about a highly contagious, unknown virus, transmitted by an infected bat to a pig in a Chinese marketplace. From there it spread like wildfire round the world.

It was fiction then of course, but not so far-fetched as to be distant from reality, as we now know. Deadly viruses, and the plagues they cause, have been part of world history since time began. In the early days, when travel between continents was infrequent, their spread was slower and usually confined to local regions.

The way the film's imaginary plot develops bears an uncanny resemblance to what we have experienced this year. Panic buying empties supermarkets, whole populations adopt social distancing, scientists work flat out to identify the virus and then search for a means to combat it. Meanwhile, millions are infected, and quarantines are imposed.

The story progresses far beyond the reality which is familiar to us. The irresponsible use of social media and false rumours of a cure lead to the looting of pharmacies. Emergency food supplies are ransacked, law and order break down. Troops police the streets. Then there's a breakthrough: a vaccine is discovered. But that raises a new moral problem: who will get it first and what would be a fair distribution system?

The movie is still available via Netflix, or you can buy a DVD online. Despite the inevitable carnage of the pandemic and the suffering it portrays, it contrives to have a relatively happy ending.

In real life, we haven't got that far yet. But, please God, we will. After all, most deadly diseases are now under control and both vaccination and immunisation are part and parcel of everyday life; old 'uns take it for granted that their GP will summon them for an anti-flu jab each winter.

But we may face an ethical dilemma when it comes to a vaccine for Covid-19. If there's an initial shortage, who should get it first? Should money come into it? Are Christian principles applicable?

## **Discovering the vital route from Atlantic to Pacific**

*Some discoveries change world history.*  
By Tim Lenton.

It was 500 years ago, on 21<sup>st</sup> October 1520, that Portuguese explorer Ferdinand Magellan's Spanish expedition to the East Indies discovered the Strait of Magellan at the southern tip of Chile.

His ships, backed by King Charles I of Spain (soon to become Charles V of the Holy Roman Empire) were seeking shelter in a bay after a foiled mutiny when they unexpectedly found that they could continue sailing west – though the route among many islands and channels was tortuous, with mainland South America to the north and Tierra del Fuego to the south.

Until the creation of the Panama Canal in 1914, this was a vital passage between the Atlantic and Pacific Oceans, though it has a cold, foggy climate and is prone to fierce storms. Wrecks of ships can be seen along its banks.

Magellan and his men took over a month to get through the strait (or straits). During that time the master of one of the remaining ships mutinied and sailed home.

The surviving ships continued on what became the first circumnavigation of the globe, though Magellan himself was killed in a fight with natives in the Philippines, and Spaniard Juan Sabastian Elcano took command.

## **Our teenagers are the least happy in Europe**

So says the Children's Society in its recent Good Childhood Report, an annual consideration of childhood in the UK.

The Church of England charity found that 15-year olds in the UK score lower levels of life satisfaction than those in 24 other European countries. Levels of poverty, a lack of close friendships and pressure in

school have all been found to contribute to the problem.

Chief executive of the Children's Society, Mark Russell, said: "Modern life has been chipping away at our children's happiness during the last decade. We need action and for the Government to provide long-term investment to stop this toxic trend."

## God in the Sciences

*This series is written by Dr Ruth M. Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith. [www.faraday.cam.ac.uk/churches](http://www.faraday.cam.ac.uk/churches) and <http://www.cis.org.uk>*

## Do the Bible and Science contradict each other?

For the Christian, the Bible is God's word to us; it tells us about His character and creative purposes, how He has related to people in the past, and His promises for the future.

Science is a specific way of studying the world, exploring the physical properties of things – a wonderful way to explore God's creation. So, the question to ask if the Bible and Science seem to be contradicting each other is, have we made a mistake in interpreting one or the other?

Science is very good at answering certain types of questions: 'What size is it?', 'How fast does it travel?', 'What is it made of?', and so on. Questions like 'What's it for?', 'What should I do with it?', and 'What's it worth?' can't be answered using scientific methods. Some of the misunderstanding in discussions of science and religion come from not recognising the limits of science.

It's also important to recognise what the Bible is, and what sorts of questions it can answer. The Bible was written well before people began to

investigate the world in ways we would recognise as scientific. Of course, people in the Ancient Near East were studying the world around them, observing the movements of the stars, the processes of life and death that happened all around them, the seasons, the behaviour of physical objects, and so on. But they did not study the mechanisms underlying these things systematically using the tools of science, and they did not see or describe the world in scientific terms – not because they weren't intelligent, but because science as we know it wasn't happening at that time.

Instead, the biblical writers used words that were commonly used in their own cultures to record events, share truth and wisdom, and tell stories that convey deep truth about God's character. If we want to understand God's intention in inspiring these words, we need to do some careful work to connect with those ancient writers and find out what they meant, before we can discover what those words mean to us today.

These principles can help us have far more fruitful conversations about science and Christian faith. If we allow any apparent conflict between Science and the Bible to fuel our search for understanding, not only will we learn as individuals, but we will be able to draw others into a conversation that is relevant to wider society today.

## **Noah and the Ark – 2020 version**

*(hopefully this will make you smile...)*

In the year 2020, Noah was living in England when the Lord came unto him and said, "Once again, the earth has become too wicked to continue. Build another Ark and save two of every living thing. You have six months before I will start the unending rain for 40 days and 40 nights."

Six months later, the Lord looked down and saw Noah weeping in his garden, but no Ark. "Noah", He roared, "I'm about to start the rain! Where is the Ark?"

"Forgive me Lord", begged Noah "but things have been difficult. I needed Building Regulations approval because the Ark was over 30 square metres. I've been arguing with the Fire Brigade about the need for a sprinkler system. My neighbours claim that I should have obtained planning permission for building the Ark in my garden because it is a development of the site even though in my opinion it is a temporary structure, but the roof is too high.

"The Local Area Access Group complained that my ramp was going to be too steep and the inside of the Ark wasn't fully accessible. Getting the wood has been another problem. All the decent trees have

Tree Preservation Orders on them and we live in a Site of Special Scientific Interest set up in order to preserve the Spotted Owl. I tried to convince them that I needed the wood to save the owls - but no go!

"When I started gathering the animals the RSPCA sued me for intending to confine wild animals without the proper paperwork. The County Council, the Environment Agency and the Rivers Authority have ruled that I can't build the Ark until they've conducted an Environmental Impact Study on your proposed flood. The Trade Unions insist that I can't use my sons to build the Ark; I can only employ members of the Shipbuilding and Allied Trades union. Finally, Customs and Excise have seized all my assets, claiming I am going to attempt to leave the country illegally with endangered species.

"So, forgive me Lord, but it will take me at least another ten years to finish this Ark."

Suddenly the skies cleared, the sun began to shine, and a rainbow stretched across the sky. "No need for me to destroy the world after all," observed God. "The government has the matter already in hand."



## **Baslow Health Centre – Church Lane, Baslow**

[www.baslowhealthcentre.co.uk](http://www.baslowhealthcentre.co.uk)

**Appointment Times:** Clinicians are still available for consultations and medical advice. Please contact the surgery and a GP or Nurse will call you back to discuss your concerns and if necessary arrange to see you in person. Many problems can be dealt with over the telephone.

**Patient Online:** Have you registered to use the online service? This allows you to book or cancel appointments on line (during normal service) and order your repeat medications? You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

### **Telephone Numbers:**

Reception: 01246 582216

Surgery Fax: 01246 583867

District Nursing Team 01332 564 900

Health Visitor: 01629 816633

### **Normal Surgery Opening Times**

**Mon, Tues, Wed, Thurs & Fri**  
8am-6.30pm;

(closed Bank Holidays)

(Phones 8am – 6.30pm Mon - Fri).

### **Surgery Closure for training -**

Wednesday 14<sup>th</sup> October &  
4<sup>th</sup> November from 1.00pm, re-open  
at 8am on the Thursday morning.

### **Ordering Repeat Medication**

You can order repeat medications in the following ways:

- In writing or with our on-line access service
- Return your repeat request form to surgery by Post or Fax

Please allow **three** working days before collection and **collect between 8am and 5pm**

**Prescriptions can be collected via the side window near the back door.**

**Samples** – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag, if provided, either through the letterbox or at the side window.

**Test Results** – Please ring for test results after 2.30pm as we do not receive test results back from the hospital until lunchtime.

**For Urgent Calls when we are closed call 111**

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2	4	1	8	7	3	5	6	9
6	9	7	4	5	2	1	3	8
5	3	8	1	6	7	9	2	4
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September solution  
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October Sudoku ☞

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## Derbyshire Dales residents urged to report litter and dog-fouling hot-spots



Derbyshire Dales District Council is urging residents to report areas in the district where litter and dog fouling are causing a problem under a new campaign – ‘Don’t be a tosser – bin it!’

After a summer where high volumes of litter were seen across the district, the council is supporting community groups and individuals who are picking up litter and helping to keep it clean. But it’s not just litter, dog fouling continues to be an issue.

“Although 9 out of 10 dog owners pick up dog mess after their pets, that still leaves a significant number who don’t,” said Councillor Chris Furness, Chairman of the Community & Environment Committee at the District Council.

“We’re encouraging residents to help us by putting litter and dog mess in the bin and reporting problem areas to us.”

Community Development Officer, Emma Mortimer added:

“With the information from residents we will target those areas with the worst problems by patrolling and talking to dog owners to encourage responsible behaviour. We will support groups and individuals who want to help reduce the problem in their community by providing pink chalk-based spray paint to highlight dog mess and put up signs.

“To help encourage dog owners to pick up after their pets we are providing dog-mess bag dispensers on our land where we know there is a problem.”

Residents can report a litter or dog fouling hot spot via an online form available at [www.derbyshiredales.gov.uk/reportlitter](http://www.derbyshiredales.gov.uk/reportlitter)

**St. Anne's, Beeley**

**4<sup>th</sup> October 3pm Family Service**

**Due to Government restrictions numbers will be limited. To reserve a place please phone Canon Dave Perkins 01246 386385**

**St. Peter's, Edensor (pre-booked places only)**

**Sunday 4<sup>th</sup> October: (Holy Communion)**

**Dedication Festival St. Peter's**

1 Kings 8: 22-30 *Reader: Roger Wardle* *Stewards: Roger Sherwood/Diana Walters*  
Matthew 21: 12-16

**Sunday 11<sup>th</sup> October: (Holy Communion)**

**Trinity Eighteen**

Isaiah 25: 1-9 *Reader: Trevor Grimshaw* *Stewards: Margaret Perkins/Liz Bradshaw*  
Matthew 22: 1-14

**Sunday 18<sup>th</sup> October: (Matins)**

**St. Luke The Evangelist**

2 Timothy 4: 5-17 *Reader: Gloria Sherwood* *Stewards: Roger & Sue Wardle*  
Luke 10: 1-9

**Sunday 25<sup>th</sup> October: (Holy Communion)**

**Last Sunday after Trinity**

Colossians 3: 12-17 *Reader: John Caws* *Stewards: David & Margaret Jackson*  
Matthew 24: 30-35

**Cleaning Rota for October**

We are very grateful to those who are still able to clean the church. Would you please do the cleaning **on EITHER Thursday, Friday or Saturday**, this is to ensure your safety by keeping a 72 hour space after the Sunday service.

**4** Mike Pindar & Jennie Ball

**18** Diana Walters & Wilma Day

**11** Trevor & Jackie Grimshaw

**25** David & Margaret Jackson

Items for the **November magazine** should reach me **NO LATER THAN MONDAY 12<sup>th</sup> OCTOBER** email to: [liz.bradshaw@w3z.co.uk](mailto:liz.bradshaw@w3z.co.uk)  
'The Bridge' Parish Magazine £1 per copy (£12 per year) from January 2020.