

Rev'd Canon D. Perkins, The Vicarage, Edensor, Bakewell, Derbyshire DE45 IPH Tel: 01246 386385 (Church website -<u>www.stpetersedensor.org</u>)

September 2019

Things took a downward turn for Paul during his late teens when he got involved with drugs. He was known and despised throughout the small town he lived in as the local drug dealer. However, Paul desperately wanted to change, to break out from this way of life, but where would he begin and who would support him? He lived right opposite a church but had never considered going there for help. He assumed that there would be no place for a man like him amongst the upright believers. It was the last place such a sinner would go!

It was in Jericho that Jesus encountered the deeply unpopular Zacchaeus. He was a tax collector, hated by his fellow Jews for working for their Roman oppressors, and being the chief tax collector had the reputation of being corrupt: overcharging people and pocketing the excess money. This was why the Jews labelled them sinners on a par with murderers and robbers and even banned them from their synagogues.

Zacchaeus may well have heard about Jesus' reputation as a "friend of tax collectors and sinners", which would explain why he was so keen to catch sight of him. Being small in stature, he had to resort to climbing a tree in order to see over the hostile crowd. But although Jesus was surrounded by so many other people, it was this despised man he addressed. Jesus horrified the crowd by inviting himself, in full hearing of all, to Zacchaeus' home. The Jews believed that by eating with this sinner, Jesus would make himself unclean and would be condoning Zacchaeus' immoral behaviour.

Yet Christ's public acknowledgement of Zacchaeus had a dramatic effect upon the man. Instantly, he declared before the crowd that he would give up half of his possessions. He also exceeded the law's requirements on restoring stolen goods by promising to return not just the amount defrauded plus a fifth, but four times as much as he had taken. The love of Jesus Christ had radically changed this man and brought genuine repentance.

The religious people of Christ's day criticised Jesus for associating with people like Zacchaeus and it may be easy to understand why. Their priority

was to ensure that God's people were not corrupted by the ungodly behaviour of others. So they kept away from those considered sinners and made their views about such people clear through criticism, disapproval and rejection.

Christ's priority was different. He reached out to such people not through making them aware of his disapproval, but by showing unconditional love, just as he did by publicly acknowledging the sinful Zacchaeus before the hostile crowd. The effect of this love was incredible. Zacchaeus instantly renounced his ways and turned to God. This would have stunned the crowd, who, no doubt, believed him to be beyond redemption. But not for Christ, for he knew that God's grace works powerfully in those who are most aware of their sinfulness.

So is Christ's reputation as the friend of sinners one shared by the Church today? Are we known for showing God's love and forgiveness, or for voicing his disapproval and judgement? Is our priority to reach out to those who may be seeking to find God's love? One thing is sure: God's love is powerful enough to transform anyone's life. May God give us the courage and compassion to demonstrate that love to those, like Zacchaeus and Paul who I mentioned earlier, who most desperately need it.

Every Blessing Canon Dave

Pilgrimage to the Holy Land

Canon Dave and Margaret Perkins are leading a pilgrimage to the Holy Land from 9th to 19th November 2020.

Please ring 01246 386385 for details.

	Te	elephone Numbers	
<u>St. Anne's</u>	Wardens:-	Rupert Turner	01629 732794
		Fiona Swain	ex directory
	Treasurer:-	Fiona Lichfield	01629 813382
Both Churches	Safeguarding:-	Sarah Porter	01629 732365
			07866695132
St. Peter's	Wardens:-	Elizabeth Bradshaw	01246 582421
		David Jackson	01246 583452
	Treasurer:-	Mark Titterton	01246 582245
		e-mail: <u>mtitterton@me.c</u>	<u>om</u>

Dates for your Diary - September

10 BEELEY WI Monthly Meeting - 7.30pm Beeley Village Hall Veg foraging - Jackie Evans Tea & raffle: Janet and Sheila F Competition: funniest veg. CHATSWORTH WI Monthly Meeting - 7pm Baslow Church Rooms 18 Speaker: ACWW - Sam Hall, Associated Country Women of the World Competition: Moneybox/Piggy Bank Teas: Jane and Mary Vote of Thanks: Jean Flowers: Sue 16 BEELEY PARISH COUNCIL MEETING - 7.30pm Beeley Village Hall 17 BEELEY HERITAGE GROUP - 7pm Beeley Village Hall Richard Torr talking about Derwent Gin 20 Wedding - St. Peter's 2pm Gregory Francis Geoffrey Houghton & Stephanie Jane Barraclough

Early Notice.....

'The Travelling People'

will be giving a performance at

The Cavendish Hall, Edensor

on

Saturday 2nd November 7.30pm

Tickets £12.50*

Proceeds to St. Peter's Church, Edensor

Bring your own drinks & glasses

Raffle (fantastic prizes!)

Filled rolls will be on sale during the interval

*tickets available from the Wardens or the Vicar

FROM THE REGISTERS

St. Peter's, Edensor Weddings

3rd August - James Daniel Hawkins & Aime Kate Wilson

16th August - Kevin Noel Sussex & Esmeralda Mendoza Rodriguez BAPTISMS

> 4th August - Alsie Violet Workman 11th August - Kitty Nora Mary Mitchell

CHATSWORTH

HORTICULTURAL AND

PRODUCE SOCIETY

ANNUAL SHOW

Cavendish Hall,

Edensor

Saturday, 14 September 2019

Doors open at 2.00pm, presentation of cups by The Duchess of Devonshire at 3.00pm

All welcome—see the veg, smell the flowers, and admire the creations.

Support your local show!

More information from Sandra Elliott - mrselliott2114@gmail.com/ Chatsworth Estate Office

Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraisng and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the church.

To Register

•Go to <u>www.easyfundraising.org.uk</u>

•Click on **Register**

•Choose **Saint Peter's Church - Chatsworth Park** as your charity and fill in the rest of the form

To Shop

•Go to <u>www.easyfundraising.org.uk</u>

•Search for your store in the alphabetical list

•Go ahead and shop

Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to 15% from every purchase you make is donated to St. Peter's Church.

The Padley Centre

We are collecting all types of clothing for adults including waterproofs, warm socks, gloves, hats, scarves etc. these are always much appreciated. Warm sleeping bags are also very welcome as the nights can become chilly. Food tins of meat, fish, soup and tomatoes; dried food such as pasta; biscuits and chocolate are always welcome.

Items can be brought to Sunday services or left at the back of the church at any time.

These donations of food and clothing are always very much appreciated at the centre.

NB The Centre is unable to accept bedding e.g.sheets, blankets, duvets, pillows.

BAKEWELL & ASHFORD FILM SOCIETY

THE MEDWAY CENTRE, NEW STREET, BAKEWELL

7.30pm 2nd Sunday of every month (except July & August)

September 8th 2019

Rocketman

2019, UK, Cert. 15, 121 minutes. Biography, Drama, Music

A musical fantasy about the fantastical human story of Elton John's breakthrough years.

Introduction by David Webb



Health break for children still affected by Chernobyl

The Leader of Derbyshire Dales District Council and the Mayor of Wirksworth have welcomed to the Dales children from areas of Eastern Europe still contaminated by the fallout from the Chernobyl nuclear power station disaster back in 1986.

Councillors Garry Purdy and Andy Jordan met 35 children aged 10 to 15, all hosted by regional 'Link' groups of the Chernobyl Children's Lifeline' (CCLL), during a full day of outdoor activities at the Mount Cook Adventure Centre near Wirksworth,

Hosting six of the children for the 16th year in a row is the Bonsall & Derbyshire Dales Link of the national charity. This year the local Link invited youngsters from the Belarusian town of Rogachev in the Gomel Region that was - and still is badly impacted by the disaster.

Now Chris Broome, Chair of the Bonsall & Derbyshire Dales and CCLL Link Mentor for the East Midlands and South Yorkshire regions, is appealing for more volunteer host families to get involved in the annual visits.

He said:"It is 33 years since the disaster happened and many people

have forgotten the event or mistakenly believe health problems caused by the radioactive fallout must surely now be over the worst.

Unfortunately, this is far from the truth. Radiation is still very much present in the soil of much of Belarus and northern Ukraine and will be for generations to come. CCLL are now bringing second generation children to the UK. These children are eating contaminated food grown in their gardens every day; most families can't afford to buy 'clean food' from shops."

The children stay in pairs in the homes of volunteer host families in the Derbyshire Dales area. Most host families choose to host for two weeks, with a second family playing host for the second two weeks.

All the children and their leader take part in a programme providing them with many activities they never get the opportunity to do in their own country. This includes going to the seaside, often for the first time in their lives.

Chris added: "Hosting Chernobyl children is very rewarding, knowing that you are helping make a life changing difference to the children you host. Charities like CCLL can only continue to do this with the support of volunteer host families.

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What to do when your child finds a book boring

Our new Children's Laureate has bracing advice for all parents and children who begin a book, and then struggle: don't struggle! Abandon the book!

Cressida Cowell, author of the 'How to Train Your Dragon' series, is keen to encourage children to read and love books, although sometimes "there are books that you have to give more of a chance to." But in the end, "if you are not enjoying it, then put it down. You might not be ready for it yet, and you might love it in two years' time." overturn the argument that digital is for the future, that film is the future. Books have to be the future as well. Film is an emotional medium, it's fantastic, but it doesn't have words and words are the pathway of thought."

The priorities of Cowell's two-year laureateship will be asking schools to give up at least 15 minutes a week to let pupils indulge in creative writing, and also to campaign for libraries in primary schools to be made a legal requirement. "Books and reading are magic, and this magic must be available to everyone."

Cowell believes there is no substitute for reading. "I want to

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Previous experience of hosting children is not necessary.

"Retired couples can host, not just families with or without their own children. To safeguard the children, DBS checks are routinely carried out by the charity on all adult family members who will come into contact with the children."

Councillor Purdy said: "The recent TV drama series 'Chernobyl' has once more grabbed the nation's attention about the nuclear accident and this can only be a good thing. It was great to meet the children at Mount Cook and clear to me that the four-week holiday in the UK makes a big difference to their health, reducing the level of radiation in their bloodstreams by around 70% and giving their immune systems the opportunity to make a significant recovery."

Find your nearest Link by looking on the national CCLL website, <u>www.ccll.org.uk</u> using the 'Location' tab or contact Chris Broome at <u>c-</u> <u>broome@sky.com</u>

Blinded by the light?

Are you increasingly blinded by headlight glare? The rise in popularity of the 'Chelsea Tractors' and SUVs on our roads is not helping the problem. In fact, more than half of us are finding that the problem is worse than even a year ago.

A survey by the RAC has found that more than half of us have been temporarily blinded on the road by the higher beams of SUVs. And 90 per cent of us have been dazzled by the headlights of an oncoming vehicle. It can be dangerous. Government figures show that around 300 accidents are caused every year by, or in part by, being dazzled.

The problem is caused by a number of factors; SUVs are higher than cars, and so their headlights shine straight into the mirrors of the drivers in front. Also, modern car headlights are very bright: the xenon lights give off a bluer glow, while the LED lamps often dazzle.

Doesn't God want clergy in the North?

Can it be true that God is calling most Anglican clergy to the South of England? Does He really want churches in northern urban areas like Burnley, Wigan, Sheffield, Bury and other post-industrial towns to struggle on with very few clergy?

Well, you might be forgiven for thinking so, when you compare some figures. According to a recent meeting called by the Diocese of Manchester in order for clergy to share best practice and learning, too few clergy are looking North. The Archdeacon of Rochdale, the Ven Cherry Vann, said: "God seems to be calling clergy South for some reason; we are lucky if we get one or two applicants for a post. That's a real indicator of some of the challenges we face."

For post-industrial towns across the Northwest are really struggling. "When you see that even McDonald's has moved out of Rochdale town centre, you get the picture." To put it another way, in Burnley you can buy a threebedroomed house for £20,000.

And if the towns are struggling, the churches are struggling too. "We feel left behind, forgotten and ignored. There needs to be a national strategy for moving clergy up north," said the Archdeacon.

Why your garden needs an old sink

A pond – even a small one - is the most important thing you can do for the wildlife in your garden. So says Kate Bradbury, a presenter of the BBC nature show, SpringWatch.

The problem is that the number of ponds in Britain has halved since the 1950s. The effect on wildlife has been catastrophic. Beetles, birds, frogs, toads, newts, hedgehogs, and bees are already in steep decline, and with no easy access to water, their struggle to survive is even harder. Kate Bradbury urges people to use old Belfast sinks, buckets or even baths to help their garden wildlife. For such mini-ponds, the RHS recommends oxygenating plants such as a miniature water lily, starwort (Callitriche stagnalis) and lesser spearwort (Ranunculus flammula).

A guide to building a mini-pond can be found here:

https://www.rspb.org.uk/get-involved/ activities/give-nature-a-home-in-yourgarden/garden-activities/ createaminipond/

We are killing off the plants as well

Twice as many plants have been pushed to extinction over the past 250 years than all the birds, mammals and amphibians combined.

571 species have disappeared from the wild since the mid-18th century, according to scientists and experts at the Royal Botanic Gardens at Kew. Species are disappearing at 500 times the natural rate.

A 30-year research project has found that many plants have been wiped out through man-made habitat loss. And as one scientist points out, "Every species that becomes extinct is supporting other organisms that also become extinct at the same time." For example, "If the English oak were to become extinct, there are around 400 species and animals that rely on it, so the implications are far wider than just losing one species."

A Kew conservation scientist adds: "Plants underpin all life on Earth, they provide the oxygen we breathe and the food we eat, as well as making up the backbone of the world's ecosystems."

The research was published in the journal Nature, Ecology and Evolution.

Give nature two hours a week

If you want to improve your health and higher psychological well-being, spend at least 120 minutes a week in a park, woodland, country park, beach or elsewhere in nature.

Recent research at Exeter University found that people who spend at

least two hours a week walking among trees, listening to birdsong, and engaging with nature have lower stress and blood pressure. The study was published in the journal Scientific Reports.



First time around the world – 500 years ago

Tim Lenton looks back on a significant date in world history

Five hundred years ago, on 20th September 1519, Portuguese explorer Ferdinand Magellan led a Spanish expedition to the East Indies that turned into the first circumnavigation of the world in 1522.

Magellan was a minor Portuguese noble serving the crown until King Manuel I refused to support his bid to reach India by a new route, south of America, through what are now known as the Straits of Magellan. So, he switched allegiance to King Charles I of Spain and set off with five vessels to reach the Spice Islands. But Magellan was killed in a battle with natives in the Philippines in 1521, when he took the side of a local chieftain who had converted to Christianity and was defeated by one who did not. The circumnavigation was completed under the command of the Spaniard Juan Sebastian Elcano, in the only remaining seaworthy ship, the Victoria.

Magellan had encountered many problems, including a mutiny. Of the 270 who left on the expedition, fewer than 20 returned, and most of them – including Elcano – were anti-Magellan, whose reputation suffered as a result. But Antonio Pigafetta, a Venetian survivor who had kept a diary, was eventually able to put that right.

Smile.....The hand that rocks the cradle is usually attached to someone who isn't getting enough sleep.

Marks & Spencer – celebrating 125 years

An iconic store celebrates this month. By Tim Lenton

The origins of the iconic British retail chain Marks & Spencer (often known as M&S) were laid 125 years ago, on 28th September 1894, when Michael Marks, a Polish Jewish immigrant, acquired his first permanent stall in Leeds covered market and invited Thomas Spencer to become his business partner.

Ten years earlier Marks had opened a market stall in Leeds with the slogan 'Don't ask the price: it's a penny'. Spencer was a cashier from Dewhirst – a wholesale company whose owner Isaac had backed Marks. Spencer's £300 investment grew to £15,000 by

Why Mummy should not feel guilty

Mothers of young children aged from new-born to six-years-old feel guilty about taking time away from their children in order to exercise.

But mothers have a greater influence on their offspring's activity levels than fathers do, and it is important that children grow up with exercise seen as a normal part of the family routine.

That is the verdict of Sport England, who did the survey. While most

1903. He died two years later, but his wife continued to fund charitable work in Middlesbrough.

After Marks' death, the St Michael brand was created by his son in his honour. The store has always been seen as a retailer of British quality goods, and its attitude to its customers was encapsulated in the 1953 slogan 'The customer is always and completely right.'

In 1998, the company became the first British retailer to make a pre-tax profit of over £1 billion. At present there are well over 900 stores across the UK, including more than 600 that sell only food, but there are plans to close about 100 of them.

mothers prioritise family, cooking and housework over keeping fit activities, "children with active parents – particularly mothers – are more likely to be active themselves. And children who have positive experiences of sport and physical activity early on are also more likely to prioritise being active in later life," according to a spokeswoman from Sport England.

To help mothers fit exercise around family life, Sport England is offering a series of tips, as part of its This Girl Can campaign. Visit: <u>http://</u> www.thisgirlcan.co.uk/

God in the Sciences

by Dr Ruth Bancewicz. Ruth is based at The Faraday Institute for Science and Religion in Cambridge, and writes on the positive relationship between Science and Christian faith.

Moon Landing: Big perspective, big questions

This summer we celebrated the 50th anniversary of the first moon landing, and in October we mark the 60th anniversary of the Soviet space probe, Luna 3, sending back the first images of the far side of the Moon.

Those of us who grew up in an age when 'astronaut' was a career option (albeit a pretty specialist one) might struggle to identify with the wonder of these events. But this recent photograph* captures the true scale of the challenge. Human beings developed the technology to send first a probe, then living people, out of Earth's atmosphere, and cross the 252,000-mile gap to the moon. The Luna 3 probe managed to send back grainy images, and Apollo 11 managed to actually land on it, take off again, and arrive back in one piece. It's the safe arrival home that gets me - like hitting the bullseye twice in a row.

For some space-travellers, seeing Earth from a distance is a life-

changing experience; a shift in thinking dubbed 'the overview effect'. The observer feels a sense of awe at seeing the whole planet as a single entity rather than a fragmented collection of countries, and getting a sense of the fragility of the whole system. It brings people out of themselves – something psychologists call a 'self-transcendent experience'.

Some people claim to have a 'nothing but science' approach to life that trusts only in things for which we can produce very concrete, measurable, evidence. Is it perhaps ironic, then, that this overview of the whole globe – which is made possible by science – can trigger such a deep sense of meaning?

Science can bring us to the big questions of meaning and purpose, but it doesn't answer them. It's important to recognise that science, wonderful though it is, has limits. Beyond those boundaries we step into other ways of knowing, such as philosophy or theology. At the interface between science and theology we can have some fascinating conversations.

The discussions about science and religion that I enjoy most happen when people share what really matters to them.What do you find

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beautiful? Which scientific discoveries changed the course of your life? How do you see yourself in relation to the cosmos? As we remember these anniversaries this year, we have an opportunity to have conversations that reflect the same sense of wonder experienced by those first moon walkers. This article has been reproduced, with permission, from <u>https://</u> www.licc.org.uk/ourresources/ connectingwithculture/

* to view the photograph go to: <u>https://www.asteroidmission.org/?</u> <u>attachment_id=3228#main</u>

65 years of science at CERN

An agency which aims to 'uncover the universe'... by Tim Lenton

It was 65 years ago, on 29th September 1954, that CERN (the European Organization for Nuclear Research) was established in Geneva, Switzerland. It actually straddles the Swiss/French border.

It originated from a vision by a small number of top scientists for a worldclass physics research facility in Europe, partly to stop the brain drain to America. It specifically rejects work for military requirements and aims to make its discoveries openly available. The World Wide Web originated there under the guidance of CERN scientist Tim Berners-Lee.

More recently work at CERN is aimed at "uncovering what the universe is made of and how it works". It centres on the Large Hadron Collider, which is buried at a depth of up to 175 metres and runs along a 17-mile circuit.

Sceptics, worried about the power unleashed by the Collider, quote Stephen Hawking, who said the God particle (Higgs-Boson) found by CERN could destroy the universe without warning. Some of them also ask why CERN has chosen as its mascot Shiva, the Hindu goddess of destruction. It is also built partly on the site of a Roman temple to Apollo that was believed to be the gateway to the underworld.

This has been described by CERN enthusiasts as "concentrated delusion".

Singing our song

David Winter enjoys singing...

We've certainly had a summer of sport, too much, some will say, while others of us simply indulge in the cricket, football and then Wimbledon. Truly the ball has had its day!

One side product of international sport is national anthems. Don't think I've ever heard so many at anytime in my life. And, to my ears at least, most of them are dire. There are exceptions, of course. The stirring Russian one, the classic German tune, an awesome anthem with its arresting opening. But sometimes a noble tune is set to aggressive and divisive words – the 'La Marseillaise', for example. If you're looking for an icebreaker for a home group or even a dinner party, you could invite people to choose their favourite national anthem. Surely 'God save the Queen' will come rather well down on the list. It is not about our lovely country but is about our monarch – lovely as she is – and I think that the tune is a bit of a dirge, though it is blessedly short.

I'm prepared to be thoroughly biased and name my winner – Wales. A lovely, singable tune and words which celebrate a land of poets and singers, of hills and bays, and of an ancient and noble language. Throw that one into the mix and see how it goes down!

How often do you socialise with family and friends?

If you manage it only about once a month, you are not alone. Nearly half of us are so busy with work and other commitments, that seeing family and friends has become a rare thing. It is thought that an increase in social media is responsible for the decline in face-to-face interaction.

But according to the Sainsbury's Living Well Index, the lack of human interaction with close associates is causing the nation's sense of wellbeing to dwindle.

Nearly one in ten of us never meet our friends, relatives or co-workers socially, while 21 per cent of us do so less than once a month. A further 17.5 per cent of us only socialises once a month.

Synod votes to adopt Covenant on Clergy Care and Well-Being

The General Synod of the Church of England has voted overwhelmingly in support of a new deal to co-ordinate and improve the approach to the care and well-being of clergy.

Members voted to adopt a covenant committing parishes, dioceses and the wider church as well as individual clergy to sharing responsibility for the welfare of ministers and their households.

The Revd Canon Simon Butler, who headed the working group which drew up the covenant, said: "There is a widespread acknowledgment that we can and must do better to support clergy in ways that promote good practice and prevent occasional stress becoming a harmful and chronic condition.

"It will be a great boost to many clergy to see the General Synod taking a lead, and I hope to see the wider church following in the coming months."

The measures backed by the General Synod include work to promote access to pastoral supervision for clergy including coaching, consultancy or mentoring, in line with support provided to other caring professions. It follows growing demand for pastoral care in parishes amid complex social needs, a report from the working group noted.

Synod also approved plans to promote awareness of stress and the dangers of burnout as part of training for ordained ministry and new resources for licensing and induction services highlighting the care and well-being of clergy.

A report from the working group recommended that Parish Profiles – the description of a parish and its mission - and job descriptions for clergy undergo regular reviews to ensure they are realistic and that ministers have a clear idea of the role they are being asked to undertake.

Under plans approved today by Synod, clergy, parishes and dioceses will be invited to contribute their responses to the Covenant as part of a 'Big Conversation' inspired by a series of questions set out in a document prepared by the Working Group. Churches and dioceses will also be invited to adopt the Covenant.

Where shall we hold the wedding?

A review of wedding laws is underway, which could mean that couples are given a much wider choice of where they are allowed to enter into marriage or a civil partnership.

Currently, the law requires ceremonies to be held in: places of worship, register offices, or buildings licensed by local authorities. But it may be that changes in the law would allow wedding to be held in anything from marquees, private homes, military sites for service personnel, at sea, or even in the open air, as is already possible in Scotland. but they would mean that couples have a wider range of cheaper alternatives to hiring expensive wedding venues. The Law Commission is expected to produce a set of recommendations by 2021 for new legislation.

Canon Sandra Millar, head of projects and development at Church House, said: "Our research has shown that being married in a place that has meaning is still important. We continue to believe that a church is the best place for a wedding. You don't have to be christened or a churchgoer - just ask, and you might be surprised at the answer!"

The sites would still have to meet the existing test of solemnity and dignity,

Theology degrees at risk

The number of students opting to do theology and religious studies at university has almost halved in just six years.

More than 14,000 were enrolled in 2011-12, but that fell to 7,585 by 2017-18, putting the degrees at some risk of disappearing from university curriculums. Prof Diarmaid MacCulloch, an expert in church history at the University of Oxford, described the decline as 'alarming'. "I am extremely concerned. Teachers are not directing people in this important direction and not seeing the value in theology and religious studies."

School blues (Smile.....)

A little girl had just finished her first week of school. "I'm just wasting my time," she said to her mother. "I can't read, I can't write, and they won't let me talk!"

Why 'healthy' snacks are not so healthy at all.

Three-quarters of toddlers are eating too much. Their parents are feeding them 'healthy' fruit-based snacks which are in reality threequarters sugar.

A Public Health England (PHE) investigation has found that the market for baby 'finger food' such as dried fruit and oat bars, is rapidly expanding – we spent £100m on such products last year. But processed dried fruit products are high in sugar. Parents who think they have found a good way to get their children to eat their greens are being deceived. One example given is of a broccoli, pear and peas pouch which contained seven per cent broccoli, 14 per cent peas and 79 per cent pear.

Another product which claimed to be 'one of five a day' and 'packed with real fruit' actually contained 68 grams of sugar per 100 grams.

How hygienic are you?

The Royal Society for Public Health (RSPH) is concerned that many people mistakenly think that keeping their homes too clean is damaging.

So, they do not wash their hands after using the lavatory, handling raw meat, playing with pets, picking up dog poo, coughing, or handling dirty clothing and household linen.

The Society stresses that while people need diverse exposure to most harmless microbes, such as those children can find playing outdoors, they should still remain vigilant about hygiene in the home.

As one professor explained: "Getting outdoors and playing with friends, family and pets is great for exposure to 'good bacteria', and building a healthy microbiome, it is also crucial that this does not get in the way of good hygiene" (which helps you avoid harmful microbes).

Where now? (Smile...)

A teacher was finishing up a lesson on the joys of discovery and the importance of curiosity. "Where would we be today," she asked, "if no one had ever been curious?"

There was a pause, and then one child ventured: "In the garden of Eden?"

All things come from You, and of Your own do we ... not give back much!

As Harvest approaches, here the Ven John Barton reflects on just what we do give to God...

Soup of the Day, £4.95; roast rump of lamb with vegetables £15.50. Let's forgo pudding, but add a glass of wine, say £5. Plus tip = Total £28.

That's from the menu on the George & Dragon website. I hear it serves good pub grub. My imaginary meal was £28 for one, £56 for two.

Come to think of it, that's more than I set aside for God's work last week.

On Sunday mornings, at the Offertory, we will hear the Vicar say: 'Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.'

And we will reply: 'All things come from You, and of Your own do we give You.'

It's a quote from the Old Testament. King David had been collecting materials to build and decorate God's Temple. He had himself given huge amounts of silver and gold, and all the tribal chiefs had collected contributions from the people. Then there's this surprising comment: 'The people had given willingly to the Lord and they were happy that so much had been given. King David was also extremely happy.'

So giving money away makes you happy!

The story continues with the King, praying aloud to God like this with all the people watching: "Everything in heaven and earth is yours... all riches and wealth come from you... my people and I cannot really give you anything, because everything is a gift from you, and we have only given back what is yours already." *Giving to God is us only giving back what He has given*.

How much should we give back to God? The Bible makes reference to setting aside one tenth of our income for God. It's called a tithe. That is, 10%.

Then there is the story of the widow who gave a tiny amount to the Temple in Jerusalem, but it was a real sacrifice because it was all that she had. When Jesus saw it, He said she had given more than rich people.

It's not the amount we give, it's the percentage of what we have that matters.

Concludes next month.

The Beatitudes: 'Blessed are the pure in heart'

'Blessed are the pure in heart, for they will see God' (Matthew 5:8).

Simon Stylites was a Christian, living in Syria around 400 AD, who wanted to be totally pure in his devotion to God. In order to avoid distractions, he lived in the desert on top of a pillar for 37 years. Now is this what Jesus intended for the pure in heart?

Does being single-minded for God mean that our lives should be dominated by 'Christian' activities, like Bible reading and prayer, and that God isn't really interested in the rest of our lives? To be pure in heart is to make God the number one priority in our lives. When this happens everything else in our lives, including work, leisure, relationships, time, money etc, will fall into place. When our overall aim is pleasing and serving God, we'll find many ways of working this out in practice.

To be pure in heart also means we aim to be *completely sincere in all our relationships*. In a culture where the pressure to conform is very great, it means living life in an open and honest way, with nothing to hide. This is the way God intends us to live, as we operate from a pure heart before Him. The challenge is relating to others without any hidden agendas, so that *'what you see is what you get'*!

Jesus promises that God will reveal Himself to the pure in heart and that one day they will see God face to face. Deception blinds us, while purity opens our eyes to see God. 'Lord, we Thy presence seek; May ours this blessing be; Give us a pure and lowly heart, A temple meet for Thee.'

(Hymn: Blest are the pure in heart).

What to do if you lack confidence

Here is a very simple tip for appearing confident or in charge of a situation: tilt your head.

Researchers have found that tucking your chin and lowering your head by just 10 degrees makes you appear far more dominant, even if your expression stays neutral. The reason seems to be that tilting your head creates the illusion that the eyebrows have formed a 'V-shape', which usually occurs when someone is being aggressive.

Most of us are expert at reading faces for signs of friendship or hostility, and we are expert as gauging another person by the narrowing or widening of the eyes, an upturned mouth or frown. Now it seems that you can add a small tilt to the clues you need.

Making the most of your time

The Rev Paul Hardingham considers the coming autumn...

September is the time of year when we get back to normal routine after the summer break. It's an opportunity to ask how God wants us to make the most of the time He gives us. Although we can't always choose how we use our time, we can control our attitude towards it. How can we use our time wisely?

Firstly, see time is a gift from God.

Each day is an opportunity to know God better and serve Him. Time isn't inexhaustible, as someday our time on earth will end. 'Teach us to number our days, that we may gain a heart of wisdom.' (Psalm 90:12). The first thing we can do when we awake is thank God for the gift of another day.

Secondly, commit your time to God. Time is not to be wasted, but

Hot-desking staff waste time

Sharing desks may not be as efficient as some employers hope that it is. A recent study has found that office workers may spend up to two weeks a year just wandering around looking for somewhere to sit. And on average, productivity levels are reduced by almost a third. to be used for God's glory. We are accountable to God for the way that we use our time: 'Be very careful, then, how you live – not as unwise but as wise, making the most of every opportunity' (Ephesians 5:15,16). We should ask God to help us organise our time more wisely, to reflect His concerns.

Thirdly, set aside time for God, others and ourselves. How often can we go through a whole day without thinking about God or ignoring someone who needs our help? This is because we relegate God to our spare time, so He ends up at the bottom of our list of priorities. Jesus said,

'Seek first His kingdom and His righteousness' (Matthew 6:33). If we prioritise our time for God, people and our needs, the rest of life will fit around them.

'I have so much to do today that I shall spend the first three hours in prayer.' (Martin Luther).

In recent years companies have used hot-desking in an effort to reduce the amount of office space that they require, and to encourage greater interaction between employees. But the staff said that they waste time each day looking for a spare desk, and setting up their computer. They missed having personal space and felt alienated from their colleagues. The survey was done by Brickendon, the global consultancy.

Bringing in the sheaves?

Tony Horsfall considers Harvest.

At this time of year, unless you live in an extremely urban environment, you will see the signs of Harvest. Huge combine harvesters are at work in the fields, reaping the golden wheat and barley, baling the straw and gathering the grain. For farmers it is the high point of their year, and a moment celebrated with thanksgiving in churches throughout the land.

But what about the spiritual harvest? When Jesus spoke about the Sower and the seed, He likened the Gospel to seed that was sown with the hope of a harvest. Some fell on good soil and produced much fruit, but other seed was less fortunate and there was little outcome, a reminder that Christian ministry can sometimes be hard work.

An early missionary to Iran, Robert Bruce, wrote this to his supporters back home: "I am not yet reaping a harvest, I am not yet sowing the seed. I am not even ploughing the soil, but I am pulling out the stones. This too is gospel work, and worthy of your prayers."

With this in mind, remember those who serve God faithfully in difficult and unresponsive situations, either overseas or here in post-Christian Britain. Some experience great success in ministry, for which we are grateful, and many churches experience times of growth, for which we give thanks to God. For others, though, they may well sow in tears before they can reap with songs of joy (Psalm 126:5-6).

What of your own situation? If you are enjoying a time of growth, be sure to recognise that it is God who gives the growth. But if the work is hard and disappointing, despite your best efforts, do not lose heart. The work is God's and we have only to be faithful.

Open the window!	and bathrooms well ventilated to
-	combat the problem.
How often do you think about the	
air quality within your own home?	Nice warns that bathing, cooking,
	cleaning, drying clothes, using candles
The National Institute for Health and	or open fires all impact on the air
Care Excellence (Nice) has found	quality within a room. Poor
that many of us are living with	ventilation leads to a build-up of
'indoor pollution'. It has recently	pollutants which can exacerbate
issued advice on keeping kitchens	illnesses such as asthma.

27th September: Vincent de Paul – patron of all charitable societies

Very few people stand out as being incredibly good, but Vincent de Paul was one of them. His life touched thousands of people, who were helped and inspired by his love and kindness.

Vincent de Paul was born in 1581 to a Gascon peasant family at Ranquine. Educated by the Franciscans and then at Toulouse University, he was ordained a priest very young, at only 19. He became a court chaplain, and then tutor to the children of the Gondi family. In 1617 he was made parish priest of Chatillon-les-Dombes.

From here,Vincent de Paul ministered both to the rich and fashionable, and also to the poor and oppressed. He helped prisoners in the galleys, and even convicts at Bordeaux.

In 1625 Vincent de Paul founded a congregation of priests who renounced all church preferment and instead devoted themselves to the faithful in smaller towns and villages. In 1633 they were given the Paris priory church of Saint-Lazare, and that same year Vincent founded the Sisters of Charity, the first congregation of 'unenclosed' women, whose lives were entirely devoted to the poor and sick, and even providing some hospital care. Rich women helped by raising funds for various projects, which were an immense success.

Even in his lifetime, Vincent became a legend. Clergy and laity, rich and poor, outcasts and convicts all were warmed and enriched by his charisma and selfless devotion. Vincent was simply consumed by the love of God and of his neighbour. His good works seemed innumerable – ranging from helping war-victims in Lorraine, and sending missionaries to Poland, Ireland and Scotland, to advising Anne of Austria at Court during the regency.

No wonder that after his death at nearly 80, the Pope named him as patron of all charitable societies. Even today, the Vincent de Paul Society is working with the poor and oppressed.

125 years ago, on 1st Sept 1894, the General Post Office in the UK sanctioned the use of picture postcards and introduced a half-penny postage rate for them. This led to a boom in picture postcards and the extensive photographic documentation of towns and landscapes.

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Ist prize £30 no. 21 Zoe Penrose 2nd prize £20 no. 29 Ray BradshawA biscuit pack can bring great cheer, But therein lies a trap – You pull just where it says 'tear here' And they all land in your lapFunds to church this month - £50 Thank you, Ann HallBy Nigel Beeton																			
By A Chi This rete a gr	Noah and the Great Big Boat By Antonia Woodward, Lion Children, £7.99 (review) This is a delightful picture book. It retells the story of Noah, who builds a great ark to keep animals that God sends to him safe during the great									flood. Imagine Noah's excitement when the big boat comes to rest and once more the animals can roam the earth. Young children will enjoy it.									
Dr heal cycl phys is or you you grea	Cycle – and be well Dr Tom Porter, a consultant in public health medicine, is urging people to cycle more. "It is a fantastic form of physical activity and riding your bike is one of the easiest ways to reduce your risk of ill health while building your cardiovascular fitness. It's also great for improving mental well- being too.							oublic e to m of bike duce ling also	also a great way to get around the city without using your car, making it good for both you and the environment."										

Baslow Health Centre – Church Lane, Baslow

www.baslowhealthcentre.co.uk

Appointment Times: Clinicians will endeavour to keep to time; however, they also need to afford the patient the appropriate consultation time, which may lead to them overrunning. Therefore, it is imperative that patients arrive on time for their appointments as it will have a rolling knock-on effect if you are late.

Patient Online: Have you registered to use the online service, allowing you to book and cancel appointments on line and order your repeat medications? You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

Telephone Numbers:

 Reception:
 01246 582216

 Surgery Fax:
 01246 583867

 Dispensary:
 01246 582366

 District Nursing Team:
 01629

 593050
 Health Visitor:
 01629 816633

 (The Dispensary line is open 12noon – 1.00pm and 2.00pm – 3.00pm)

Normal Surgery Opening Times

Mon, Tues, Thurs & Fri 8am -6.30pm; Wednesdays 7.30am -6.30pm

(closed Bank Holidays) (Phones 8am – 6.30pm Mon - Fri).

Surgery Closure for training -

Afternoons of Wednesday IIth Sept, 9th October & I3th Nov

Patient Participation Group -

(PPG) – If you want to be kept up to date and have the opportunity to express your views please consider joining Baslow's PPG. Contact Keith Maslen on <u>kmaslen@aol.com</u> T. 01246 582274 Virtual members welcome.

Ordering Repeat Medication

All requests for repeat prescriptions must be:-

- In writing or with our online access
- Return your repeat request form to surgery by Post/Fax/ Box on Dispensary Reception
- Please allow two working days before collection
- ! To ease the parking congestion, please collect your prescription between 12noon – 4pm

<u>Samples</u> – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag if provided.

<u>Test Results</u> – As we do not receive test results from hospital until lunchtime, please ring for these after 2pm.

For Urgent Calls when we are closed call |||

Services & Rotas for September 2019

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	<u>Anne's, Be</u>			FLOWERS & BRASS	ES	<u>Cleaning</u>			
	9.30am	Holy Commu		Fiona Swain		5 th -8 th Jane Hornsby			
8	9.30am	Holy Commu		- · · · ·					
15	9.30am	Holy Commu		Barbara Hawkswor	19 th -22 nd Rupert & Liz				
22	9.30am			Harvest Thanksgivir	Ig	and other a			
29	9.30am	Holy Commu	inion	Liz Turner		3 rd -6 th Fiona L			
	3pm	Pet Service							
<u>S</u> t.	Peter's, Ei	densor_			Sidesn	<u>nen</u>			
1	10.45am	Holy Commu	inion		Mrs Jac	ckson/Mrs Bradshaw			
8	10.45am	Holy Commu	inion		1rs Wardle				
15	10.45am	Matins			R S Sher	wood/Diana Walters			
22	10.45am	Holy Commu	inion &	Harvest Thanksgivir	ıg Joh	n Bowns/Mike Pindar			
29	10.45am	Holy Commu	inion		Mr & N	1rs Gordon			
	<u>Coffee</u>		<u>Clea</u>	NING	Flow	ERS			
1	Mr & Mrs	Harding	Mrs D	Day/Mrs Walters	Lesley B	Butcher			
8	Ann & To	ony Hubbuck	Mrs Jackson	Sherwood					
15	Mr & Mrs	Carter	Mr &	Mrs Grimshaw	Caird				
22	Clive & Jo	y Thrower*	Mr &	Mrs Wardle	ng flowers/harvest				
29	John & Jill		Mike	Pindar/ Jennie Ball	Clark				
* H	arvest Tha	nksgiving							
	Read	INGS		<u>St. Peter's</u>		<u>St. Anne's &</u>			
						<u>Sunday School</u>			
1	Hebrews	s 13: 1-8, 15-1	6	Roger Wardle		Matilda Cadogan			
	Luke 14:	1,7-14		Trinity Eleven		Children in Service			
8	Deutero	nomy 30: 15	.20	Trevor Grimshaw		Sarah Porter			
ľ	Luke 14:		-20	TrinityTwelve		SS Claire Cadogan			
				-					
15	Exodus			Gloria Sherwood		Rupert Turner			
	Luke 15:	1-10		Trinity Thirteen		No Sunday School			
22	Deutero	nomy 26: I-I	I	John Caws		Fiona Lichfield			
	John 6: 2			Harvest Thanksgiv	ing	SS Sarah Porter			
29	Genesis	28: 10-17		Diana Walters		Claire Cadogan			
_	John I:4			St. Michael and Al	I Angels				
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Items for the OCTOBER magazine should reach me NO LATER THAN									

Items for the **OCTOBER magazine** should reach me **NO LATER THAN** MONDAY 16th SEPTEMBER 2019: email to: <u>liz.bradshaw@w3z.co.uk</u> 'The Bridge'Parish Magazine 60p per copy (£7.20 per year).