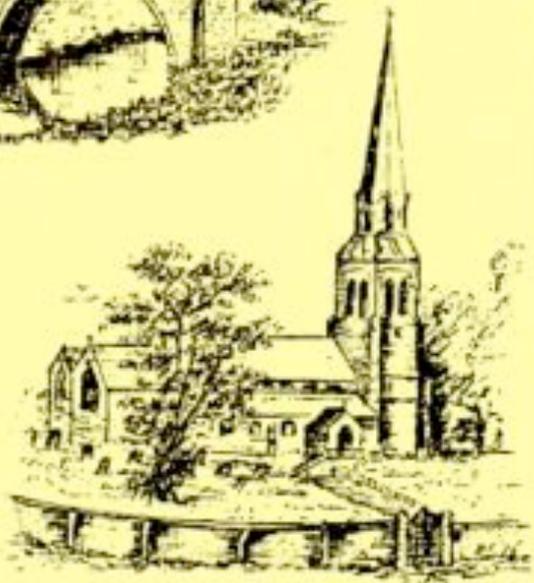


MAY 2016



'The
Bridge'



BEELEY WITH EDENSOR

Including CHATSWORTH, CALTON LEES & PILSLEY

PARISH MAGAZINE

Rev'd Canon D. Perkins,
The Vicarage, Edensor, Bakewell,
Derbyshire DE45 1PH Tel: 01246 386385
(Church website -www.stpetersedensor.org)

May 2016

Prayer and the guidance of the Holy Spirit mark the life and ministry of Archbishop Desmond Tutu with immense moral authority and personal warmth. As one of South Africa's leaders against apartheid, Archbishop Tutu spoke as a prophet from within the Church, constantly telling the government of the time that its racist approach defied the will of God and for that reason would not succeed. With the Bible always as his text, Archbishop Tutu taught that God decreed all people equal, and all people as images of God. For him, humanity was always measured by the humanity of Jesus Christ, and the freedom to be fully human. Many will remember his compassion and tears as he chaired the Truth and Reconciliation Commission which heard so much pain from the apartheid years in his beloved country, and it was he who coined two terms for the new South Africa apartheid. South Africans were to be "the rainbow people of God", and to show that "love is stronger than hate". Archbishop Tutu encouraged hope in the face of injustice, life lived, as he said, within God's dream for the world. Of course not all South Africans welcomed him, many believing that he was not speaking and acting as a priest of God should. But God's ways are not always understood. The obedience of some may be thought disobedience by others, but the Holy Spirit was certainly in evidence when South Africa peacefully moved to democratic elections in 1994.

As history has shown us, great things have been done in our world through the testimony, conviction and guidance of the Holy Spirit within the community of believers. Just as the first disciples began to turn the world upside down at Pentecost, so we can continue to do so.

On Sunday 15th May, the Church throughout the world celebrates the wonderful Feast of Pentecost. The day when God's Holy Spirit came to the disciples as Jesus promised them. The same Spirit that came to them comes to us – the Spirit that comes from the Father and draws to our minds and actions the remembrance of the Word and life of God, Jesus Christ.

But we are required to have a dedicated focus on knowing and re-knowing God's word in the scriptures, on the actual presence and activity of Christ's

body, the Church in the world, and the quiet, profound witness of the Spirit in our hearts. We are never left alone, without guidance and the stresses of everyday life – we live with hope, in the embrace of God, to bring glory to him. God will go on creating and renewing, and we are included in that activity by the life of God which indwells all believers. The work and the life are God's – it is our privilege to pray for, and to be part of, bringing about his kingdom and his will.

You may wish to read the wonderful story about the events at Pentecost (Acts 2: 1-21).

Every Blessing
Canon Dave



FROM THE REGISTERS



ST. ANNE'S, BEELEY

23rd March ~ A service of Thanksgiving for the life of Louise Pearson aged 36 years, followed by interment

ST. PETER'S, EDENSOR

8th April ~ Funeral service followed by interment
Valerie Mary Gray aged 82years



		<u>Telephone Numbers</u>	
St. Anne's	Wardens:-	Rupert Turner	01629 732794
		Fiona Swain	<i>ex directory</i>
	Treasurer:-	<i>to be confirmed</i>	
<u>St. Peter's</u>	Wardens:-	Elizabeth Bradshaw	01246 582421
		David Jackson	01246 583452
	Treasurer:-	Mark Titterton	01246 582245
		e-mail: mtitterton@btinternet.com	

Dates for your Diary - May

- 2** **Wedding** - St. Peter's 12.30pm Nicholas Mantell & Katie Neale
- 10** **BEELEY WI Monthly Meeting** 7.30pm Village Hall
Tai Chi Revealing the secrets of this ancient art of meditation and movement - Margaret Wood Tea & raffle: Terry and Fiona S
- 18** **CHATSWORTH WI Monthly Meeting** 7pm Edensor Tea Cottage
Resolution and AGM Meeting and Supper
Competition: Napkin Ring Tea: Sue Mcdowell & Irene Morris
- 19** **PILSLEY Parish Meeting** 6.30pm Pilsley C of E School - All residents in Pilsley Parish eligible to vote are automatically part of the Parish meeting so please show your support and attend.
- 24** **BEELEY Parish Council Meeting & AGM** 7.30pm Village Hall

St. Peter's Church, Sheep Service 10th April 2016

The Annual Sheep Service at St. Peter's has become a regular 'go to' event on many people's calendars and this year was no exception - a full church, nine pupils from Pilsley School with their Head teacher Mrs Bond, two very new and well behaved lambs and the first woman president of the Longshaw Sheep Dog Association, Lady Sykes, made for another memorable and moving service. Even the weather was kind to us once the mist had been burnt off by the sun; some members of our congregation queried whether the lambs would be warm enough in their pen in the porch, or whether they might benefit from a (woolly) blanket! They were fine,



nestled in the straw and once the sun came out they enjoyed basking in its warmth. Here are a couple of pictures, one of the children carrying the lambs down the aisle after being blessed (and incidentally named

'Fluffy' and 'Snowy') and one with Lady Sykes in the porch a few minutes later. *Thanks to Jim Fulton for the photographs.*



St. Peter's Church 100 Club January Draw 2016

1st Prize £30 - no. 1 Michael Douglas

2nd Prize £20 - no. 79 Bob Carter

Funds to church this month - £50

Ann Hall

'SPICE' Sunday

The 'SPICE' Sunday on 10th April raised £36.20 for church funds.

Many thanks to everyone who brought their 5pence pieces.

Easy Fundraising

If you already SHOP ONLINE, or if you haven't yet done so, then why not use Easy Fundraising and help raise money for St. Peter's Church? There is no extra cost to you and a percentage from your purchase will come back to the church.

To Register

- Go to www.easyfundraising.org.uk
- Click on **Register**
- Choose **Saint Peter's Church - Chatsworth Park** as your charity and fill in the rest of the form

To Shop

- Go to www.easyfundraising.org.uk
- Search for your store in the alphabetical list
- Go ahead and shop

Choose from over 2000 of the UK's best-known retailers including names such as Amazon, M&S, Argos, John Lewis and HMV and when you shop using the links on the easyfundraising site up to 15% from every purchase you make is donated to St. Peter's Church.



Bakewell Branch

*Come along for coffee or tea,
scones & delicious homemade cake*

Coffee Morning

Monday 9th May

10am-12noon

Bakewell Town Hall

Stalls & Refreshments

*Books, Bric-a-Brac Homemade Cakes & Preserves, Plants,
Tombola*

This is a Fundraising event for
MU Projects worldwide



Come along and weather-proof your little ones with both indoor and outdoor fun, for children and parents alike! Weekly classes for children, offering singing, crafts, messy-play and educational activities with an outdoor focus for all weathers. Learn about the seasons, tasty foods we can grow, and our creepy-crawly and wildlife friends.

Our toddler classes are suitable for under-fours (from 18 months dependent upon child's mobility). 45 minute sessions for both toddler and parent or carer.

Commencing 12th April 2016

10:00am Tuesday mornings (in term time).

Cavendish Village Hall, Beeley, North Derbyshire.

£6 per class payable on a half-termly basis following up to two "pay as you go" taster sessions. Booking required.

We hope to meet you and your little one! Please email jo@puddletots.co.uk for further details or to register for a place.

Sharing the ethos of the Forest Schools initiative, we believe that there is no better playground nor place to learn, than the great outdoors. Our toddler classes aim to foster this interest from an early age, finding things to do for little ones outside as well as inside, and maximising their opportunities to learn about the world we live in. Toddler groups bring added socialisation benefits within a small, supervised setting.

Our favourite topics include: Seasons ■ Weather ■ Plants and animals found in our garden ■ Foods we can grow ■ Farm-life and where our food comes from.

Learning is delivered through fun, multi-sensory and creative experiences to include singing, signing, messy-play, crafts and outdoor activity stations/ treasure trails.

Dress our resident Puddle-Pooch, Dodger (he's not a real dog mums and dads!) to learn about the weather each week. A big chunk of our time is then spent outside - so please bring your coats and wellies in the cooler and wetter months!

Every week brings a new theme for us to sing, learn and make things around. Take home your exciting creations, to plant in the garden, or surprise a loved-one with a special hand-made gift by your talented little Puddle Tots!



Sales this month totalled £608 helped by

£83 from Bakewell Methodist Church Thursday Fellowship and £32 from Baslow Methodist Church's Fairtrade Breakfast.

People ask 'What makes Traidcraft different?' When we started to look for cocoa suppliers in the Ivory Coast for our chocolate, there were well established co-operatives we could have worked with, providing fairly traded cocoa with fair wages, conditions and a premium payment to spend in the community. But we wanted to seek out farmers who could benefit more from the extra help and support we can give. So we found two vulnerable and remote co-operatives who would not be the first choice for mainstream buyers.

We provided them with the right plants together with advice and training in growing and pruning. Already the farmers report a third more production at no extra cost. The Fairtrade premium has provided fresh, clean water for the villages, basic tools for the farmers, a bridge and better transport to cope with the problems of the rainy season and much more.

That's why we say Traidcraft is more than just. We should all be just in our dealings with each other. Now we can be more than just as we connect directly with small scale farmers, their lives, their families and their communities, to help them trade their way out of poverty. That's the Traidcraft difference.

Peter Bird (01629 813087
pabird@gmail.com)

BAKEWELL & ASHFORD FILM SOCIETY

May 8th 2016

Witness for the Prosecution (1958, USA)

Cert. U, 116 minutes

Crime, Drama, Mystery

Leonard Vole is arrested on suspicion of murdering an elderly acquaintance. He employs an experienced but aging barrister as his defense attorney.

Small plates are better

How large are your dinner plates? If you replace 12" plates with 10" plates you could end up eating between 16 and 22 per cent less food. That could mean a loss of two stone over a year. The study was

held at Cambridge University, and concluded: "Helping people to avoid 'over-serving' themselves or others with larger portions of food or drink is likely to ... help reduce their risk of overeating."



You and your goldfish's attention span

How long can you concentrate on any one thing? According to a now infamous study by Microsoft (<http://time.com/3858309/attention-spans-goldfish/>) our digital lifestyles have had such a detrimental impact on our concentration levels that our average attention span has fallen to below that of a goldfish. Humans now stay focused for just eight seconds, before being distracted by news alerts, social media and so on – while even a goldfish can concentrate for nine seconds.

And it is not just the endless stream of information that hits us, but the type of information that is so distracting. Violence and endless conflict can leave you distressed and unsettled. Medical experts recommend regular non-digital breaks such as a walk, a chat, or even just staring out the window.

Meanwhile, try these tips to calm your mind:

1. In the evening, reverse the settings on your device, so that you have white writing on a black background. This reduces the blue light that affects your brain's cyclic rhythm, disrupting your sleep/wake cycle.
2. Get moving. Exercise takes time, but it also sharpens your mind and increases your concentration. So in the end you will get more done in less time.
3. Eat well. Avoid sugar and too much caffeine which make your mind busier.
4. Seek company. Anxiety levels rise after six hours, due to the changes in your brain hormones caused by social isolation. So if you work from home, take your laptop to a coffee shop for an hour, or see a friend for coffee.
5. Fill the final half hour of your day with one simple task, rather than flitting from task to task.

Why we don't retire

Nearly one in four people who were due to retire later this year have had to put it off, as they simply cannot afford to stop working. And around three in ten of those who *will* retire this year admit that they do not think their pensions and other savings

will give them enough income to support a comfortable retirement.

The survey from Prudential also found that many people have non-financial reasons for continuing to work, such as wanting to keep their mind and body active.

1st May: May Day – unbridled merriment

May is the month when the ancient pagans used to get up to 'all sorts'! The Romans held their festival to honour the mother-goddess Maia, goddess of nature and growth. (May is named after her.) The early Celts celebrated the feast of Beltane, in honour of the sun god, Beli.

For centuries in 'Olde England' the people went mad in May. After the hardship of winter, and hunger of early Spring, May was a time of indulgence and unbridled merriment. One Philip Stubbes, writing in 1583, was scandalised: "for what kissing and bussing, what smooching and slabbering one of another, is not practised?"

Henry VIII went 'maying' on many occasions. Then folk would stay out all night in the dark rain-warm thickets, and return in the morning for dancing on the green around the May pole, archery, vaulting, wrestling, and that evening, bonfires.

The Protestant reformers took a strong stand against May Day - and in 1644 May Day was abolished altogether. Many May poles came down - only to go up again at the Restoration, when the first May Day of King Charles's reign was "the happiest Mayday that hath been many a year in England", according to Pepys.

May Day to most people today brings vague folk memories of a young

Queen of the May decorated with garlands and streamers and flowers, a May Pole to weave, Morris dancing, and the intricacies of well dressing at Tissington in Derbyshire.

May Day is a medley of natural themes such as sunrise, the advent of summer, growth in nature, and - since 1833 - Robert Owen's vision of a millennium in the future, beginning on May Day, when there would be no more poverty, injustice or cruelty, but harmony and friendship. This is why, in modern times, May Day has become Labour Day, which honours the dignity of workers. And until recently, in communist countries May Day processions were in honour of the achievement of Marxism.

There has never been a Christian content to May Day, but nevertheless there is the well-known 6am service on the top of Magdalen Tower at Oxford where a choir sings in the dawn of May Day.

An old May carol includes the lines:

*The life of man is but a span,
it flourishes like a flower
We are here today, and gone tomorrow
- we are dead within an hour.*

There is something of a sadness about it, both in words and tune, as there is about all purely sensuous joy. For May Day is not Easter, and the joys it represents have always been earth-bound and fleeting.

This lovely story has been around for some time, but we thought it well worth sharing again...especially in the month of Pentecost, when we recall the importance of the unity of the Church...

The silent sermon

A member of a certain church, who had previously attended services regularly, stopped going. After a few weeks, the minister decided to visit him. He found the man at home all alone, sitting by a blazing fire.

Guessing the reason for his minister's visit, the man welcomed him awkwardly, and led him to a comfortable chair near the fireplace and waited.

The minister made himself at home, but said nothing.

In the grave silence, he contemplated the dance of the flames around the burning logs. After some minutes, he

took the fire tongs, carefully picked up a brightly burning ember and placed it to one side of the hearth all alone. Then he sat back in his chair, still silent.

The host watched all this in quiet contemplation. As the one lone ember's flame flickered and diminished, there was a momentary glow and then its fire was no more. Soon it was cold and dead.

Not a word had been spoken since the initial greeting. But now the minister chose this time to leave. He slowly stood up, picked up the cold, dead bit of coal and placed it back in the middle of the fire. Immediately it began to glow once more, with the light and warmth of the burning coals around it. With that, the minister smiled at his host, and quietly let himself out.

Don't drive when sad!

You've seen those motorway signs warning you not to drive when you are tired. But now it seems you are far more likely to crash your car if you drive when you are sad, or when you are angry, or when you are agitated.

A recent study has found that a healthy emotional state is hugely important for your safety at the wheel; being sad, mad or upset can

increase your likelihood of a crash by nearly ten-fold. That compares with fatigue making a crash only three times more likely, while talking on a mobile only doubles the risk.

Having children in your back seat is a very low risk, as is applying make-up (!) or eating food while at the wheel. Chatting to your passenger or moving to music barely raises the risk at all. The study was carried out at Virginia Tech.

Pentecost (15th May) celebrates the birthday of the Church – so a somewhat major event in world church history! The Rev Roger Roberts, former senior pastor of International Baptist Church in Brussels, considers...

The unstoppable power unleashed at Pentecost

Nine days after the Ascension of Jesus, and 49 days after his crucifixion, the Jews were doing what they always did this time of year, preparing for the Feast of Ingathering, or Harvest. It was held 50 days after the Passover, and with it, life in Israel looked set to return to normal, with Jesus well on the way to becoming just a memory.

So no one paid any attention to a small group of Jesus' disciples who had gathered in a house in Jerusalem. There were only about 120 of them, and they were quiet and kept to themselves. The Jews, if they thought about it at all, would have assumed they were still grieving their lost leader. But the disciples, far from grieving over Jesus' death, were eagerly awaiting for him to send them a present.... Though they did not understand exactly what it might be.

All they knew was that Jesus was alive, and that before He had ascended to heaven, He had told them to go to Jerusalem and wait there together for "the gift my father

has promised" (Acts 1:4) He had said: "stay in the city until you have been clothed with power from on high." (Luke 24:49)

These disciples, though they did not know it then, were already acting as the future church – the ecclesia, which literally means 'called-out ones'. For those disciples stuck together, together they waited for God's blessing.

As with them, so with us today: even though each conversion is intensely personal, we are not converted to be alone in our faith. Far from it! We are not saved to solitude, but to a life in the fellowship of the Church. Jesus has ordained that His followers, **TOGETHER**, be His family on earth, His witness to the world.

But it has never been a family built on likeness – the believers in the house that day came from very different backgrounds – from right-wing conservatives (Matthew) to radical left-wing zealots (Simon). There were some straight-forward fishermen and even women, for good measure. From the day of its birth, Jesus' family would include all kinds of people who would find their unity in Him.

The first thing the disciples did was to get down to the business of praying. They did not try and unite themselves by long discussions with each other. *Continues on page 12...*

It was the “joining together constantly in prayer” (verse 14) that brought them together.

The 19th Century London pastor FB Meyer expressed well what awaited those disciples “The task that awaited that little group was one of unparalleled difficulty. ... They were to disciple all nations, speaking different languages, scattered over the vast Roman Empire, which extended from the Atlantic to the Far East. ... They were to substitute Christianity for paganism, as the foundation of a new type of civilization. ... In fact, humanly speaking and without exaggeration, it depended on that tiny group of unknown and ordinary men and women, whether the Incarnation and Death, the Resurrection and Ascension, of the Son of God would obtain the audience and acceptance of mankind.”

Today the Christian Church faces the same challenge – of making Christ known. We can do “business as usual” in our strength and by our resources. But great manifestations of God’s saving, healing and restoring power come only as God’s people “stay for the Spirit” and “wait for the gift” as Jesus commanded (Luke 24:49; Acts 1:4).

Each of us would do well to “ask, seek and knock” for God’s fullness day by day, if we are to enjoy His full anointing of power on our lives and

ministry. We all ‘leak’, and need the continual in-filling that comes from abiding, persistent prayer.

It was out of the context of prayer that this incipient church in Jerusalem was preparing for the coming of the Holy Spirit on the Day of Pentecost. For God’s fullness in our lives and awakening in our church today we must believe that He is able and willing to fulfill His highest purpose for us. He wants to give us His “good gifts,” namely, His Holy Spirit in fullness.

That day in Jerusalem, when the Holy Spirit arrived in all His fullness, Peter stood up and preached the first ever Christian sermon to the astonished Jews in the city. So - the Jesus their rulers had crucified at Passover was not dead after all! That Jesus WAS the Messiah, and He was alive! 3,000 were converted that same day. In the power of the Spirit, the Church was born – and growing fast!



24th May - John and Charles Wesley - evangelists and hymn-writers

John and Charles Wesley were the founders of Methodism. Two of nineteen children born to Samuel and Susannah Wesley of Epworth Rectory in Lincolnshire in 1703 and 1707, their father was the local rector, while their mother was a spiritual inspiration to her many children.

Both John and Charles went to Christ Church, Oxford (1720 and 1726). John was ordained, and Charles and some friends formed a “Holy Club” while still at college. It consisted of men who dedicated themselves to Bible study, prayer, fasting and good works. Such regular disciplines soon earned Charles the nickname ‘Methodist’. The name stuck.

Both Charles and John felt called to the mission field, and so in 1735 they sailed to Georgia. Their time among Indians in America was not a success – they struggled for any real spiritual authority in their ministries. Feeling failures, they returned to England in some depression. John summed it up: “I went to America to convert the Indians; but, oh, who shall convert me?”

Then the Wesleys made friends with some Moravians. They stressed that salvation cannot be earned, but must be received by grace through faith in Christ. Charles was the first to experience this ‘true’ conversion, when on Pentecost Sunday, 21st May

1738, he wrote that the Spirit of God “chased away the darkness of my unbelief.”

Only three days later, on 24th May, 1738, it was John’s turn. As he wrote in his journal: “In the evening I went very unwillingly to a society in Aldersgate Street, where one was reading Luther’s preface to the Epistle to the Romans. About a quarter before nine, while he was describing the change which God works in the heart through faith in Christ, I felt my heart strangely warmed.”

John and Charles Wesley then devoted the rest of their lives to sharing the Good News of Jesus Christ – and turned England upside-down. When the established Church threw John out, he took to the fields, preaching to coal miners and commoners. His itinerant evangelism took him 250,000 miles on horseback and to preach over 40,000 sermons. His small “societies” attracted some 120,000 followers by the time of his death.

Charles became the most prolific and skilled hymn-writer in English history, writing hymns that are sung widely today, such as “Love Divine, All Loves Excelling.” In all, he wrote nearly 7000 hymns.

The legacy of the two brothers lives on. As well as Methodism, their teaching has widely impacted the holiness movement, the Pentecostal movement, and the charismatic movement.

Canon David Winter, former Head of Religion for the BBC, recalls the end of the Blitz...

KEEPING CALM AND CARRYING ON

On May 10th 1941 I was safely asleep in bed in my grandparents' home in rural Wales. My parents, on the other hand, were making their beds in the air raid shelter in the back garden of our home in north London. Right on cue as darkness fell, the sirens wailed. It would be another night of the 'blitz', with its incessant noise of anti-aircraft guns, the drone of the German bombers and the terrifying explosion of their bombs.

As dawn came and the enemy raiders departed, my parents got some breakfast and dad went off to work.

That had been the routine for more than a year. What they didn't know was that May 10th was to be the last night of the blitz. The morale of the civilian population, the courage of the RAF night fighter pilots, firemen and air raid wardens had finally persuaded Hitler that he would not win the war that way.

The blitz became part of British folklore. Our towns and cities were pock-marked with bomb sites. The casualties had been appalling – that last night of the blitz 75 years ago 1,300 people died. But ordinary men and women simply 'kept calm and carried on', as the famous slogan said. While we marvel at their fortitude, it may also help to put our present troubles into perspective.

Response to Chancellor's announcement on academies

Responding to the recent announcement on academies in the Chancellor's Budget speech, the Rev Nigel Genders, Chief Education Officer for the Church of England, said: "As the provider of 4,700 schools and the largest provider of academies, the Church of England has built up a bank of expertise and a collaborative partnership between dioceses, the DfE and Regional Schools Commissioners.

"The aim of the academy programme is not to create homogenous institutions but to ensure talent and expertise are pooled and resources maximised to secure the best possible futures for our young people.

"We will continue to embrace the opportunities to do that, recognising the particular challenges that many smaller primary schools will face as they seek to develop such partnerships, especially in rural communities."

David Winter considers the work of a genius.

Albert Einstein's Theory of Relativity celebrates 100th anniversary

One hundred years ago this month Albert Einstein, a German Jew already a distinguished theoretical physicist although still in his twenties, published his Theory of General Relativity. It set out how space and time are affected by energy, matter, gravity and momentum.

It was the most significant development in science since Newton, and possibly of all time. It opened the way for quantum physics (the other great scientific advance of modern times).

Einstein's Theory has been put to the test, first in laboratories but subsequently in space travel, exploration of the cosmos and nuclear research. At every point his conclusions have been verified. Indeed, even this year one of his most extraordinary proposals, about happenings far beyond our solar system, was finally endorsed by faint radio signals from outer space.

Einstein was in the USA when Hitler came to power, and as a Jew decided to make his home there. Proud of his Jewish heritage, he took up many causes, most notably to do with racial integration and world peace. Undoubtedly the greatest scientific genius of the twentieth century, he died in 1955.

Government's English Churches and Cathedrals Sustainability Review welcomed by C of E

The Church of England has welcomed the Chancellor's recent announcement of an 'English Churches and Cathedrals Sustainability Review'. It will be the first time Government has brought together experts to consider the future of England's magnificent church heritage.

For the Church of England is the largest steward of England's built

heritage, through its network of 16,000 parish churches. Among these are 45% of England's grade I listed buildings.

As these buildings are crucial to the present and future of local communities, the recent Church Buildings Review was set up to identify ways in which new and different models of care, openness and sustainability could be implemented.

The Way I See It: Three in One and One in Three

*David Winter contemplates the Trinity
(Trinity Sunday falls on 22nd May)*

A story is told of a Jewish man who collapsed in the street with a heart attack. A passing Roman Catholic priest rushed over and knelt beside him. "Would you like to have your sins forgiven?" he asked. The man nodded weakly. "Right," said the priest. "Do you believe in God the Father, God the Son and God the Holy Spirit?"

The Jewish man rolled his eyes and moaned, "I'm dying, and he's asking me riddles!"

Well, it's Trinity Sunday later this month, so if you go to church you may well hear the preacher trying to explain the riddle. Most church-goers know that it's part of orthodox Christian faith, and like singing about it in hymns, but haven't any idea why it's so important. Surely, they think, there's only one God, so why make it so complicated?

Yes, it is complicated, but not incredible. Over the last century scientists have discovered that almost everything is more 'complicated' than we had thought. It seems, for instance, that pretty well nothing we know is a simple unity. Think atoms, and then protons and neutrons. Energy and activity flow from dynamic relationships. So doesn't it make sense that the Creator God is a Relationship – the source of all energy and activity – rather than a simple 'unity'? Thought of like that, a God who is 'Father' (Source), Son (Action) and Spirit (Application) makes good sense. The Father made us, the Son loves us and the Spirit 'sheds that love abroad in our hearts'. Makes sense to me.



Don't grin and bear it

When you are feeling trapped in a stressful situation, it may not be best to simply 'grin and bear it'. If you feel obliged to constantly put on a smile in order to keep someone else happy, you could be doing yourself real

emotional harm. So says a study at the University of Toronto. It seems that hiding your true feelings can lead to a sense of loss of your own honesty and authenticity. So maybe an alternative is to talk honestly with the people concerned.

Marking Our Way - Lester Amann considers the 'markers' that guide our lives...

Anyone used to hiking and climbing mountains will be aware of cairns - collections of small stones heaped upon each other. Cairns are markers along a route and ensure that walkers don't head off in the wrong direction or succumb to danger.

Cairns have been used as trail markers for thousands of years, and exist not only on mountains but also on many kinds of terrain. They can vary in size from a low pile of pebbles to elaborate stone monuments and large sculptures. Sometimes they are specific landmarks or memorials to some historic event.

Cairns are mentioned in the Bible usually as 'memorial stones'. Jacob made a small mound at Bethel and Moses ordered a more decorative construction on Mount Ebal. These were markers so that people would remember the blessings God had given them in the past. Joshua's twelve stones at the River Jordan was a marker commemorating God's miraculous demonstration, and in generations to come it would make people stop and think about His almighty power.

Today, we have markers to remind us of God's provision and love and these are presented as the Liturgical Year. This consists of the cycle of seasons, feast days and celebrations of saints. Alongside these, some churches, use distinct liturgical colours to cover the altar as a visual reminder of a season or a day on the Christian Calendar.

Of course, not all churches use a liturgical calendar and perhaps miss out on seasons such as Lent, to spend some time for personal reflection and spiritual growth. We may not all observe Maundy Thursday, Ascension Day or Trinity Sunday, but in one way or another we all observe Christmas, Easter and Pentecost.

In the Bible narrative, the Israelites and later the Jewish nation, were often forgetful of God's counsel and care. They needed visual markers of stones and their year of festivals to constantly remind them that God was always with them.

The principle is the same for us. We can be forgetful, neglectful and negligent of God as we go about our busy, daily lives. What then are our personal markers? What can we use to help us stay on the right path with Him? Let's identify our markers so we do not stray from God's guiding and protective hand.

Holy Wells –

Ted Harrison visits some Holy Wells, this time in Cornwall

St Madron's Well, near Penzance

Cornwall is teeming with local saints, with some wonderfully evocative names: St Cuby, St Neot and St Guron - to give just three examples. Many of them have holy wells called after them and some of these wells have survived and remain popular with visitors today.

St Madron, or Maddern, was a 6th century Cornish hermit. Very little is known of his life, but after his death local legends attributed many miracles to his intercessions. Stories became attached to the well near Penzance that is named after him and still today a steady stream of visitors walk the wooded path to the well to pray and ask for healing.

The well is known as a 'cloutie well' as the tradition grew up for petitioners to tie a 'clout' or 'rag' on a branch on a tree nearby to symbolise their request. The well itself is little more than a patch of boggy ground surrounded by trees and bushes which are covered, even today, with dozens of strips of coloured cloth.

Not far from the well are the ruins of a chapel where coins are left or candles lit. Some folklorists say that

the chapel was originally the site of the well and there is evidence that it dates back at least 600 years. Cures came about both by washing in the waters of the well and also lying on the saint's bed which was once found in the chapel by the altar.

One famous cure in the 17th century, that of John Trelille whose limbs were restored to enable him to walk, was investigated by the then Bishop of Exeter who concluded it was indeed a miracle. The bishops's reason for taking an interest may well have been to refocus the minds of the local people on the miraculous healing powers of God, rather than on local superstitions.

St Madron's well is a quiet and tranquil place. Many visitors go there to ponder and pray. Some still go seeking cures, perhaps when conventional medicine is offering little hope. Some Christians might view it as a pagan site. There is little overt evidence of Christian practice. Perhaps it is best described as a place of folk faith. Like so many holy wells it is a place that serves as a reminder of God within nature and within history. People go there to leave the modern, secular world behind and reconnect with the innate trust their forebears had in the power and love of the Almighty.

GOD AND THE ARTS

Have you ever thought how an actual church building might provide a series of visual aids to spiritual meditation? The Rev Michael Burgess continues his procession through a church building, this month pausing to consider the significance of the church windows.

‘HE GAVE US EYES TO SEE THEM’ ~ STAINED GLASS WINDOWS

You may know the story of the little girl with her family during a guided tour around a cathedral. As the bright sun streamed through one of the windows, she asked the guide who were the people depicted there. ‘Those are the saints,’ he replied. Later that evening the girl told her mummy, ‘I know who the saints are.’ ‘Do you, dear? Who are they?’ the mother asked. The little girl replied: ‘They are the people who let the light shine through.’

When the summer sun rises, its light catches the east window of a church I look after. It shines through the figures and colours of the Annunciation scene to bathe the chancel in a warm glow. Later as the sun sets, it shines once again through the west window showing Christ surrounded by angels, with the same wonderful effect. They

are two stained glass windows by the Victorian designer, Kempe. But in St Mary’s Church, Fairford in Gloucestershire, there are an incredible 28 windows of medieval glass that have survived the centuries and continue to astonish the visitor.

As the sun catches this array of windows, the colours take on a new, vibrant life. We see scenes in the life of our Lord and our Lady, Old Testament prophets, New Testament apostles and the communion of saints. The eye moves round and we reach the west window portraying Christ in majesty and the day of judgement. This great work has been attributed to the royal glazier, Barnard Flower, who was influenced by the late medieval illuminated prayer books. The windows are a living witness to his skill and faith.

George Herbert has a poem that calls us to shine out like the church windows. It is easy, he says, to be ‘brittle crazy glass’, but in God’s good grace we can become like a window where colours and light, belief and life can combine and mingle to radiate out into the world.



Sherpa Tenzing – son of Everest

Tim Lenton recalls a much loved and courageous climber.

Tenzing Norgay – known best as Sherpa Tenzing – died 30 years ago. He and Sir Edmund Hillary were the first people to reach the summit of Mount Everest.

Over nearly 20 years, he had been on every expedition that set out to put a man on top of Everest. By 1953, he had probably spent more time on the mountain than any other human being - and had come within 1000 feet of its summit. Yet he almost missed out. The first pair to attempt the summit in 1953 turned back only 300 feet from the top because of a faulty oxygen cylinder.

Many Buddhists regarded Tenzing, a brilliant climber, as a reincarnation of the Buddha. For others his significance was simply that he was virtually the first humbly born Asian in history to attain world recognition. Tenzing's original name was Namgyal Wangdi, but it was changed by a high lama: "Norgay" means "fortunate".

At the summit of Everest Tenzing dug a hole in the snow and put food in it as a gift to the mountain gods; Hillary buried a crucifix. Tenzing spoke seven languages but never learned to write, although he authored several books by dictating them.

Godparents' Sunday – 1st May

This dedicated day is a response to research commissioned by the Archbishops' Council which shows the importance of godparents to families bringing their children for baptism.

Some Bishops have shared their Godparent stories. The Bishop of

Huntingdon, David Thomson said of his Godparents: "I was blessed with three very holy godparents – a monk, a missionary and a godmother who eventually entered a religious community too. Their prayers must have been powerful to enable a crumbly cookie like me to become a bishop! They continue to be an inspiration: my godmother in her 80s rebuilt a hospital in Africa!"

Smile...the following real life answers to various exams explain why teachers need long holidays...

State three drawbacks of hedgerow removal.

All the cows will escape. The cars drive into the fields. There is nowhere to hide.

Where was the American Declaration of Independence signed? - *At the bottom.*

Name six animals which live specifically in the Arctic. - *Two polar bears. Four seals.*

Baslow Health Centre – Church Lane, Baslow

www.baslowhealthcentre.co.uk

New Patients Welcome

GP Appointments: can be booked up to 2 weeks in advance via the Internet and 1 week in advance via telephone/reception. **Nurse appointments** can be booked up to 3 months in advance, via telephone/reception.

Patient Online: Have you registered to use the online service, allowing you to book and cancel appointments on line and order your repeat medications? You can also request access to your Summary Care Record. You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records.

Telephone Numbers:

Reception: 01246 582216

District Nursing Team: 01246 584903

Surgery Fax: 01246 583867

Health Visitor: 01246 583270

Dispensary: 01246 582366

(The Dispensary line is open 12noon – 1.00pm and 2.00pm – 3.00pm)

Normal Surgery Opening Times

Monday (07:30 until 19:30) Tuesday to Friday 08:00 to 18:30 (closed Bank Holidays), (Phones 08:00 – 18:30 Mon to Fri).

Please note the above times as we receive a lot of phone calls, just asking what time we are open to!

Surgery Closure – Closed for training afternoons:- Wed. 11th May & Wed. 8th June

Email- Please contact the reception and give us your email address if you would like to have the option of being contactable via email and receive the Practice and the Patient Participation Group newsletter.

Patient Participation Group - (PPG)

– If you want to be kept up to date and have the opportunity to express your views please consider joining Baslow's PPG. Contact Keith Maslen on kmaslen@aol.com T.01246 582274 Virtual members welcome.

Meetings:AGM 5th May 2016

Ordering Repeat Medication

All requests for repeat prescriptions must be:-

- In writing or with our on-line access
- Return form to surgery by Post/Fax/Box on Dispensary Reception
- **Allow two working days before collection**

! To ease the parking congestion, please collect your prescription between 12:00 – 16:00

Samples – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in the bag.

Test Results – As we do not receive test results from hospital until lunchtime, please ring for these after 2pm.

For Urgent Calls when we are closed call I I I

2	7	9	4	8	6	1	5	3
4	8	1	3	7	5	6	2	9
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3	1	8	7	9	4	2	6	5
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8	9	3	6	4	7	5	1	2
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April solution
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May Sudoku ☞

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May 16 – June 16 National Smile Month

National Smile Month is 40 years old this year. It is the UK's largest and longest-running campaign to promote good oral health, aiming to encourage people to brush twice a day with fluoride toothpaste, to cut down on sugar, and to visit the dentist regularly. Organised by the British Dental Health Foundation, the website offers the following snippets:

Some fun facts about your smile that you may not know:

- It takes 43 muscles to frown, but only 17 to smile.
- Some people admit to picking their teeth with keys, earrings, bank notes and even screwdrivers!
- The going rate given by the tooth fairy these days is £1
- 61% of us have been attracted to someone by their smile alone
- 24% of us would share our toothbrush with our partner, but only 6% of us would share our toothbrush with a celebrity (!)
- Two thirds of us have less respect for a boss with bad breath.

<http://www.nationalsmilemonth.org/>

Don't feed the ducks bread!

Feeding the ducks is a pastime many of us enjoy. But it is not good to feed them bread. Now a campaign urging people to feed them a healthy alternative claims it has helped us improve our habits by 20 per cent. Last year the Canal & River Trust, which looks after Britain's

waterways, warned people that bread is 'junk food' for ducks. It can lead to excessive droppings, which spread disease, and if left to rot, can trigger noxious odours which can kill fish and encourage algae, as well as rats and mice. SO – what DO ducks eat? Try corn, peas, lettuce and seeds.

SERVICES & ROTAS FOR MAY 2016

<u>ST. ANNE'S, BEELEY</u>			<u>FLOWERS & BRASSES</u>	<u>CLEANING</u>
1	9.30am Holy Communion		Mrs Swain	4 th -7 th Fiona S & Lynda
8	9.30am Holy Communion		" "	
15	9.30am Holy Communion		Mrs Turner	18 th -21 st Tracey & Jane
22	9.30am Holy Communion		" "	
29	9.30am Holy Communion		Mrs Mather	1 st - 4 th June Rupert & Liz
<u>ST. PETER'S, EDENSOR</u>			<u>SIDESMEN</u>	
1	10.45am Holy Communion		J Bowns/M Pindar	
5	9.30am Holy Communion for Ascension Day			
8	10.45am Holy Communion		Mr & Mrs Gordon	
15	10.45am Matins		Mrs Jackson/Mrs Clarke	
22	10.45am Holy Communion		Mr & Mrs Machin	
29	10.45am Holy Communion		Mr & Mrs Wardle	
<u>COFFEE</u>		<u>CLEANING</u>		<u>FLOWERS</u>
1	Mr & Mrs Harding	Mr & Mrs Nelson	Wedding flowers	
8	Mr & Mrs Carter	Mrs Day/Mrs Walters	Wilma Day	
15	Clive & Joy Thrower	Mr & Mrs Jackson	" "	
22	Mr & Mrs Bosett	Mr & Mrs Grimshaw	Gillian Caird	
29	Mr & Mrs Sherwood	Mr & Mrs Wardle	" "	
<u>READINGS</u>		<u>ST. PETER'S</u>	<u>ST. ANNE'S & SUNDAY SCHOOL</u>	
1	Acts 16: 9-15 John 5: 1-9	Bob Carter <i>Sixth Sunday of Easter</i>	Annabelle Porter <i>Children in service</i>	
8	Acts 16: 16-34 John 17: 20-26	Roger Wardle <i>Seventh Sunday of Easter</i>	Fiona Lichfield <i>No Sunday School</i>	
15	Acts 2: 1-21 John 14: 8-17	Trevor Grimshaw <i>Feast of Pentecost</i>	Fiona Swain <i>Claire Cadogan</i>	
22	Proverbs 8: 1-4, 22-31 John 16: 12-15	Gloria Sherwood <i>Trinity Sunday</i>	Claire Cadogan <i>No Sunday School</i>	
29	Galatians 1: 1-12 Luke 7: 1-10	John Caws <i>Trinity One</i>	Sarah Porter <i>Holidays</i>	

Items for the **JUNE** magazine should reach me **NO LATER THAN MONDAY**

16th MAY 2016; email to: liz.bradshaw@w3z.co.uk

The Bridge'Parish Magazine 60p per copy (£7.20 per year).