

BEELEY WITH EDENSOR INCLUDING CHATSWORTH, CALTON LEES & PILSLEY PARISH MAGAZINE

### Rev'd Canon D. Perkins, The Vicarage, Edensor, Bakewell, Derbyshire DE45 IPH Tel: 01246 386385 (Church website -<u>www.stpetersedensor.org</u>)

June 2020

Jackie Pullinger graduated from the Royal College of Music in London having specialised in the oboe. At the age of 22 she wanted to be a missionary, so she wrote to various missionary organisations. Unable to find support due to her young age and lack of skills, she sought advice from a priest in Shoreditch, who told her that she should buy a ticket for a boat going as far as she could get and to pray to know when to get off the boat. At first she wanted to go to Africa, but then had a dream that impressed upon her the idea of going to Hong Kong. She followed that dream and went to Hong Kong by boat in 1966. Jackie left her country, family and friends, giving up everything to spread God's kingdom. She arrived in Hong Kong, unable to speak the language, and with only six pounds in her pocket.

Jackie very soon felt drawn to an area called the Walled City. This was a six-acre slum packed with thirty thousand people. It was a lawless place, ruled by violent Triads and completely abandoned by the police. Raw sewage ran down the streets. Drug addiction and prostitution were rife. Surely one solitary girl from England stood no chance of making a difference in such a place?

Yet from these small and unpromising beginnings, God's kingdom spread through the Walled City as God used Jackie to bring hundreds of drug addicts to Christ. So remarkable was her work that she received an MBE from the Oueen in 1988.

Similarly, who would have believed that a faith which began with a carpenter and his rather unlikely group of disciples would end up becoming the world's biggest religion?

In the 13<sup>th</sup> Chapter of the Gospel according to St. Matthew, verses 31-32, Jesus tells a parable. He says, "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs."

The ministry of Jackie Pullinger shows the truth of this parable. Just as the tiny mustard seed grows into a large bush, so God used one young woman in

the most difficult of circumstances to spread his kingdom. Jackie's willingness to give up everything to spread God's kingdom echoes the teaching of this parable.

Jackie Pullinger made many sacrifices to serve God in Hong Kong. Yet looking back over the decades of ministry, she expresses no regrets over all she has given up, but joyfully likens her work to "a party" involving a meal of many courses. Some courses had been sour and some sweet, but overall it was a menu she had savoured.

We, too, can be encouraged that no matter how insignificant we feel and how unpromising our circumstances, God can use us to spread his kingdom. We can also be encouraged that the sacrifices involved in doing so are as nothing to the joy of being part of God's work. In her book 'Chasing the Dragon', Jackie encourages people not just to read about what she has done, but to know the "fun of being involved in our own "adventures" and "battles". Let us pray that God will help us to have the same outlook as Jackie.

Every Blessing Canon Dave

#### FROM THE REGISTERS

ST. PETER'S

# 11<sup>th</sup> May ~ Graveside Committal John Hill aged 87years

Telephone Numbers						
St. Anne's	Wardens:-	Rupert Turner Fiona Swain	01629 732794 ex directory			
	Treasurer:-	Fiona Lichfield	01629 813382			
Both Churches	Safeguarding:-	Sarah Porter	01629 732365			
			07866695132			
St. Peter's	Wardens:-	Elizabeth Bradshaw	01246 582421			
		David Jackson	01246 583452			
	Treasurer:-	Mark Titterton	01246 582245			
		e-mail: mtitterton@me.com				

# A Message from Pilsley Post Office & Village Shop

In these difficult times, especially with our maturing local residents having to self isolate, I am very happy to deliver any emergency grocery items/essentials to you in Pilsley and Edensor. We can arrange payment over the phone by card.



Let's show that the Pilsley and Edensor community can support each other!

Best wishes Sarah Titterton

Sarah is also able to collect prescriptions from Baslow surgery for residents of Pilsley and Edensor, just contact her to let her know.

#### Polite church

(to make you smile....)

"The congregation was wonderful," said the visiting minister after the Zoom service. "They were so polite that they even covered their mouths when they yawned."

# St. Peter's Church 100 Club April Draw 2020

Ist prize £30 no. 41 Mark Titterton 2nd prize £20 no. 87 Evelyn Aris-Fowkes

Funds to church this month - £50

Ann Hall

Don't forget -21st June is Father's Day

# BAKEWELL & ASHFORD FILM SOCIETY

In view of the latest government advice, especially looking at our age profile, we have decided to suspend BASH Film Society for the foreseeable future.

Joy Thrower BASH secretary

# Let's Celebrate ~ 150 years of St. Peter's

This year, 2020, celebrates 150 years of the present St. Peter's Church, when the final payments for the work of re-building were made.



# DUE TO THE CORONA VIRUS THE FOLLOWING EVENTS HAVE BEEN POSTPONED UNTIL FURTHER NOTICE

## Friday 5th June 7.30pm

Janet Gough OBE, (Apsidal Heritage.) 'How to pick a favourite church.'

## Monday 15th June 2:30pm

Christine Robinson: The history of Ice Cream.

We hope that the event below might still take place as planned. However, we will be following Government and NHS advice. Watch this space for further updates or check on our website: www.stpetersedensor.org

## Thursday 17th September 7pm

James Mackay: Acting Animals. A zoologist and former CEO of the UK's National Federation of Zoos, James trains animals for TV and films but how did he get involved in this? What are the 'dos and don'ts? Find out through this lecture and live demonstration. Tickets £12:50

### Mend and make do

According to handicraft expert Kirstie Allsopp, a missing button was the number one reason why 350,000 tonnes of wearable clothing may end up in UK landfill this year.

But that was before lockdown. Now you have time to make do and mend! Rescue and reuse your clothes. After all, it saves money and the planet.

# Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraisng and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the church



### To Register

- •Go to www.easyfundraising.org.uk
- •Click on **Register**
- •Choose **Saint Peter's Church Chatsworth Park** as your charity and fill in the rest of the form

#### To Shop

- •Go to www.easyfundraising.org.uk
- •Search for your store in the alphabetical list
- •Go ahead and shop

Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to 15% from every purchase you make is donated to St. Peter's Church.

#### **JUST GIVING AT ST. PETER'S**

We now have a **JustGiving** page, where people can donate to St Peter's at any point, the link is <a href="https://www.justgiving.com/edensor-stpeters">https://www.justgiving.com/edensor-stpeters</a>.

If you normally give to St. Peter's through an envelope in Church, you can still support our mission by giving online and following the link at Just Giving. <a href="https://www.justgiving.com/edensor-stpeters">https://www.justgiving.com/edensor-stpeters</a>.





In light of the Government guidance around non-essential contact, the Archbishops of Canterbury and York have issued advice that our church building will remain closed to the public until further notice.

## ST. ANNE'S, BEELEY

The Giving Machine is a unique registered charity that enables you to generate sales commissions with every online purchase. They convert these commissions into free donations for the schools, charities and other community



organisations you choose. **St Anne's, Beeley** is one of the organisations you can support. The donation is calculated without going via another website so doesn't affect your shopping experience.

Please sign up at https://www.thegivingmachine.co.uk

### Nature out and about

The lockdown this Spring at least gave Nature a brief respite. Wild goats, herds of deer, sparrowhawks, stoats, snakes, badgers, spawning toads and songbirds all seemed to have enjoyed the peace and quiet.

We, in turn, have enjoyed watching them from our windows. As Mark Thompson, a presenter on *Stargazing Life*, said, "This lockdown is giving people a chance not just to connect with our families, but also to connect with Nature around us. It has given us the chance to recalibrate."

# #Candleofhope

### Help us to light up the world!

As part of Thy Kingdom Come 2020, join us in lighting a candle and placing it on a windowsill at 7pm every evening.

This will be your #candleofhope.

At the same time, pray the Lord's prayer.

We<sup>1</sup>d love to see your pictures of your window candles.

Please share them on social media and use the hashtag #candleofhope



# In danger from domestic abuse?

Domestic abuse is soaring just now. Even as far back as early April, it was up by 30 per cent.

No wonder, then, that charities are urging us to keep an eye out for anyone in danger. The warning signs include bruising, repeated shouting and all types of controlling behaviour.

If someone is in immediate danger, call 999 and ask for the police. If you dare not even speak, then use the

# silent solutions service by dialling 999 and press 55.

If there is no immediate danger, you can still contact the 24-hour confidential National Domestic Abuse helpline on 0808 2000 247.

Refuge, the national domestic abuse charity, estimates about 1.6 million women already experienced domestic abuse last year, and that "self-isolation has the potential to aggravate preexisting abusive behaviours."

# Keep calm – and don't wash your hands raw

The British are good at keeping calm in a crisis. But for those of us who suffer from a mental health condition such as obsessive-compulsive disorder (OCD), the coronavirus pandemic can be a nightmare.

Around 50 percent of OCD sufferers have a fear of contamination from dirt, and so the constant advice to wash your hands may send them into complete overdrive. So one good

piece of advice is for those with OCD to follow the guidelines only, and do not go beyond them.

The charity AnxietyUK may be able to help you. Go to: <a href="https://www.anxietyuk.org.uk">https://www.anxietyuk.org.uk</a>





# New safety measures introduced at recycling centres

Our household waste recycling centres have re-opened (Monday 18 May) – but only for waste that you cannot continue to store safely at home.

Please use your kerbside bins and bulky waste services run by your local and district borough council as you would normally do. And if you're planning to visit one of our centres, check out these golden rules before you travel:

- •Only travel to your local recycling centre if it is essential because you can't continue to store waste safely at home without it causing injury or harm.
- •Check which day you can access our recycling centres based on the last number on your vehicle registration plate if it's an odd number, you can visit on odd numbered days of the month and if it's even you can visit on even numbered days.
- Avoid taking excessive amounts of waste and please don't bring vans or trailers.
- •Please be prepared to queue as social distancing measures mean fewer vehicles will be allowed on site at any one time.

- •Wear protective gloves, appropriate footwear and clothing and only bring what you can safely handle. Staff can't carry your waste as they normally would.
- •Visit on your own unless you need another adult from your household to help carry your waste.
- •Stay at least 2 metres away from staff and other users and wash your hands when you get home.
- •Stay at home if you have had coronavirus symptoms in the last 14 days, are self-isolating or at high risk of contracting the virus.

### **Derbyshire Spirit**

A lot has changed for us all in a very short space of time. But one thing that hasn't is the unbreakable spirit of the Derbyshire people.

The Derbyshire Spirit can be found in every street, village and town. It's about us looking out for each other, following the guidance, staying safe and being kind during the coronavirus pandemic.

### Our Derbyshire Spirit website

showcases a variety of good news stories that show our Derbyshire Spirit. It also shows the hard work of our key workers and gives you the opportunity to get involved with our separate together posters.

You can also share your stories and show your Derbyshire Spirit.

### **Dandelions!**

By Kirsty Steele, a retired teacher and active church organist.

Many of us actually like dandelions. Their amazingly cheerful colour always brings a smile to our faces. The not-so-neat-and-tidy gardeners among us can simply enjoy flowers where they grow.

The name 'dandelion' apparently derives from 'dent de lion' – lions' teeth, owing to the tooth-like shape of its leaves. There are many different varieties of dandelion, but they all have the toothed leaves arranged in a rosette around the single flowers, each one made up of up to two hundred [yes, really!] tiny florets on a smooth stem, that when picked, releases a milky substance known as latex.

The golden heads, which close up at night, in wet weather, or if picked to go in a vase, give way to the seed-heads we all know as clocks. Who cannot remember proclaiming the time as a child, having blown the seeds away, counting each breath as

an hour? And who, if this happened in the garden, remembers the reaction of a parent, or grandparent, to the efficient dispersal of the seeds all over the vegetable patch or flower bed!

In the past, dandelion drinks and concoctions have been valued for their medicinal powers in combating a variety of complaints, and the Victorians used to cultivate them in order to fill sandwiches with the young leaves. Fizzy drinks manufacturers still produce a variety known as Dandelion and Burdock, and intrepid wine-makers can use the flowers to concoct a heady brew.

The roots, some say, can be dried and ground up for use as a coffee substitute. It is those same roots, long and strong, that our grandmothers would water carefully, to the amusement of onlookers, in order to pull them up completely.

To many of us, dandelions are one of Nature's joys.

### Sweet dreams?

From large pink hamsters that smile and wave at you, to cars that can't get off roundabouts, a lot of us are reporting weird, vivid, and intense dreams just now.

Experts say that financial worries, cabin fever and boredom may all be factors. But – on the plus side, there is also the fact that many of us are finally catching up on our sleep. And by waking up without an alarm, we will have better recall of our dreams.

# From Bishop Libby

I commend to you an article this week by +Stephen Cottrell, Archbishop of York designate:

"During the coronavirus crisis, the Church of England has been accused of ... being absent. ... I simply do not recognise it. The Church of England has been astonishingly present, albeit in many new and remarkable ways.

... a church that has set up a daily food distribution point, ... [a] church working with refugees and asylum seekers, ... a telephone visiting service has been set up as well as telephone sermon and prayer lines, ... a church that has started a Zoom Bible study group, ... YouTube assemblies.

These stories are being replicated up and down the country. Most astonishing of all, plenty of churches report very large numbers of people joining their streamed services.

Then there are the funerals we are taking and the amazing work of healthcare chaplains. Is all this a shocking absence? [Perhaps we] are looking for Jesus in the wrong place. ... Even when we do return to the sacred, beautiful space of our church buildings, with all their vital and much-missed resonances of continuity ... it is not one thing or the other. It is not in a building or online. We want to do both.

We learned ages ago that the best way to proclaim the gospel is to live it out. Those who ... have eyes to see it [recognise it]. ... This is most likely to be the poor, the sick, the isolated and the vulnerable. They are well aware of the church's presence with them at the moment. Ask the woman whose only contact with the outside world is a telephone call from the Vicar. Or the family who are kept afloat by YouTube posts. Or those whose only food this week comes from the foodbank run by the local church. Or the bereaved whose loved ones' funeral is being taken this week. Or the two million listeners to Radio 4, or the 600,000 people online who listened to the Archbishop of Canterbury on Easter morning.

All these people recognise Jesus in what they receive. Of course, we could do more. Of course, we've probably made some mistakes.

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[But] might it be better if, as well as being a little kinder to each other, we also looked a little harder to see where God is actually at work through his Church. Then we might see a stronger and more servant-hearted church emerging from this global crisis. Fortunately, the very first message of Easter is as relevant as ever: He is not here. He is risen."

Amen to that.

+ Libby

# #FaithAtHome aims to make prayer a household habit

The Church of England has recently launched #FaithAtHome, a new programme which it is hoped will "make prayer a household habit once again."

#FaithAtHome will feature weekly video content to help families to talk about faith and pray together. The videos will be led by children, young people, staff and school leaders from across the country.

The #FaithAtHome programme will run for an initial I I weeks, until the end of July, and can be accessed at <a href="mailto:churchofengland.org/faithathome">churchofengland.org/faithathome</a>. It will explore themes including courage, patience, generosity, resilience, love and hope.

The Archbishop of Canterbury, Justin Welby, said: "The aim of these resources is to offer simple ways for families and households to approach

complex and difficult topics, such as illness, fear and bereavement. The coronavirus pandemic has forced people to confront difficult and painful questions that none of us can explore on our own.

"My hope and prayer is that #FaithAtHome will not only equip children and young people to engage with difficult questions, but also inspire them."

The Church of England's Chief Education Officer, Nigel Genders said: "Home is the new normal, and faith at home is a habit we need to rediscover. #FaithAtHome will offer people of all ages and faith backgrounds a chance to pause, think and reflect, and to rebuild lost habits of prayer and faithful reflection in the home."

# Terry Waite - on coping with lockdown

Terry Waite spent four years in solitary confinement in Beirut. He says: "In isolation, it is easy to become introspective and depressed. All of us, when we are honest and examine ourselves critically, will discover things about ourselves of which we are not especially proud. I had to learn how to grow a greater acceptance of myself and work towards a deeper inner harmony.

"....Today in lockdown, it's important to keep yourself well. Don't slob around all day in pyjamas and a dressing gown. Dress properly and develop a routine. It's important to have a structure – get up at a certain time, eat regular meals and so on.

"If you have faith, then that will give you resources to draw on", especially if you know some hymns, psalms and prayers by heart. "When I was captured, they were there to call on."

# What kind of stress do you have?

These are stressful days. The towering storm clouds of coronavirus and financial trouble are casting a long shadow over all of us.

Many of us deal with our stress by expressing it. Loudly! We lose our temper, swear, shout and even throw things at our loved ones. We overreact to various personal setbacks because we can't retaliate against the virus or the stock market.

But some of us do the opposite: we under-react. We display 'quiet stress'.

"We quietly hold our stress within: we don't speak up about how we feel. And crucially, we become inert. We don't act on situations that

require action." So warns Jillian Lavender of the London Meditation Centre.

"We stay in unhappy relationships and unfulfilling jobs. We feel overwhelmed, yet we ignore important admin tasks. We procrastinate. Quiet stress creates an emotional paralysis that keeps us 'stuck' in unhappy situations. Inaction is just as much of an inappropriate response to stress as over-reaction is"

A further danger of 'quiet stress' is that instead of taking positive action, people can withdraw into themselves, and turn to comfort eating or drinking too much. This further lowers their immune system.

# Over 6,000 calls in first 48 hours to Daily Hope

A free phone line offering hymns, prayers, and reflections, 24 hours a day while church buildings are closed because of the coronavirus, received more than 6,000 calls in the first 48 hours.

The Archbishop of Canterbury, Justin Welby, recently launched 'Daily Hope' as a simple new way to bring worship and prayer into people's homes, during the lockdown period.

The line – which is available 24 hours a day on 0800 804 8044 – has been set up particularly with those unable to join online church services in mind.

The service is supported by the Church of England nationally as well as through the Connections group based at Holy Trinity Claygate in Surrey and the Christian charity Faith in Later Life.

Within 48 hours the line had received more than 6,000 calls from across the country, with many being referred by friends, family or members. Calls have so far spanned more than 50,000 minutes, with some of those accessing the service listening to the music, prayers and reflections for up to 50 minutes at a time.

The Revd Canon Dave Male, the Church of England's Director of Evangelism and Discipleship, said: "The volume of calls shows that Daily Hope is meeting a need.

We have a duty in these strange and difficult times to find new ways of bringing prayer and worship to people wherever they are, and this is one more way of helping people to connect with God from their own homes.

This is such a simple idea – planned and launched all within a few short weeks by a small dedicated team – but I pray it will bring real comfort, hope and inspiration to people at this time."

Callers to the line hear a short greeting from the Archbishop before being able to choose from a range of options, including hymns, prayers, reflections and advice on COVID-19.

Options available include materials also made available digitally by the Church of England's Communications team such as Prayer During the Day and Night Prayer, updated daily, from Common Worship, and a recording of the Church of England weekly national online service.

# Reimagining the Examen

Welcome to a new take on a 500year-old prayer.

reimaginingexamen.ignatianspirituality .com/

For media inquiries with Loyola Press, please contact Mandy Lemos at <a href="mailto:lemos@loyolapress.com">lemos@loyolapress.com</a>.

Reimagining the Examen is a fresh and customized prayer experience inspired by St. Ignatius's Examen, a practice that helps you review your day with God. With modern Examens tailored to your mood, needs, and situation, our app invites you pray from where you are, wherever you are. Choose from more than thirty guided reflections about relationships, pending decisions, and gratitude, or select the day's allotted reflection.

Either way, you're swipes away from a small but mighty practice—one that brings clarity, mindfulness and grace, and invites God into your nitty-gritty.

Reimagining the Examen, created by Loyola Press, is based on Mark Thibodeaux, SJ's best-selling book, Reimagining the Ignatian Examen, which offers flexible and adaptable versions of the Examen.

#### What is the Examen?

St. Ignatius of Loyola created the Examen to be a very short prayer that can be prayed at any time. In the

Examen, we review our recent past to find God and his blessings in our daily life. Ignatius would say that the Examen should be the most important moment of our day, because this moment affects every other moment.

#### How Do I Pray the Examen?

There are five simple steps to the Examen, which this app leads you through:

- •Relish the moments that went well and all of the gifts you have today.
- •Request that the Spirit lead you through your review of the day.
- •Review your day.
- •Repent of any mistakes or failures.
- •Resolve, in concrete ways, to live tomorrow well.

The Examen brings out God's

#### **Benefits**

presence into the mud and muck of our day. It helps:
unite you even closer to God;
reveal God's perspective on your
everyday life;
stir you to praise God for the
countless gifts that have popped up
in your day, and to find God's
presence in those gifts;
give you an opportunity to recognize
and apologize for your faults, and to
grieve your failures and hurts and
receive healing from them;
bring insight into what is really going
on beneath the surface of your

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thoughts, words, and actions—into the very source of your motivations; you discern how to handle the trickier aspects of your life, to know what gifts you need from God to do the right thing tomorrow, and to ask God for those gifts explicitly.

### Run run run!

Do you think of yourself as a runner? If not, now may be the time to consider taking it up.

According to the NHS, running burns more calories than any other mainstream sport, which is perfect if you want to shed a few pounds.

Running is a cardio exercise, which means it gets your heart rate up and your blood pumping. That not only improves your general fitness, but it is also great for protecting you from heart disease, type 2 diabetes and stroke.

Running also improves your sense of well-being because it releases natural endorphins, which are your mood-

boosting hormones. And if you want maximum benefit, try running in green spaces — being out in nature has a measurable positive impact on your psychological health.

Don't be afraid to start slow. Remember that ANY fitness activity which raises your heart rate and gets you a bit out of breath is good for you. One excellent way to begin is to try alternating a few steps of running with a few steps of walking. That will help build your fitness levels in record time!

Go to <a href="https://www.nhs.uk/live-well/exercise/running-tips-for-beginners/">https://www.nhs.uk/live-well/exercise/running-tips-for-beginners/</a> for the best way to get started.

# Upset? Chill out...

A recent survey carried out by YouGov, on behalf of the Mental Health Foundation, found that more than one in five adults in the UK had felt panicked by the coronavirus, three in 10 had felt afraid, and more than six in 10 had felt anxious. And that was even before lockdown.

One therapist suggests that if you are suffering high anxiety, then turn off the news and social media for a while. Dig out those old films you've always loved, cook a favourite recipe, and get some exercise, to help you relieve the tension in your body.

# Looking for Hope Amongst the Clutter

Jane Brocklehurst on the value of going through our 'sentimental' stuff...and finding some wonderful memories.

In this strange locked down season, because of the coronavirus pandemic, I've noticed a change in the type of pictures posted on social media. In place of the look-here-at-me selfies are snapshots of buds opening to display the colours of spring.

Such hopeful images counterbalance gloomy statistics in the news media. There are also more memory pictures – this is what I was doing on this day years ago with people I love – I wish we could be together now.

While we're not allowed to make the kind of memories depicted in those pictures, we find comfort in memories we already have.

One thing I've done with this unexpected free time is to organize printed photographs into albums. The photos and the albums have been there for a while, waiting for me to get a round tuit. You remember the old joke? Imagine people finding their round tuits in cupboards and drawers all over the country. How would you use yours? To sow seeds that had not been planted? To read the book gathering dust on a shelf?

What else needs tackling? Now may be an ideal time to face the daunting corner where clutter lurks. Daunting because of what you may disturb

among age-old piles of unsorted belongings. Looking squarely at the past may be an unwelcome prospect. It makes us face uncomfortable questions. Projects we may never finish, equipment we cannot use any more, objects of attachment from people we've lost. Isn't that like what we're doing as a nation in these unprecedented times? Issues we have been avoiding are suddenly highlighted through unfamiliar circumstances.

There is much talk about how we're looking forward to getting back to normal on the other side of this international crisis. Some people say they hope things will have changed, that normal will not look the same as it used to, because we have learned valuable lessons about what really matters in life. It's up to us whether or not we rise to the challenge, to reorganize society more fairly, to care more for the environment.

By myself I cannot change the world, but I'm determined to look after the little space that is in my care, not to let it be overwhelmed with needless clutter. Be brave. Use this negative time to make a positive change in your small corner. If you choose to sort it out, I guarantee that amidst all the mess you will find at least one thing, however small, to bring you joy – even if it's just a clean and tidy corner.

# 7<sup>th</sup> June - Without the Trinity, there is no Christianity

The Trinity is easier to say than to explain. Christians believe in one God, made up of three equal Persons. It is fundamental to the Nicene Creed, which sets out the definitive doctrine of the Trinity for more than two billion Christians worldwide, including all Roman Catholics, Eastern Orthodox, Anglicans, Lutherans, Presbyterians and Reformed Christians.

The theologian Ian Paul, writing on the Book of Revelation, points out that chapter five has a wonderful depiction of the Trinity in action. He writes: "...another figure appears in the drama, the lion who looks like a lamb. ... Here is the one who fulfils the hopes of God's people Israel, as the promised anointed Davidic king who was to come. Here is one who

is fierce and powerful enough to conquer their enemies, and tear them apart.

"And yet when John sees Him, He is like a weak and vulnerable lamb who has been slaughtered, just as the Passover lamb eaten by the people, the suffering servant who was 'wounded for our transgressions' and the lamb offered as an atoning sacrifice. He is the one who was slain, but now stands, and shares the throne with God, and with Him sends the Spirit to enact His will on earth. Here we have the most explicit (and perhaps the most complex) Trinitarian statement in the whole New Testament."

From the Rev Dr Ian Paul's excellent blog at: <a href="https://www.psephizo.com/revelation/what-does-rev-4-5-tell-us-about-the-trinity/">https://www.psephizo.com/revelation/what-does-rev-4-5-tell-us-about-the-trinity/</a> (dated May 17, 2017)

# Keep an eye out for the elderly

When did you last see your elderly neighbour? Seriously: are they okay?

During this time of social distancing, it is all too easy to assume that the elderly person you never see is simply safe indoors. But are they? Isolation can be dangerous: it is too easy for them to have had an accident and be unable to call for help.

Why not arrange a system with them whereby you agree that you will give them a quick ring once a day, or even stand outside their house and wave? It only takes a few seconds to make sure they are still on their feet, and that all is well.

If you have several elderly neighbours, why not ask a few of your local friends to help you keep in brief touch with them each day?

# Christians and the bubonic plague of London

The Ven John Barton looks back on the courage of Christians during the Great Plague of London in 1665

The Reverend Richard Peirson was one of the exceptions. Most of the other clergy in the City of London had fled the Great Plague in 1665, but Peirson stayed behind to look after the parishioners of St Bride's Church, Fleet Street, where he was Rector. The parish was densely populated and the pandemic was catastrophic. The church's register records 636 burials that year in the month of September alone, with 43 interred in one day.

Houses of infected people were marked with a red cross on the door, with occupants kept inside for 40 days. Handcarts were pulled along the city streets to cart away the bodies; the drivers' cries of "Bring out your dead", became etched in the memories of subsequent generations. Relatives were banned from attending funerals.

The official count numbered 68,596 deaths in London alone, but other estimates suggested two or three times that number. Bubonic plague – for that is what it was – was incurable. Poor people were fatalistic about it but complained that even their 'spiritual physicians' had

abandoned them. Clergy of the Church of England were often supplanted by non-conformist preachers.

It wasn't just the St Bride's Rector who put his life in jeopardy by staying at his post. While most wealthy people, along with King Charles II and his court, escaped the plagueridden city, Churchwarden Henry Clarke also chose to remain at the church. When he succumbed to the illness, his brother William took over. William survived for a fortnight.

Plague cases continued to occur sporadically at a modest rate until mid-1666. That year the Great Fire of London destroyed St Bride's Church and much of the City of London. It was rebuilt to a design by Christopher Wren, but almost obliterated once more in 1940 during World War II before being restored yet again.

Today's Rector, Canon Alison Joyce, says that compared with her predecessor Richard Peirson, she has it easy. Like everyone else, she is confined by the lockdown rules to her Rectory next to the church. But her pastoral work continues, and she collates sermons and archive music to create a Sunday webcast service. Alison writes, "these days it is a ministry of telephone calls, emails and Facetime. I offer such practical

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help and support to the vulnerable as I can ... I keep a candle burning before our main altar and continue a ministry of prayer."

Alison says she is surprised when people regard the faith as a kind of celestial insurance policy against bad things happening to them. The first followers of Jesus knew that in dedicating their lives to following the

crucified and risen Christ, their discipleship would take them into the very heart of darkness, not away from it.

She adds, "Hope is no hope at all unless it can engage with utter despair and meaninglessness."

# Discovering the Great Barrier Reef - the hard way!

by Tim Lenton.

It was 250 years ago, on 11th June 1770, that English explorer Captain James Cook discovered the Great Barrier Reef off Australia, when his ship ran aground on it.

While the aborigines and the Chinese may have found the Reef – the largest structure in the world made of living organisms – before him, Cook made more of an impact. His ship, the *Endeavour*, unloaded ballast and was re-floated at high tide, but extensive repairs were necessary, as well as skill at navigating a way out through the labyrinthine coral.

Cook made extensive journeys to unexplored waters, particularly in the Pacific. At an earlier stage, when he was charting Newfoundland, he said he intended to go "not only further than any man has been before me, but as far as I think it is possible for a man to go."

Born in Yorkshire, he worked for a Quaker ship-owning family at Whitby and started his sea life as a merchant seaman before joining the Royal Navy. Later he attended St Paul's Church, Shadwell, in East London. Although he had six children, he has no direct descendants.

He was killed aged 50 in 1779, during a scuffle with some natives in Hawaii, but left a huge legacy of scientific and geographical knowledge.

# The day they first climbed Annapurna

Tim Lenton looks back on an historic mountain climb.

The first successful ascent of a mountain over 8,000 metres high was achieved just 70 years ago this month, on 3rd June 1950, when Annapurna in the Himalayas was climbed by a French expedition led by Maurice Herzog. Annapurna is the tenth highest mountain in the world.

It was just three years before the first ascent of Everest. Annapurna was a largely unknown mountain, and the team first had to find a way to reach it, and then survey a possible ascent route before doing the actual climb – an amazing achievement in one season.

The team had originally intended to climb the slightly higher Dhaulagiri,

but when they saw it, they decided it was impractical. They went on to climb Annapurna without oxygen and survived extreme conditions which resulted in the two summiting climbers, Herzog and Louis Lachenal, suffering severe frostbite and surviving an avalanche on the descent.

At the summit the excitable Herzog said: "Never have I felt happiness like this, so intense and pure." Lachenal, who had been reluctant to make the final attempt, said he felt "a painful sense of emptiness."

This was the first mountain summit attempt that Nepal had permitted: afterwards the Maharajah of Nepal greeted the climbers as national heroes.

# No plastic please, we're the National Trust

The National Trust is going to get rid of its plastic membership cards. Replacing the five million membership cards with a paper alternative will save 12.5 tons of plastic each year.

The new cards will be made from a strong and durable paper, with a

water-based coating. The cards will be recyclable and compostable.

The National Trust also has plans to almost completely remove single-use plastics from its sites by 2022. It has already replaced all disposable food packaging with compostable products. Next, it wants to remove plastic drinks bottles and eliminate plastic packaging from its shops.

**Nigel Beeton writes:** During the lockdown, we were forbidden from driving to beauty spots and walking in National Trust parks. I wonder what the birds make of it all?

#### **Titwillow**

(With apologies to WS Gilbert)

On a tree by a river sat little Tom Tit

Singing 'willow, titwillow, titwillow'. His mate fluttered in and beside him did sit,

Singing 'willow, titwillow, titwillow'. "Oh, where are the people?" bewildered, he cried,

"Tis many a day since a soul I have spied"

"I think," said his wife, "they're all staying inside!"

"Oh willow, titwillow, titwillow".

"I do like the quiet, I do like the peace!

"Oh, willow, titwillow, titwillow,

"But find myself wondering why did they cease

"Singing willow, titwillow, titwillow?"

"The people in hundreds of cars they all came

"Especially when there was no sign of much rain,

"The weather's so nice, it seems such a shame!

"Oh willow, titwillow, titwillow!"

"I think I can tell you!" – she'd a smile on her beak,
Singing willow, titwillow, titwillow,
"For I saw some people last

Saturday week,
"Singing willow, titwillow, titwillow,
"They stood in a group, they were
flying a kite,

"Along came a police car with lights flashing bright,

"It seems the Old Bill gave those people a fright!

"Oh willow, titwillow, titwillow!"

A buzzard, above them, then uttered his 'mew'
Oh willow, titwillow, titwillow.
As quick as they could off to safety they flew,
Singing willow, titwillow, titwillow!
Arrived at their nest then our avian pair

Correctly concluded what caused human scare:

"They're frightened of critters that fly in the air!

"Oh willow, titwillow, titwillow!"

By Nigel Beeton

#### God in the Sciences

This series is written by Dr Ruth M.
Bancewicz, who is Church Engagement
Director at The Faraday Institute for
Science and Religion in Cambridge. Ruth
writes on the positive relationship
between Science and Christian faith.

# A Scientist Reflects on God's Heart for the Suffering

It's difficult as a scientist to hear information that is fascinating, but which also involves so much suffering for other people. I worked for a time in a leukaemia research lab. We had to let other people's pain drive our research without it crippling our ability to concentrate on our work. But, writing this under lockdown, I have found myself — as a biologically-educated bystander — avoiding looking into the science of COVID-19 because the reminders of its impact on people's lives are everywhere that I look.

One of the ways I have been managing my own feelings during the pandemic is by digging deeper into what God has revealed to us about His character, letting that fuel my faith, my prayers, and my actions. For more academic types like myself, study – particularly of the Bible – can be one of the primary ways we connect with God and hear from Him. It's not wrong to be comforted by books, so long as the contents

turn our eyes upwards and outwards.

First of all, God hears: "The Lord is close to the broken-hearted' (Psalm 34:18a). In Jesus God took on human form, and He showed us His heart for the world. When His friend Lazarus died, He wept (John 11). God is "the Father of compassion and the God of all comfort" (2 Corinthians 1:3).

Human sin has affected the whole of creation, and I believe this is largely the direct impact of our mismanagement of creation and mistreatment of each other.

COVID-19 may well be another animal's friendly virus, pushed by human activity into causing havoc in bodies where it doesn't belong.

But God's world remains good. It is still fruitful, praising Him, as Psalm 19 describes. Even pictures of a deadly virus can seem beautiful – especially to a biologist! These good things are hints of the promised "new heavens and new earth" mentioned in the New Testament. One day "creation itself will be liberated from its bondage to decay" (Romans 8: 21), and for everyone who follows God, "He will wipe every tear from their eyes" (Revelation 21: 4).

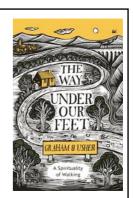
Behind the debates about suffering is sometimes the assumption that God Continues over page.....

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doesn't care. My experience is that God does care deeply, and He invites His Church to care for those around them – especially the most vulnerable. He is with us, He hears us and grieves with us, He helps us and promises a better future.

The Way Under our Feet – a spirituality of walking By Graham B Usher, SPCK, £9.99 (Book Review)

Walking is one of the simplest things we do as humans. It's how most of us experience life. In *The Way Under Our Feet*, Graham Usher conveys how exhilarating it is to walk into the depths of our humanity. We become more ready to recognise the needs as well as the joys of others; we sift our thoughts; we seek to heal our battered world, even as we glory in the beauty of nature; we find ourselves companying with our three mile an hour God.



This is a lovely book, full of light, grace and meaning. Usher celebrates his passion for walking by exploring religious texts and stories, but this by no means confines his thoughts. We are drawn by secular texts, too: Macfarlane sits alongside Kierkegaard; Thoreau and Walden alongside T. S. Eliot. Through them all, we learn why walking is so unspeakably good for heart, soul and body.'

Dame Fiona Reynolds, Master of Emmanuel College, Cambridge, author of The Fight for Beauty.

'Wonderful. Offers highly original and striking observations combined with apposite, moving and often humorous personal anecdotes. A classic, catching a genuine and humble holiness.'

Bishop David Wilbourne

30 years ago, on 22<sup>nd</sup> June 1990 ,Checkpoint Charlie, in Berlin, was dismantled. It remained an official crossing point between East and West Germany until re-unification in October. The guard house is now on display in a museum.

It was 20 years ago, on 10<sup>th</sup> June 2000, that the Millennium Bridge in London opened. It closed again two days later because it swayed uncomfortably when people walked in step. It reopened in Feb 2002 after changes were made.

# Baslow Health Centre – Church Lane, Baslow

www.baslowhealthcentre.co.uk

Appointment Times: Clinicians are still available for consultations and medical advice. Please contact the surgery and a GP or Nurse will call you back to discuss your concerns and if necessary arrange to see you in person. Many problems can be dealt with over the telephone.

Patient Online: Have you registered to use the online service, allowing you to book and cancel appointments on line and order your repeat medications? You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

#### **Telephone Numbers:**

Reception: 01246 582216 Surgery Fax: 01246 583867 Dispensary: 01246 582366

#### District Nursing Team - now CAP (Community Access Point) 01332 564 900

Health Visitor: 01629 816633 (The Dispensary line is open 12noon – 1.00pm and 2.00pm – 3.00pm)

Normal Surgery Opening Times
Mon, Tues, Thurs & Fri 8am-6.30pm;
Wednesdays 7.30am - 6.30pm
(closed Bank Holidays)
(Phones 8am - 6.30pm Mon - Fri).

### Surgery Closure for training -

These are currently suspended due to the pandemic.

#### **Ordering Repeat Medication**

You can order repeat medications in the following ways:

- In writing or with our on-line access
- Over the telephone please ring the surgery between 9am and 5pm
- Return your repeat request form to surgery by Post/Fax/
- Please allow two working days before collection

To reduce the footfall into the surgery there will be no access into the surgery building. Prescriptions can be collected via the side window near the back door.

<u>Samples</u> – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag, if provided, either through the letterbox or at the side window.

<u>Test Results</u> – Please ring for test results after 2pm as we do not receive test results back from the hospital until lunchtime.

If you are unwell and self-isolating from coronavirus and require delivery of essential items Christine & David Upton from Baslow Village Shop will take requests by telephone (01246 582108) and a community volunteer can deliver to your home where possible.

# For Urgent Calls when we are closed call III

8	9	2	1	4	6	7	3	5
5	1	7	3	2	8	9	6	4
6	4	3	9	5	7	8	2	1
7	5	8	4	6	9	3	1	2
9	3	6	8	1	2	4	5	7
4	2	1	7	3	5	6	9	8
2	8	5	6	9	4	1	7	3
3	7	9	2	8	1	5	4	6
1	6	4	5	7	3	2	8	9

May solution

> June Sudoku ☞

1	5							
					6	4		
	3	6		2	9	1		
	7			1	2			
8	9						4	1
			3	9			2	
		7	9	4		2	3	
		5	7					
							8	6

Right-click (Smile...)

**Tech Support**: "I need you to rightclick on the Open Desktop."

Customer: "OK."

Tech Support: "Did you get a pop-up

menu?"

Customer: "No."

**Tech Support:** "OK. Right-click again. Do you see a pop-up menu?"

Customer: "No"

**Tech Support:** "OK, sir. Can you tell me what you have done up until this point?"

Customer: "Sure. You told me to write

'click' and I wrote 'click'."

#### Nigel Beeton writes:

"Simon, my vicar, was completely unfazed by the closure of his church in March. The very next week he'd set up 'Zoom' and many of us have been weekly attenders of his 'virtual church' for weeks now. I realise that many other churches are doing the same, but we've had people join us from all over the place! Of course, we all look forward to getting back to St Mary's, but it has brought the congregations together in ways that we could never have imagined. This poem began one recent Sunday morning when I said to my wife, Carol, "let's go and worship at St Sofa's". That inspired her and so the first verse of this poem is hers, not mine!

### St Sofa's

We worship at St Sofa's now Since Covid came to stay We don't dress up or do our hair But still we come to pray!

Our Vicar is a clever chap A Zoom with his IT And so we sit down ev'ry week And meet up virtually!

Our Parish Church stands empty With praise she does not ring; But still her people gather round To pray, and praise, and sing!

The virus is a nasty thing Yet it has helped us see The church is NOT a building But folk like you and me! By Nigel and Carol Beeton

#### Readings for June 2020

Although we are not able to meet as a congregation, you may wish to follow the Sunday readings at home.

### **Readings for June**

Sunday 7<sup>th</sup> June: Sunday 21<sup>st</sup> June:

Trinity Sunday Trinity Two

Isaiah 40: 12-17, 27-31 Jeremiah 20: 7-13 Matthew 28: 16-20 Matthew 10: 24-39

Sunday 14<sup>th</sup> June: Sunday 28<sup>th</sup> June: Trinity One Trinity Three

80 years ago, June 1940 was a dramatic month in World War II. Main points include:

- •3rd The German Luftwaffe bombed Paris.
- •4<sup>th</sup> The evacuation of Allied forces from Dunkirk was completed. Winston Churchill gave his 'We shall fight them on the beaches' speech.
- •5th The Battle of France began.
- •10th Italy declared war on France and Britain.

Canada declared war on Italy.

The North African Campaign (Desert War) began.

- •I Ith The siege of Malta began.
- •14th German forces entered Paris.
- •17<sup>th</sup> French government minister Charles de Gaulle (later President of France) relocated to Britain.
- •18th Winston Churchill gave his 'Finest Hour' speech.
- •22<sup>nd</sup> France surrendered to Germany.
- •30th Germany invaded the Channel Islands.

Items for the **JULY magazine** should reach me **NO LATER THAN MONDAY 15<sup>th</sup> JUNE**: email to: <u>liz.bradshaw@w3z.co.uk</u>

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