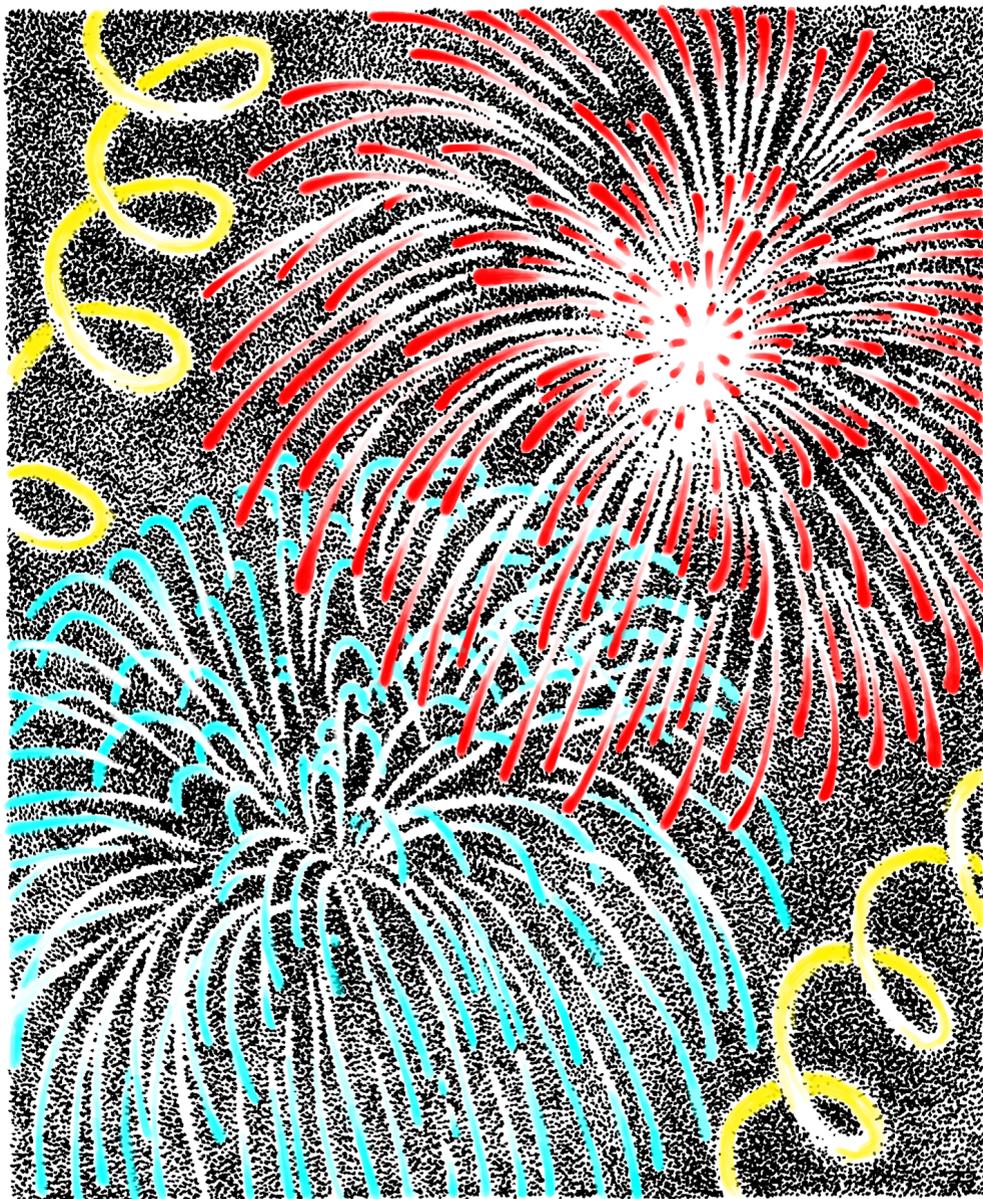
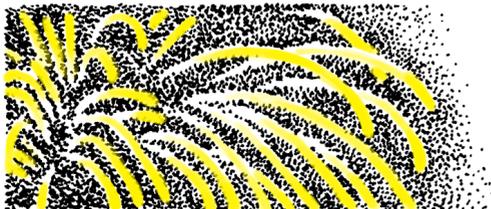


November
2013



Revd Canon D. Perkins,
The Vicarage, Edensor, Bakewell,
Derbyshire DE45 1PH Tel: 01246 386385
(Church website - www.stpetersedensor.org)

November 2013

It seems a long time ago since returning from our holiday in Cyprus back in October, but the memories of that break are still in our minds. Apart from two Mr. Bean incidents we had a wonderful time. Yes, I know you are intrigued to know what happened.

The first incident happened in Famagusta. After a lovely walk and swim in the warm sea, we returned to the hire car to find we had a puncture. Out came the jack to elevate the car and change the wheel. Everything was going fine until we had removed the wheel and the jack collapsed, leaving the car precariously balanced. Fortunately, a kind Turkish man came and loaned us his jack and the job was sorted. That evening we returned to the villa, poured out a glass of wine and sat out on the patio. Unfortunately as we shut the patio door it self locked. Oh dear! All the other doors were also locked. After deliberating about our plan of action, we called the owner who said not to worry he would send a neighbour round with a spare key. The lovely elderly couple, who had made us feel very welcome to the area when we first arrived, soon appeared walking up the hill towards us delighted to help us out of our predicament. As the gentleman put the key into the front door it dawned on us we had left the other key on the inside! Everything was against us. The only chance was a bedroom window that may be unlocked if we could find a ladder. Fortunately they had one but it was evening time and very dark. Eventually we arrived back at our villa with the ladder where no one appeared to be brave enough or fit enough to ascend to the only bedroom window which was open. Margaret, bless her, gained the courage, climbed the ladder and popped through into the bedroom. Crisis over we continued to enjoy the wine on the patio but were also very cautious not to do the same again.

Life presents us with many challenges and surprises. We can plan holidays and events right down to the finest detail but accidents happen and situations arise which are sometimes completely out of our control. We need to be thankful for kind, generous hearted people. Unfortunately the media often concentrates on those who wish to promote hatred and violence. We hear

about horrendous situations around the world where tyrant leaders abuse and corrupt. We are speechless when we read about people who are violent and cruel. But what about the majority of people in our world? Regardless of class, creed, colour, age or background, most people are kind and of a generous heart. Wouldn't it be good if the media shared with us more about unsung heroes, who everyday make a difference to someone's life by a kind word or deed. Spending just over a week in Northern Cyprus, everyone we met, without exception, were kind and friendly people including the Turkish man who loaned us his jack and the neighbours who loaned us their ladder. Being kind, generous and compassionate is all part of what Jesus Christ asks of us. In Cyprus I believe we met Christ in some of the people we encountered.

With every good wish,
 Canon Dave

ALL SAINTS' SUNDAY, ST. PETER'S CHURCH, EDENSOR
 3rd November ~ 10.45am

At this service we shall be celebrating All Saints' Sunday. During the service the names of loved ones departed will be read out and there will be the opportunity to light a candle in remembrance.

We do hope that you will come along to this service and give the names of loved ones to the sidespeople as you arrive, or let the vicar or churchwardens have the name or names beforehand.

Telephone Numbers

St. Anne's	Wardens:-	Rupert Turner	01629 732794
		Fiona Swain	<i>ex directory</i>
	Treasurer:-	<i>to be confirmed</i>	
<u>St. Peter's</u>	Wardens:-	Elizabeth Bradshaw	01246 582421
		David Jackson	01246 583452
	Treasurer:-	Mark Titterton	01246 582245
		e-mail: mtitterton@btinternet.com	

**St. Peter's Church 100 Club
 September Draw 2013**

1st Prize £30 - no. 31 Jean Tindale
 2nd Prize £20 - no. 53 Vernon Mather
 Funds to church this month - £50

'SPICE' Sunday
 'SPICE' Sunday on 13 October
 raised £98.55 for Church
 funds. Thank you for your
 continued support.

DATES FOR YOUR DIARY -NOVEMBER

- 3 Annual Farming Service, Agricultural Centre, Bakewell 2.30pm
10 **Peterborough Voices** will be singing in St. Peter's Church at 3pm
11 Bakewell Oxfam Supporters Group Pre-Christmas Sale 9 - 12
Bakewell Town Hall
12 W3Z will be presenting their Broadband option for **Beeley**. Open event at
the Devonshire Arms between 4 - 7pm
12 **BEELEY WI** Monthly Meeting 7.30pm at Broadlands
AGM followed by Cocktail Workshop! Come and bring your favourite
mixes. Try out new ideas and fancy glass refurbishment (recipes both
with & without alcohol. *Tea and Raffle - Sarah*
14 Pilsley CofE School Christmas Fair ~ 5 - 7pm Cavendish Hall, Edensor
20 **CHATSWORTH WI** AGM 7pm Edensor Tea Cottage
Speaker: Keith Blood - Victorian School
Competition: Bonfire Toffee
Tea & Parcel: Mrs Blackwell & Mrs Watts
Vote of thanks: President HOT POTATO SUPPER
23 St. Peter's, Edensor 9.00am - Peak District Bellsingers
25 **BEELEY PARISH COUNCIL MEETING** 7.30pm Village Hall
30 Wedding 1pm St. Peter's -
Adam James Worthginton & Kathryn Elizabeth Kitching



From the Registers
St Peter's, Edensor ~ Wedding



12th October 2013

Benjamin Edward Connor & Elizabeth Ann Clewes



Pilsley School Christmas Fayre



Pilsley CofE School
will be holding their
Annual School Christmas Fayre
on **Thursday 14 November 5 - 7pm**
at **The Cavendish Hall, Edensor**

Everyone welcome to come and spend some money!

St. Peter's Church, Edensor
Harvest Service

The church was full, the windows, altar and font decorated with flowers and fruit, and no one could have mistaken what the service was going to be. The children of Pilsley CofE School gave a short presentation on Peru, the Bishop of Derby's Harvest Appeal for this year and for which the children have been raising money during the past few weeks. In total they raised £420 towards the building of a clinic, school and church in the slums of the city of Chiclayo. Well done everyone on your very innovative fundraising themes!

The donations of non-perishable foods and all the fruit and vegetables received at St. Peter's were taken by Canon Dave to the Padley Centre for the homeless in Derby, and their reply is printed below.

A very joyful service followed by an excellent 'bring and share' lunch.

Thank you to everyone who came along and to those who donated the gifts.

Dear Members of St Peter's Church

HARVEST 2013

On behalf of everyone at Padley, I would like to thank you for your kind Harvest gift donation.

The donations we receive of food, money and toiletries are invaluable in enabling us to continue delivering the services we do at the Homeless Centre. Our homeless clients particularly appreciate the good, nutritious food we are able to serve throughout the year from the very generous donations we receive from you and other churches and schools of Derby and the surrounding areas.

Without your kind generosity our services, particularly to the homeless, would be sadly depleted.

With kind regards and many thanks,

Kerry Collyer
Administrator



CHRISTMAS GREETINGS



via 'The Bridge'
Donations to Church Funds

If you would like to send Christmas Greetings to friends, family and other readers of this magazine, please put your name on the list which will be at the back of church (in St. Peter's), during, the next few Sundays, or telephone or email Liz Bradshaw **before Monday 18 November.**

ANNUAL FARMING SERVICE

Bakewell Agricultural Business Centre
Sunday 3 November 2013 at 2.30pm

"Shared Thoughts" by the Revd. Graham Jones

National Rural Officer for the Methodist & United Reform Churches

Free Car Parking

*Peak Methodist Circuit with Bakewell & Eyam Anglican
Deanery and the Association of Bakewell Christians*

Refreshments

Peterborough Voices at St. Peter's Church Sunday 10 November ~ 3pm

Peterborough Voices is a female choir from Peterborough. They are travelling to North Wales on the 8th November to take part in the North Wales Choral Festival and say:

"We really want to finish our weekend off by partaking in some informal singing and would love to come to your church the afternoon of 10th November and perform for your community. It's nothing formal and something we managed to do this year during an overseas tour visiting Italy, in many of their open areas and churches. We also got to perform in Florence and Arezzo and to sing mass at Siena Cathedral".

Do come along and help us to make them feel welcome. If you want to hear them before that, go to their website <http://www.peterboroughmvchoir.org.uk/>

CHARITY WINTER LANTERN WALK

Thursday 28th November 2013, 5pm



A lantern lit walk from Bakewell Showground to
Thornbridge Hall along the Monsal Trail

The cost will be adults £5; child/conc. £2 including refreshments and entertainment. The walk will be led by local storytellers, The Babbling Vagabonds.

For further information and to book tickets visit www.helenstrust.org.uk

*Suitable clothing must be worn. No naked flames. Please bring a torch.
Return transport will be provided.

Supporting two
local charities

 **Helen's Trust**
Giving people with terminal illness the choice to stay at home
Registered charity 1142370



BAKEWELL OXFAM SUPPORTERS GROUP PRE-CHRISTMAS SALE

Monday November 11th
9.30am - 12noon
At Bakewell Town Hall

Christmas goods; home-made produce; books; bric-a-brac; jewellery*;
tombola and a Traidcraft stall including the sale of Christmas Cards.

Refreshments available

Entrance 30p

All welcome

*If anyone has any jewellery they would like to donate to Oxfam, please
ring 01629 733545

And so to bed

When is your bed-time? Probably later than it used to be. Apparently we are going to sleep 90 minutes later than we did 10 years ago – and our smartphones, tablet computers and social networking sites are to blame. It is just so tempting to go to bed, and take them with us.... and

spend more than an hour online before we close down for the night. The trend for 'bedtime browsing' means the average person is now sleeping for seven-and-a-half hours less during a working week than 10 years ago. The study was carried out by the price comparison site broadbandchoices.co.uk.

Spread a little happiness at Christmas....

You may remember that this time last year we ran an appeal to help victims of domestic violence through a local charity called W.I.S.H., which is based in Glossop and covers Bakewell and the Hope Valley area. The response was incredible and so, once again, we are hoping that members of our congregations and readers of this magazine will feel able to help us by donating non-perishable foods, Christmas treats, toiletries etc. Items could include tins of beans, soup, tuna/meat, packets of pasta, boxes of cereals, biscuits, tea bags, coffee, jams & chutneys, soap, deodorant, shower gel etc. and perhaps some seasonal goodies such as mince pies, Christmas

puddings and a few chocolates - in fact all the things we take for granted and enjoy during the festive season.

When you are shopping perhaps you could pop something extra in your basket or on the 'buy one get one free' offer donate the 'free' one.

There will be collection points in St. Peter's Church; Edensor Tea Cottage or Pilsley Post Office

Please help us to make Christmas a little more joyful for those in a position most of us, hopefully, will never have to experience.



Rules for Reverends!

By Jeremy Fletcher, BRF, £6.99

Many books about the church take themselves very seriously. Only occasionally does an author come along who can skilfully use humour to poke fun at the inconsistencies of the church way, while at the same time gently question what is actually going on. The Vicar of Beverley Minster Jeremy Fletcher's new book, which has already featured in *THE TIMES* (Sat 24 Aug) and on BBC Radio 4, is one such title.

The book is a collection of simply stated rules—'rules' used in a somewhat tongue-in-cheek way, covering such things as worship ,

clergy households, money, curates, social events, bishops, schools, what (not) to wear, weddings, people, funerals, preaching, buildings and organisations. 'Rules' such as: ~ *Annual Parochial Church Meetings would be enlivened if people could be voted off rather than on. But you might be first.* **Or** ~ *It's only when you're in the pulpit and coughing that you realise you're not sure whether the jug and glass have been there for five years without being changed.* **Or** ~ *The preferred communication style of most churches is osmosis and telepathy.*

Church Times cartoonist Dave Walker has provided twelve cartoons to illustrate the rules and entertain in the unique Walker way.

Canon David Winter, a former Head of Religious Broadcasting at the BBC, reflects on Guy Fawkes....

The Way I See It: GUNPOWDER TREASON

'A planned bomb attack by religious extremists on a strategic site in central London has been foiled by the security services, acting on secret intelligence. Eight men have been arrested and charged.'

That could be a story from yesterday's newspaper, but in fact (as astute readers may have guessed) it's an account of an event over 400 years ago which will be marked with thousands of bonfires up and down the land this month.

On 5th November 1605 a man called Guy Fawkes was discovered with something like 36 barrels of gunpowder in a crypt underneath the House of Lords on the day of the State Opening of Parliament. He was apprehended, and under torture revealed the names of his co-conspirators, all Roman Catholics intent on assassinating the king, James I, and restoring a Catholic monarchy to England. It's that event which, through the murky mists of time, we commemorate with fireworks, bonfires and - yes - 'guys' on 5th November every year.

As a child I remember singing, 'Please to remember the fifth of November/

Gunpowder, treason and plot./ I see no reason why gunpowder treason/ should ever be forgot'. Does anyone still sing it, I wonder? Perhaps the time has come to forget Fawkes and the plot, and simply have the fireworks.

Until about fifty years ago there was still an anti-catholic element in some of the bonfire night celebrations. Thankfully, just as such religious conflicts are very much part of our distant past, so in recent times have we seen that the endless recitation of ancient feuds helps no one - and may even distort history. After all, even in 1605 Fawkes and his companions didn't have the support of most of their fellow-Catholics, and it's very possible that the intelligence that uncovered the plot came from within their ranks.

We are all too aware, however, that terrorism, bombs and assassination attempts are still very much part of contemporary life. There are people in today's world who misguidedly believe that they are doing God's will by killing those who do not share their religious practice or political beliefs. Fawkes and his friends, with the kind of indifference to risk which modern terrorists also display, were fanatically committed to their cause.

They, and their modern counterparts, are a reminder that while faith is a wonderfully good

thing, religious fanaticism is a dangerous delusion and violence of this kind is never the best answer to injustice. The real game-changers in modern history have risked their own lives rather than taking the lives of others: people like Mahatma Ghandi, Martin Luther King, Janani Luwum, Nelson Mandela, Lech Walensa and Oscar Romero. ‘Love

your enemies,’ said Jesus. Then there’s a good chance you’ll change them, and in changing them you may change history.



Enjoy a safe bonfire night

Did you know that a sparkler can get six times hotter than cooking oil? That children are tempted to go back to fireworks which have not gone off – only to risk having them explode in their face? No wonder each year a number of children are hurt or even maimed for life by accidents at a home fireworks party. In the past few years hundreds of children have been treated in hospitals for burns and other fireworks injuries. So here are some dos and don’ts for this year’s Bonfire Night party:

- ~ Supervise children at ALL times
- ~ Children should wear gloves when holding sparklers. Sparklers should be plunged into cold water when over.
- ~ Don’t cut corners to save money – buy fireworks ONLY from a reputable shop and make sure they have BS7114 written on the box. Beware those shops that spring out of nowhere in the days leading up to Bonfire Night – do their fireworks meet British

Standards? Never buy off the back of a van or an unlicensed market stall.

- ~ There are different categories of fireworks. Members of the public can legally buy only categories 1 to 3.
- ~ Only ONE person should be in charge of fireworks on the night. That person should carefully read the instructions in good daylight well ahead of time, not after several glasses of wine on the night. On the night you will need a torch, a bucket or two of water, eye protection and gloves, a bucket of soft earth to put fireworks in, and suitable supports and launchers if you are setting off Catherine wheels or rockets.

~ Finally, spare a thought for your pets. Keep them indoors during the evenings around Bonfire Night, and dogs on a lead when you take them out - a loud bang and they might bolt in fright.



.....
•Daring students - “I’m tired of this routine existence,” said one university student to his friend. “Let’s do something extraordinary, startling, magnificent; something that will make our brains whirl and our hearts leap.” “Okay,” said his friend. And so they studied.
.....

Poppies for Remembrance



The annual Poppy Appeal is now underway. Did you ever wonder how it all began? It seems that poppies were first suggested as a symbol of Remembrance in the USA by a Miss Moina Michael, way back in November 1918. The American Legion used them in 1920, and then in 1921 Madame Guerin introduced her poppies, made by widows of a French-American charity, to the British Legion. The next suitable occasion for a poppy-linked appeal was Armistice Day, and the British Legion took a big chance: they had no idea if the poppies would 'catch on' over here or not, but went ahead, ordered nine million, and held their breath...

On the day itself, the first poppy was bought in London a few seconds after midnight. The

poppies were on sale at an official price of threepence but

before breakfast single petals were selling in Smithfield Market for £5. All day long motor cars fetched poppies and crate after crate was emptied until supplies ran out. A message from Queen Mary brought sellers to Buckingham Palace, but hearing that poppies were in short supply, she bought only two. A basket of poppies auctioned at Christies raised nearly £500.

That first appeal raised £106,000 (nearly £30 million in today's terms). In 1922 the "Poppy Factory" was established in the UK and has been employing disabled ex-Servicemen to make the poppies ever since. Poppies were "sold" when the appeal started. Nowadays, charity legislation requires them to be 'distributed in return for donations'.

Review

Legends of the Improbable Saints

Richard Coles and Ted Harrison, DLT, £9.99

Martyrs and miracle-workers, monks, mystics and murderers; each of these legendary saints – respectfully introduced by Richard Coles and affectionately illustrated by Ted Harrison – can, however improbably, prompt us to reflect on faith and devotion today.

Richard Coles is co-founder of 80s pop group The Communards and is now a Church of England priest and host of Radio 4's Saturday Live.

Coming soon – The Bible – on Channel 5

A 10 hour mini-series that brings the Bible to life is coming to the UK this autumn – having already been watched by more than 100 million people in the States earlier this year.

Produced by Roma Downey, an Irish actress and producer from Northern Ireland, and her husband Mark Burnett, an Emmy-winning producer, The Bible Series features stories from both the Old and New Testaments. As Roma Downey explains:

“From the beginning we wanted it to be a love story; that it was going to take us on that great epic journey that revealed God’s most amazing love for us. So, from the beginning, from the Fall of Adam and Eve and the separation from God, the series really became a journey of how we get back to God.”

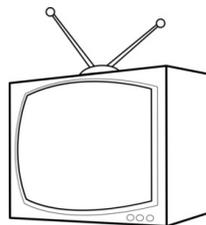
Using the latest CGI elements to make it very ‘now’ in portraying the parting of the Red Sea and battle scenes, the stories are accompanied by a score by world-famous film composer Hans Zimmer.

When The Bible Series arrives on Channel 5 this autumn, there is

hope that it will capture British hearts just as it has done elsewhere in the world. According to Bible Society research, 25 per cent of people said they would be more likely to engage with the Bible if it were on television.

As Roma Downey says: “People are hungry for God and hungry for hope and want to have these stories presented in a modern way, in a way that they don’t feel preached at or talked down to. We wanted to emotionally engage an audience so they could relate to the stories. The struggles and hurts and hopes that the people had are the very same things that we experience today”.

“The story of the Bible is exciting and dramatic and compelling. It has the greatest characters of any book ever written. It has all the ingredients to make for wonderful TV, with heroes and villains and love and hate and loyalty and betrayal and sin and forgiveness and ultimately it’s a story of redemption.”



Help give a fresh start to homeless people

There is no one reason for homelessness. It can range from family conflict and breakdown, mental health problems, erratic school attendance and difficulties with learning, reading and writing. Many homeless people have spent much of their lives in care or in the Armed Services. Once people become street homeless it is all too easy to become drawn into the world of crime and addiction. It is very easy to give up, to depend on alcohol and drugs, and very hard to find the will to pull yourself together.

Church Housing Trust works with over 80 hostels up and down the country which are run by Riverside ECHG (formerly English Churches Housing Group). They offer homeless people not just a roof and a bed, but also health checks, help with their

addictions, housing and employment advice and the opportunity to learn skills such as cooking and use of IT that will help them when they are able to move on and resettle on their own.

CHT's funding also ensures that as many people as possible do not go back to their unsettled way of life on the streets or in temporary accommodation. Christmas is often a lonely time for the homeless, and some of the money raised is spent on presents and a nourishing meal.

The support and prayers of churches and individuals enable Church Housing Trust to give homeless people a fresh start, and to assure them that they are not totally forgotten. Would you like to help? Donations may be sent to Church Housing Trust, PO Box 50296, London EC1P 1WF or via www.churchhousingtrust.org.uk

A website to visit - before you visit Israel

The Israel Government Tourist Office (IGTO) has just re-launched a website for Christian tourists to the Holy Land.

Walkwherejesuswalked.com aims to help visitors get the most out of their trips by offering insight into the locations where Jesus walked and prayed.

The website offers a variety of helpful hints and tips, along with some

inspiring, breath-taking imagery. It also offers a new feature: the Holy Land Mapped. This is an interactive aid which pinpoints key locations throughout Israel, providing users with a tangible guide to defining moments in Jesus' life and ministry. Walkwherejesuswalked.com also provides information about booking holidays and lists a number of tour operators that can create itineraries specifically for Christians. For further info: www.thinkisrael.com.

Here is a true and very personal story from the War, told in 100 words.

Remembrance

1939 and George, my father, was eager to enlist. He soon chummed up with Bert. Together they faced the hell of the gunfire and the trenches. One day there was a loud explosion. George threw himself down and Bert fell on top. Shrapnel riddled Bert's body, some going through into

George. His chum was dead, but miraculously George was still alive. Remembrance Sunday at the Albert Hall. Thousands of petals were falling, each one representing a lost life. Tears welled up as George remembered his chum. He knew that but for Bert he would have been one of those petals.

By Megan Carter



Could you give a welcome to someone far from home?

Could you offer someone a home far from home for just a day or two? HOST, a well-established charity, is hoping to hear from people who enjoy making others feel at home, and who would love to meet interesting young adults from other parts of the world who are currently studying at universities in the UK, and who want to understand this country better.

One host wrote: 'It is great to welcome these students and make them feel wanted. They get to see a good side of life in Britain in contrast

to what they might learn from the media. It is also fun getting to know someone from another country.'

Invitations can be for a day, a weekend, or 3 days at Christmas. Sharing Christmas with someone who has little idea what Christmas is can be really special – and for the guest, much better than being on a deserted university campus. Invitations are urgently needed from volunteer hosts, no matter how far they live from a university. To find out more, please see www.hostuk.org or contact local organiser Alan Lodge 01845 527448 northwest_RO@hostuk.org
Thank you

Beat the superbugs

Traditional remedies such as hot tea and honey have a lot going for them in the fight against dangerous bugs. With antibiotics on the wane, as superbugs become resistant, it seems that good old-fashioned cups of tea may not seem such a daft way of combating your illness. After all, tea contains compounds called polyphenols, that have the ability to kill micro-organisms. In the meantime, one expert from Cardiff University recently told the BBC that he feared: "we're heading back towards the pre-antibiotic days when treating serious diseases was extremely problematic."

GOD IN THE ARTS

The Rev Michael Burgess surveys works of sacred art that can be found in various museums...you can see the image by googling the title of the painting and the artist.

'He gave us eyes to see them':

ZUBARÁN'S 'JACOB AND HIS TWELVE SONS'

In the Old Testament the story of Jacob is a vivid saga of struggle and conflict: Jacob vies with his brother Esau, he has a difficult time with Laban, there are tensions in his family, and finally he wrestles with a divine stranger. And yet in the book of Genesis his days end with promises from God: he will be blessed with descendants, a land, fruitfulness and the assurance of God's presence with him. He is given a new name and a new destiny as 'Israel.' We sense all this struggle and blessing in a remarkable series of thirteen paintings, 'Jacob and his twelve sons' by the Spanish artist, Francisco Zubarán.

They hang in the dining room of Auckland Castle at Bishop Auckland in the north-east. Bishop Auckland grew as a thriving market town and then in the industrial age became the centre of the Durham coal industry. It was also the site for the prince bishop of Durham's palace. In the medieval period the

bishop was as powerful as the monarch of the land with an army that rivalled the king's own forces. Auckland Castle became the country seat for the prince bishops, and in the 18th century Bishop Richard Trevor made the palace more Gothic and imposing than ever before. To mark the 1753 Act that allowed Jews to be naturalised in England, he purchased the portraits of Jacob and his sons by Zubarán for £124.

Zubarán normally painted monks and saints, and this particular series was meant for the colonies. But they were seized by pirates and then sold to a London merchant. The one depicting Benjamin was bought by Lord Ancaster, and so Bishop Trevor was only able to buy twelve. He commissioned Arthur Pond, a jobbing painter, to make an exact copy of Benjamin to complete his set. The series of canvases, each eight feet tall, was in the news recently when there was a possibility they might be sold. They were saved by a Trust, now dedicated to developing the site of the Castle, which includes not just the dining room, where the paintings hang, but a very fine chapel of St Peter, a throne room, and beautiful gardens.

Jacob and his sons are each painted against the daylight sky, and each has its individual characteristics. Judah for instance

is clad in a brown and gold garment with a gold circlet crowning his head as the ancestor of King David and Joseph, the husband of Mary. Gad is a strong soldier. Jacob, the father of these twelve sons, is a bearded old man, bowed down with the weight, not just of his years of struggle, but perhaps also the burden of destiny laid on his shoulders as both a blessing and a responsibility. For in

the Old Testament we learn that God often chooses the ones overlooked by the world: the young boy David above his more likely brothers, Isaac above Ishmael, and in the saga behind these impressive paintings of Zubarán, Jacob, the second born son, but here blessed as the father of God's people.

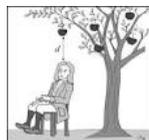
Good daydreaming

Got a problem? Start daydreaming about it. It seems that when it comes to problem-solving, the best way to start is to let your mind wander.

A recent report by the University of California has found that people who returned to a difficult task after relaxing with an easy task increased their performance by about 40 per cent. But there was little or no improvement for people who did another demanding task

during the break, or who used it to rest, or who had no break at all.

It seems that “mind wandering enhances creativity”, as one professor put it. After all, Einstein gained inspiration for his theory of relativity by daydreaming about running beside a sunbeam to the edge of the universe. And, closer to earth, Newton developed his theory of gravity when he saw an apple fall from a tree in his mother's garden in Lincolnshire.



Are you too tired for pudding?

When did you last have a slice of apple pie or bread and butter pudding after your dinner? It seems that eight out of ten of us are now too busy to make the effort to have a pudding each night. While half of us would still be happy to tuck into a favourite pudding every night, we just don't have the energy to

get around to organising it. Long days at work and stressful commutes, followed by domestic duties and raising children, take their toll on our sweet tooth, it seems, according to some research for British Pudding Week. If we did have the energy, apple crumble is our favourite, followed by cheesecake and chocolate cake. *What's your favourite? Let me know and we'll put a list in the January magazine. Liz*

GOD IN MUSIC

The Rev Michael Burgess continues his series looking at great works of music, this year based on various saints of the church.

'In sweet music is such art':

ANTHEM FOR ST CECILIA'S DAY

What makes a great piece of music? When we try to answer that question, we might point to the beauty of melodies created by the composer, or the brilliance of the counterpoint and harmony, or the mastery of orchestration, or the sensitive writing for the human voice. But there always seems to be something more – a special gift or quality that defies explanation. It is then we could point to the patronage and inspiration of St Cecilia, whose feast day falls on 22 November and who is traditionally the patron saint of music.

St Cecilia was a third century martyr. At her wedding to Valerian, she sang to God in her heart and so was able to convert her husband to the Christian faith. By the 15th century artists were portraying her with musical instruments, especially the organ. In 1942 W H Auden wrote an Anthem for St Cecilia's Day which was set to music by Benjamin Britten, born on the saint's day in 1913. 'Blessed Cecilia appear in visions to all musicians, Appear and inspire.' Three centuries earlier, another

poet, John Dryden, wrote a Song for St Cecilia's Day in 1687. Music is described as present at creation. It will be there at the dissolution of the universe, and in between the past and the future, Dryden praises the joy of instruments and singing in the present moment.

His words were set by Handel as the Ode for St Cecilia's Day which was first performed on her feast day in 1739. Handel composed the work at breakneck speed in nine days, inspired by his own supreme gifts, by the words, and we might believe also by the patronage of St Cecilia. He did in fact lift some of his musical ideas from two harpsichord suites by Muffat, but, as one critic described it, 'Handelian alchemy could turn base metal into gold.'

The Ode begins with an imposing overture. Solo arias and choruses follow. The music lifts our hearts to the heavenly harmony of the spheres above and then presents us with the special qualities of each instrument here on earth: the martial trumpet's loud clangors and drum, the soft compelling flute, the sharp violins, and all informed by the beauty of the human voice. Dryden wrote about Orpheus soothing the savage beast, while bright Cecilia could transport us to a higher wonder. 'His numbers rais'd a shade from Hell, Hers lift

the soul to Heav'n.' It is the power of such 'sacred lays' that ends the work with a brilliant, majestic fugue, which shows how 'music shall untune the sky.'

Even Chopin, a composer we do not usually link with Handel, wrote that the Ode 'comes closest

to that ideal of sublime music enshrined in the deepest reaches of my soul.' St Cecilia, the patron saint of music, celebrates this unique gift of music – to speak to the heart and lift the heart to God.

Samaritans celebrate 60 years of confidential phone calls ...

This month, 2nd November, sees the 60th anniversary of the very first phone call to the Samaritans.

The idea for a confidential crisis phone-line that desperate people could use came from a vicar, Chad Varah, following the suicide of a young girl of 14 in one of his parishes. He was appalled by the senseless loss of life, and the idea of offering help to those in such need was born. When he moved to St Stephen's in London in the summer of 1953 he knew the time had come for him to launch what he called a "999 for the suicidal". He was, in his own words, "a man willing to listen, with a base and an emergency telephone."

The first ever call to the new service was made on 2nd November 1953 – and hence this date is recognised as Samaritans' official

birthday. The service received lots of press coverage and on 7th December 1953 the Daily Mirror coined the term "Telephone Good Samaritans". Although Samaritans is not a religious organisation, the name has stuck and become synonymous with the idea of people being there for others struggling to cope.

From that first phone call in the autumn of 1953 the workload increased so rapidly that Chad Varah had to turn to volunteers for help. Soon he said that "they were doing the clients more good than I was."

It was in February 1954, that Chad Varah officially handed over the task of supporting the callers to the volunteers. Samaritans as we know it today was born. The service today still operates on Chad's guiding principles of confidential, non-judgmental support.

30 November St. Andrew - first disciple of Jesus

By David Winter

Andrew, whose feast day ends the Christian year on November 30th, is probably best known to us as the patron saint of Scotland, though his only connection with the country is that some of his bones were reputedly transported in the 8th century to Fife and preserved at a church in a place now named St Andrews.

In fact, there are so many legends about him all over Europe and the Middle East that it's safest to stick to what the Gospels tell us - though the strong tradition that he was martyred by crucifixion is probably true and is perpetuated in the 'St Andrew's Cross', the 'saltyre' of Scotland.

The Gospels record that he was one of the first disciples of Jesus, and the very first to bring someone else to Christ - his own brother. Like many fervent Jews at the time Andrew and an unnamed companion had been drawn to the desert, to be taught by the charismatic prophet known to us as John the Baptist. Many thought that he was the long-promised Messiah, but John insisted that he was not. 'I am the voice crying in the wilderness,' he told the crowds. 'Prepare the way of the Lord! One comes after me who is greater than I am.' So when one day John pointed out Jesus to Andrew and his friend

and described him as the 'Lamb of God', the two young men assumed that the next stage of their spiritual search was about to unfold. So as Jesus made off, they followed him.

All the more strange then (though, on reflection, very true to human nature) that when Jesus turned and asked them what they were 'seeking' all they could come up with was a lame enquiry about his current place of residence: 'where are you staying?' Or, perhaps, they were hinting that what they were seeking could not be dealt with in a brief conversation. If they could come to his lodgings, perhaps their burning questions might be answered.

The reply of Jesus was the most straight-forward invitation anyone can receive: 'Come and see'. Come and see what I'm like, what I do, the sort of person I am. What an invitation!

The results of their response were in this case life-changing - for themselves, and for many other people. Andrew brought his brother, Peter, to Jesus. The next day Jesus met Philip and called him to 'follow'. Philip then brought Nathaniel. The little apostolic band who would carry the message of Jesus to the whole world was being formed. They came, they saw, they were conquered! And right at the front of the column, as it were, was Andrew, the first disciple of Jesus.

2	9	4	5	1	3	8	6	7
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7	4	9	3	5	1	2	8	6
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3	8	6	7	2	9	4	5	1
4	7	1	2	3	5	6	9	8
9	6	3	1	8	4	7	2	5
8	2	5	6	9	7	1	3	4

October solution
☞

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			1			6		9
3	5					1		4
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						5	4	
9			2					

November Sudoku ☞

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Worried about your memory?

Philip Barron considers how to keep your memory sharp...

There is so much talk these days about Alzheimer's Disease that many people worry about it needlessly. If someone you know has memory concerns, pass on these tips below to help them to keep their memory sharp:

Science shows that the ability to learn new information and recall it may decline after 50 (you can't just pull things out of your memory at the same speed as you used to). Slow down and give your brain's memory system enough time to create an enduring memory.

Noisy environments and multi-tasking tend to be memory busters, so avoid them if you can.

Get enough sleep, and check with your doctor to find out whether any of your medications might affect memory.

You are most likely to forget information soon after you learn it. This transience may seem like a sign of memory weakness but scientists regard it as beneficial because it clears the brain of unused memories, making way for newer, more useful ones.

Then there's simple absent-mindedness, which occurs when you don't pay close attention. You forget where you put your pen because you didn't focus on where you put it in the first place; perhaps you were thinking of something else at the time, so your brain didn't encode the information securely. This can also account for forgetting to do something at the prescribed time, like taking medicine or keeping an appointment.

Another factor can be what is called blocking – temporary inability to retrieve a memory. You know that you know something but just can't think of it now. It is thought that memory blocks become more common with age, and that they account for the difficulty older people have in remembering other people's names.

SERVICES & ROTAS FOR NOVEMBER 2013

<u>ST. ANNE'S, BEELEY</u>			<u>FLOWERS</u>
3	9.30am	Holy Communion	Mrs K Reeve
10	9.30am	Holy Communion	Mrs Swain
	3pm	Service of Remembrance	
17	9.30am	Holy Communion	“ “
24	9.30am	Holy Communion	Mrs Turner
<u>ST. PETER'S, EDENSOR</u>			<u>SIDESMEN</u>
1	9.30am Holy Communion for All Saints' Day		
3	10.45am	Holy Communion - All Saints' Sunday	Mrs J Clarke/Mrs Jackson
10	10.15am Service of Remembrance Pilsley School Yard		
	10.50am	Service of Remembrance	Mr & Mrs Machin
17	10.45am	Holy Communion	Mr & Mrs Wardle
24	10.45am	Holy Communion	R.S.Sherwood/Diana Walters
	<u>COFFEE</u>	<u>CLEANING</u>	<u>FLOWERS</u>
3	Mr & Mrs Carter	Mrs Day/Mrs Walters	Gloria Sherwood
10	Clive & Joy Thrower	Mrs Machin/Mrs Thomas/M Pindar	Diana Walters
17	Mr & Mrs Bosett	Mr & Mrs Jackson	“ “
24	Mr & Mrs Sherwood	Mr & Mrs Grimshaw	Janet Cosgrove
<u>READINGS</u>	<u>ST. PETER'S</u>	<u>ST. ANNE'S</u>	
		<u>& SUNDAY SCHOOL</u>	
3	Revelation 7: 2 - 12	John Bowns	Rupert Turner / Lynda Hinxman-Allegri
	Matthew 5: 1 - 12	<i>All Saints' Sunday</i>	<i>No Sunday School</i>
10	Colossians 1: 3 - 12		Claire Cadogan
	Matthew 9: 18 - 26		
	<i>Sunday School</i>		<i>Fiona Swain</i>
	Wisdom 3: 1 - 9	Bob Carter	
		<i>Remembrance Sunday</i>	
17	Jeremiah 23: 5 - 8	Roger Wardle	Fiona Swain
	John 6: 5 - 14	<i>Trinity 25</i>	
	<i>Sunday School</i>		<i>Sarah Porter</i>
24	Colossians 1: 11 - 20	Trevor Grimshaw	Judith Fraser-Martin
	Luke 23: 33 - 43	<i>The Feast of Christ the King</i>	
	<i>Sunday School</i>		<i>Fiona Swain</i>

'The Bridge' Parish Magazine - 60p per copy (£7.20 per year). Items for the **DECEMBER** magazine should reach me by **Monday 18 NOVEMBER.**
email: liz.bradshaw@w3z.co.uk